

Women with menorrhagia beware of serious illness

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Ms. NTH (52 years old, residing in Ca Mau) has just been admitted and treated at a private hospital in Ho Chi Minh City. According to her medical history, at the time of admission, Ms. H. had symptoms of abdominal pain and heavy vaginal bleeding.

Patient H. said that for the past 3 months, she has had a vaginal discharge of yellow fluid of unknown origin. The discharge increased in volume, but Ms. H. thought it was just a simple symptom that would go away on its own, so she did not go to the doctor. However, the disease progressed more and more severely, turning into menorrhagia, causing Ms. H. to lose weight and become mentally panicked, so she went to the hospital for a check-up.

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The female patient had surgery to remove the malignant tumor.

Through ultrasound of the uterus and ovaries, the doctor discovered that the patient had cervical lesions, a tumor in the cervix, and fluid retention in the uterine cavity. The biopsy results of the cervical specimen confirmed that the patient had cervical cancer (pathological stage IB2).

After an interdisciplinary consultation, the doctors decided to perform surgery on the patient. To prevent the cancer from spreading and threatening her life, the patient had to have her entire uterus removed and her pelvic lymph nodes removed on both sides.

The doctor said that during the surgery, a tumor was found to be located right at the cervix, measuring 3.5cm, with loose tissue and necrosis inside. The tumor was attached to the surrounding tissue, so the surgical team removed the entire tumor, ensuring that there was no invasive tissue left, and scraped all the tumor tissue, and completely scraped the pelvic lymph nodes.

After surgery, the patient's health gradually recovered, the bleeding stopped, and he was able to eat and live normally. According to the plan, the patient will receive adjuvant radiation therapy after surgery to eliminate remaining cancer cells and prevent cancer from recurring.

From the above case, doctors recommend that women should pay attention to regular health check-ups as well as reproductive health. In particular, women who are married and have sex should proactively screen for cervical cancer to detect abnormalities early and receive timely treatment.

According to doctors, although cervical cancer is a common disease with a high risk of death, there is a vaccine to prevent it. Parents should take their girls to get vaccinated against cervical cancer when they are 9 years old to have a chance to prevent cervical cancer and diseases related to the HPV virus.



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