

# Witnessing other people suffering, illness, death, terrorism can lead to PTSD

Not only are people who directly suffer, die of illness, mourning, terrorism ... but those who witness, or live or see, listen to these situations may have PTSD with one Uncontrolled and very dangerous way to health.

Not only are people who directly suffer, die of illness, mourning, terrorism . but those who witness, or live or see, listen to these situations may have **PTSD** with one Uncontrolled and very dangerous way to health.

First of all, PTSD is understood as **post-traumatic stress disorder** . It is a type of anxiety disorder triggered by a traumatic event. May develop post-traumatic stress disorder when experiencing or witnessing an event that causes fear, helplessness or horror .



The lead author of the study Alexei Morozov from Virginia Carilion Research Institute in the US has just announced that not only people directly suffer suffering, death sickness, mourning, terrorism . but witnesses, or living together or seeing, hearing these situations, with these people may have PTSD.



Alexei Morozov said seeing, witnessing others suffering, dying, and having PTSD can make you suffer from PTSD by reason of **witnessing, negative emotional effects, and fear** . Altering disorders of the ability to analyze information in the brain leading to brain damage quickly and long term can lead to mental illness.

Alexei Morozov and his team showed that PTSD is not uncommon, because in a lifetime, a survey of 100 normal people has at least 7 to 8 people with post-traumatic stress disorder. PTSD management at many events, events, depression at a certain time in life.

' *However, PTSD does not stop at those who directly suffer, fear, mental, and psychological distress but their relatives, those around them see these scenes, and interact with these people. may cause them to have PTSD. It is a danger* ' - Alexei Morozov said.



Explain more about this mechanism, scientists discovered relatives, people around see scenes of people who directly suffer, fear, mental, emotional distress, the information processing part in The prefrontal cortex is at risk of progressive disorder and then rapidly transitions to the stabbing phase if the condition is too long.

In view of this study, Dr. Lei Liu conducted a study to study synapses that transmit information with signals in the cortex on the forehead of rats that witnessed other stressed mice. Fear of having PTSD also yielded the same

results as the above study.

The incidence of PTSD comes from people suffering from PTSD that can be through images, scents, sounds, body language . Dr. Lei Liu said in a statement.

This study has just been published in Neuropsychopharmacology.

You finished reading the article "**Witnessing other people suffering, illness, death, terrorism can lead to PTSD**" edited by the [TipsMake](#) team. We hope this article has provided you with many useful tech tips and tricks. You can search for similar articles on tips and guides. Thank you for reading and for following us regularly.