

Wind chimes can encourage children to eat more green vegetables

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Researchers found that playing high notes like the sound of wind chimes could stimulate children to eat more green vegetables and inadvertently improve their taste by sweetening the taste.



Charles Spence, a professor at Oxford University in England, said the wind chimes could help increase the sense of natural flavors and prevent some bitterness and bitterness in green vegetables.

An investigation of 2,000 adults showed an obsession with their largest food when they were young as bean sprouts, followed by cabbage, peas and broccoli.

"The idea with music such as wind chimes contains soaring bars, is capable of stimulating nerves, bringing sweetness to children when eating green vegetables' - Spence shares on the Telegraph page.

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