

Will Apple integrate high blood pressure monitoring feature on Apple Watch by 2025?

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The Apple Watch is no longer just a smart wearable device and a stylish piece of technology. This powerful wristwatch has the potential to save lives thanks to a variety of modern features. However, there is one aspect that Apple has been wanting to bring to its smartwatch brand for many years but has not been able to do so: the ability to monitor and manage the wearer's blood pressure in real time.

This reality may soon be rectified as a few recent rumors have revealed that Apple has figured out how to integrate the sensor systems needed for blood pressure monitoring into the Apple Watch Series 11 and Apple Watch Ultra 3.

This is a technology that Apple has been trying to solve for a long time but has only just found a solution. If the rumor is true, the Apple Watch Series 11 and Ultra 3 will be able to monitor the wearer's blood pressure in real time and alert the user when their blood pressure rises too high.



Veteran Apple journalist Mark Gurman didn't provide any details beyond a brief mention of the feature. We know it's coming to these devices in the second half of this year, around the time Apple typically announces new iPhones. Of course, the feature isn't exactly new—Samsung already has blood pressure sensors in its smartwatches—but it would be a nice addition to the Apple Watch, rounding out the lineup.

The biggest problem with blood pressure sensors in today's compact wearables is generally accuracy. New research may offer a solution to this problem; CES 2025 saw a number of new products that claim to be able to take medical-grade blood pressure readings from your wrist. It's possible that Apple has similar technology in its hands.

The Apple Watch Series 10 is already capable of providing in-depth health metrics, and adding a blood pressure reading would make it even more comprehensive. The Apple Watch can now provide early warnings for sleep apnea, monitor heart rate, and even perform an ECG. Sure, smartwatches can't replace dedicated medical equipment, but the sensors are powerful enough to alert the wearer when it's time to see a doctor.

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