

# Why should you wear headphones when watching TV?

Many people often like the dynamic sound of a set of headphones to watch their favorite movies. Here's why!

If you're a podcast producer, you're probably obsessed with audio. While there are plenty of speaker systems that deliver great sound, it's not always possible to play *No Country for Old Men* at maximum volume.

## **Immersive sound**

While not all streaming platforms support three-dimensional audio technology like Dolby Atmos, headphones certainly create a more intimate listening experience. This is especially true with noise-cancelling headphones, which help block out any outside distractions like city traffic or your roommate's Zoom call. All of the best over-ear headphones of 2024 have noise reduction technology to put you directly into the action.

You no longer need to invest in over-ear headphones for noise cancellation. Today, Apple's AirPods Pro 2 offer active noise cancellation technology that adapts to the environment. AirPods are wireless headphones that are loved for their style. Samsung's Galaxy Buds use similar technology, but when comparing the Galaxy Buds2 Pro to the second-generation AirPods Pro, Apple takes the lead in terms of advanced noise cancellation.

## **Portability**

If you are someone who multitasks, wearing headphones while watching TV will help you escape the constraints of the sofa. Being able to step away for a while without having to stop working again is very useful in some situations, such as when watching live TV.

Maybe you're watching live sports while folding laundry. If you wear headphones to follow the commentary, you'll know when to return to the screen immediately.



## Privacy

As someone who lives in an apartment, it is not always possible to use the full potential of your home speaker system. Whether you live close to a neighbor or share space with a partner who has different schedules, listening to TV sound with headphones can be helpful.

Instead of turning down the speaker volume, headphones let you enjoy the rich sound of your favorite movies or shows at your desired level. Although this may make many people uncomfortable, on the positive side it gives you some privacy. Feel free to immerse yourself in your favorite show after a long day at work without worrying about disturbing or making anyone uncomfortable!

There are many reasons why wearing headphones while watching TV can be beneficial to your life. Some may prefer to buy a soundbar for a modern TV whose sound quality is not very good. On the other hand, watching movies with others can be better, so in some cases it's best to remove the headphones and share the viewing experience with everyone.

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