

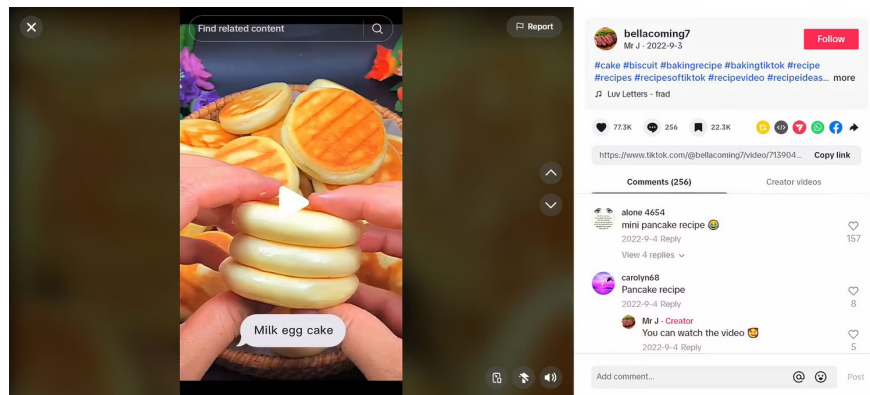
# Why Do People Still Use TikTok Despite Its Infamous Status?

With its reputation for being a superficial app and privacy concerns, TikTok isn't exactly considered the healthiest app. Yet people still browse it regularly.

Here's why people still use TikTok despite its infamous reputation.

## 1. This app is full of fun surprises

One of the things that keeps people coming back to TikTok is the unpredictable content. Sure, there are tons of dance videos and trending challenges that don't really contribute to intellectual growth. But every now and then, you'll stumble across something truly unexpected—like a useful life hack or a unique perspective on a common problem.

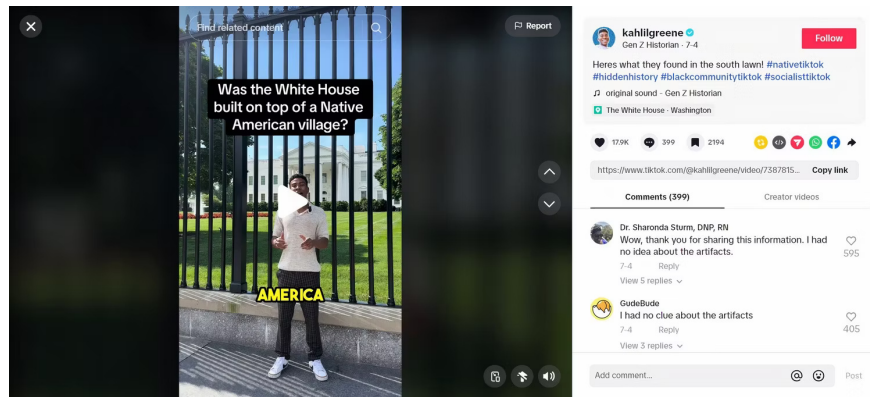


There are also practical life hacks that are simple but really improve everyday tasks. There's no denying that sometimes TikTok throws up unexpected gems that make you say, "Oh, why didn't I know about this sooner?"

## 2. You actually learn a lot

Not many people expected TikTok to become an educational tool, but it has surprisingly become a learning resource. The platform's format encourages creators to put useful information into short, engaging videos. You'll learn new skills and knowledge from these short lessons.

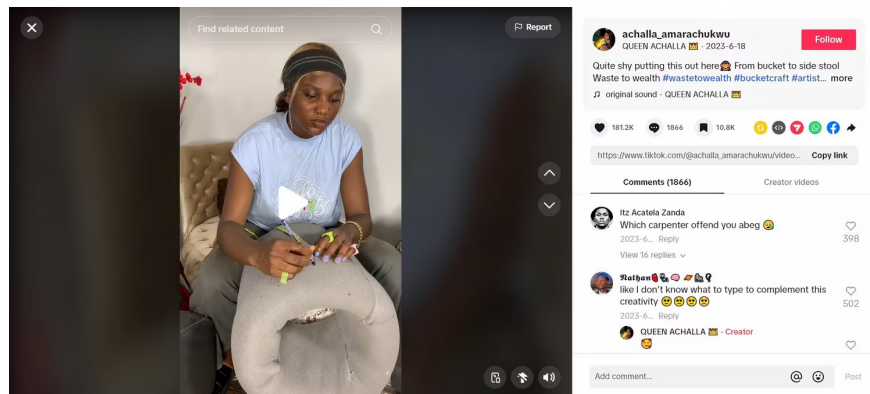
For example, you can learn quick tips on how to fix common tech problems without having to consult lengthy YouTube tutorials. There are also plenty of creators who provide fascinating historical information or explain scientific concepts in an easy-to-understand and entertaining way.



The beauty of TikTok is that it condenses these lessons into short, easy-to-digest videos. You can learn something new while waiting in line or during a quick coffee break.

### 3. Creativity inspires you to try harder

If there's one thing that stands out about TikTok, it's the creativity that seems to ooze from every corner of the app. Every day, the platform showcases a diverse mix of talent — from impressive DIY projects to innovative art and music. Watching people bring their ideas to life often motivates you to try something new.



For example, many users have turned everyday items into stylish home decor, inspiring people to take on a few DIY projects themselves. Whether it's a small art project or trying a new hobby, this app will inspire you to experiment and create something of your own.

### Appropriate usage limits still need to be set.

While there are many positives, don't forget about the potential downsides of TikTok. Privacy concerns and the risk of getting sucked into endless scrolling are both real. Try to be aware of these risks by setting boundaries and being selective about the content you engage with!

To keep things balanced, set personal rules around your TikTok use. Only use the app at specific times, like during breaks or when you're winding down in the evening. Set reminders on your phone to alert you to how much time you've spent scrolling through videos. It's easy to get caught up in the app, so these little reminders will help keep things in check.

Another tip is to use the app on your desktop instead of your phone. The desktop experience is less immersive even though the platform uses the same algorithm. It's easier to close a tab than it is to close the app on your phone.

These tips aren't perfect, but they help you avoid falling into the endless scrolling trap and make sure you're using the app your way.

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