

## Why are smart people usually few?

Have you ever noticed family and friends of really smart people and wondered how many people they chose for their friends circle? Smart people often have fewer friends than normal people and below are the reasons.

At this time or another, we all ask ourselves what makes this life worth living? Is it enveloped in the affection of family and friends or is it connected with so many people around? Have you ever noticed family and friends of really smart people and wondered how many people they chose for their friends circle? **Smart people often have fewer friends than normal people** and below are the reasons.

### What makes people happy?

A study published in the **British Journal of Psychology** tries to answer the question: how exactly is a perfect life. The answer turned out to show that our ancestors' hunter-hunting lifestyle was the basis for what makes us happy today. Research conducted on **about 15,000 people aged between 18 and 28** results that people living in densely populated areas are less satisfied with the quality of their lives. Research also shows that the more you interact with your friends, the happier one is.



### Smart people are exceptions

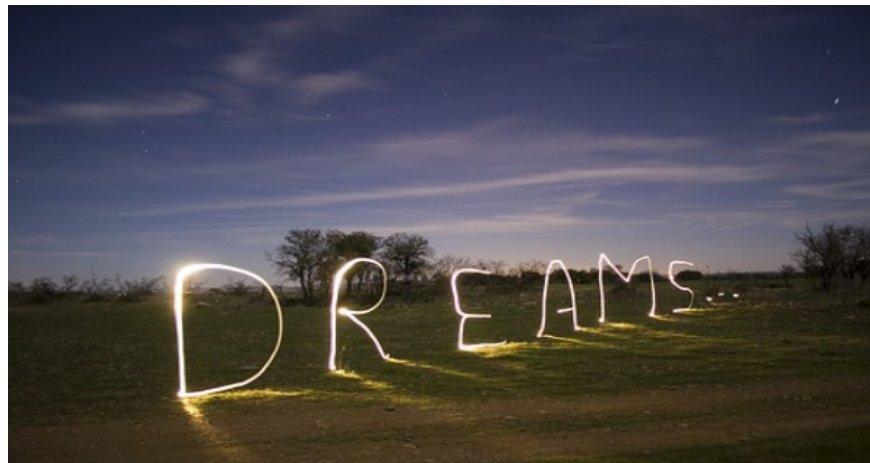
However, there are exceptions to the above results. People with higher IQs are less likely to have connections with others. " *The effect of population density on their quality of life is twice that of those with low IQ* ". So the more intelligent you are, the less satisfied you are with life if you have to interact with your friends too often.

But the reason is why?

## Smart people focus on long-term goals

People with higher IQ and ability to use intelligence are less likely to spend time with others. The reason is because they often focus on long-term goals. They tend to use their intelligence to **create greater things than to focus on themselves** .

Think about people who choose to go to school or start a business. To pursue their goals and ambitions, they must minimize social interaction activities to focus on work and achieve their goals. A smart person, in the process of pursuing something bigger than himself, can treat social activities as a "distracting" form, distracting him, pulling him out of his goal. Its long-term and may affect the final outcome.



When pursuing long-term goals, smart people often choose to stay at home and work, towards their dreams and ambitions rather than hanging out with friends on Saturday nights. That doesn't mean they don't value friendship. But while chasing great things, they are forced to consider social activities as things that distract themselves.

## How are smart people developing different in the evolution of the human brain?

Our ancestors' human brains evolved in response to environmental conditions when living on the van. At that time, population density is still low and we live by hunting and gathering activities. During this period, regular contact with others is necessary to survive and develop the species.



To us today, life has changed and so is the way we interact with each other. Smart people are able to cope with the new challenges that modern life brings. This means they are more likely to solve new problems more easily. When you're smart, the more you can adapt and easily "mix" your previous lifestyle into modern life. Living in crowded places can have a lot of impact on your life but it is because you sacrifice the need to "hunt and gather" to interact with others while pursuing your dreams.

## Smart people evaluate relationships in a different way

Smart people also value friendship and relationships like anyone but they tend to choose carefully how to use their time. It is not that they do not value friendship or social interaction but they often want to pursue their own dreams more.

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