

# Which is better, HelloFresh or Blue Apron? We compare meal delivery kits

How the meal kit delivery services stack up against each other.

Anyone who knows me knows I hate cooking (and grocery shopping). I can make food to survive (Can I get a yeehaw from Team Ramen?), but I'm no chef. Meanwhile, my husband is an excellent cook. He loves cooking, watching cooking shows, learning how different foods are made and making literally everything from scratch. Blessed? Yes. Stressed when he wants me to cook with him? Also yes. When I was told my assignment was to try out Blue Apron and HelloFresh, which I still suspect may have been a cruel joke among my editors, I can't say I didn't start sweating.



Meal kit delivery services like these have grown in popularity over the last few years, in part because of the variety and choices on offer from services like Blue Apron and Hello Fresh.



Most of the services on the market send you the ingredients to cook a meal (or several), along with a step-by-step recipe. Here's what it was like playing chef with two of the most popular services.

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