

When you have a deadlock in life, the following 9 things will be the key to your direction

If you've just graduated from college and find yourself stuck in unemployment or having a temporary job, this story is for you. Here are 9 tips to start finding your way in life without knowing what to do:

There was a time, I myself didn't know what to do with my life. I feel extremely stuck.

In fact, there were many times during my time in college and after I failed I also felt stuck. Even if I had a stable job, the job was good, but I was not sure what I wanted in life. So if you just graduated from college and found yourself stuck in unemployment or having a temporary job, this story is for you.

You don't need to go out to rescue the world. All you need to do is start doing everything for your life, not go shopping or watch TV cooking shows, or become Oprah (*television talk show host*). (*talk show host*) and is a *magazine publisher*, also an *Emmy for African-American winner* .

Is not. All you need to do is start everything.



I write this article for those who have just graduated from college, who are feeling exhausted at work and all who are still on the journey to find meaning in life.

Here are 9 tips to start finding a direction in life when you get stuck:

1. Provide services for people who need help

If you have some skills or abilities that can help people, find a way to help someone do something, whatever you can. Being able to help people learn to read or teach English is also a skill that everyone needs.

Sending email contains some basic knowledge and great needs today for everyone, which is a program to learn basic skills like Word and Excel. Besides, many people also need to teach typing, email, send updates on social networks or many other tasks.

Everyone has some specific skills to help others. The time to help people with your skills will give you more inspiration and answer what you really want to do.

2. Blogging



Are you interested in a new topic, career or project? I discovered that one of the effective ways to make yourself feel easy with new topics and concerns is to write about it.

Blogging is a great tool for sharing, teaching, learning as well as discovering your true passion. Getting started blogging is not necessarily difficult, it will provide you with a simple online home to share, connect and pursue passion.

If you're interested in cooking, write about your own recipes and share them through blogs with friends and family. A blog will be much less expensive than opening a restaurant in Manhattan, right?

If you want to become a writer, share your article through blogs to train your writing skills. If you care about developing yourself in your career, write about the important things that drive your career.

3. Read the books that are available



Sometimes books are often overlooked in life, but really the best coaches, teachers, instructors and mentors you can have every day.

Successful people often leave valuable advice, wisdom and guidance to us through books. Successful and successful individuals often write books to answer relevant questions and give practical advice.

Surely you will not be able to sit down for lunch with Echart Tolle, Donald Trump, Seth Godin or Warren Buffet . to get successful advice but you will be able to buy their books or borrow from the library to acquire knowledge, advice and knowledgeable strategies. They are ready to give advice to you.

But what if you're still not ready to go out to buy another book? So, read the books that are on your bookshelf first and don't forget to note the useful things you read to apply them to life.

4. Appreciate what you have



Even at work or home, there will be things that bring happiness to you. It gives you joy, excitement and love for life. Think about what you really like the most?

Remember, **you can't choose the job you like but you can absolutely inspire passion into the work you're doing** . You may hate weekly sales meetings but what about enjoying real projects? You may not like to send reports via email but feel very excited when writing reports on pure white paper.

Think about your hobbies and things you don't like at work, cherish the jobs that bring joy, challenge yourself in tasks.

5. Get out of the house and even away from your homeland



Go out and do something. It doesn't necessarily involve your career or your life goal, just go out and see something new, such as **visiting a museum, attending a lecture, reading passionately. books in a bookstore.** . In short, **do the things that bring you comfort and the best are free** , so you will get inspiration.

If you have never left your homeland, don't hesitate. I don't mean you need to go around the world but simply visit relatives and friends anywhere in the world. Or you can go to a city that you have never set foot on or a trip to a country you dream of for example.

In addition, you can find your partner, dream job or life purpose in a new environment. It is an undeniable truth. At the very least, you will see things different from your homeland and there are changes in your opinion of life, at least positive changes.

6. Talk to someone, not your pet



Of course, I know that your pet can be a great and perfect listener, but it will not contribute to your personal development.

If you're interested in a new area or industry, start approaching someone to talk to them about your intentions. **Listen** to their insights, opinions and advice. If you ask the right people, they will definitely be willing to share with you how they achieved their career goals or tell about the life journey they have been through. Instead of hurriedly jumping into a new career plan or launching a blog, talk to someone about the feasibility of your new idea.

7. Join a group



If you have a new interest, want to turn to a new road or need another job, find and meet people who are also ideal with you.

The easiest way to meet people in an industry you are interested in is to **attend group meetings or associations**. People in industries and other fields always have their own groups that they have established to connect and develop it.

Writers meet. Bloggers meet. Freelance translators meet (even meet and exchange with each other on the internet). Restaurant owners meet. Even the owner of confectionery facilities and risk calculators met! So, go with a friend to a meeting to meet new people and learn about the industry before you do it.

8. Doing an errand



Sometimes the way to learn more about an industry or have a new job is through the experiences you gained while doing errands. It may even be a volunteer job. Volunteer and internship opportunities at all ages can help you gain more experience for new jobs.

And if you're not ready to do odd jobs, find jobs through reputable centers, you'll get the right jobs to increase your job application. Of course, a good job offer will come to you.

9. Participate in courses and workshops



Instead of spending 6 years studying a Master's degree that you may never need or need to be a dentist, first consider your hobby again.

If you are interested in a new field or industry, start with weekend courses or workshops. They are less expensive, take less time and commitments are more flexible. Use them to check your interest in a new area.

Currently, there are thousands of online seminars and classes from creating your own products to learning new skills such as how to become more confident, creating good habits for your career .

If you're distracted and feel stuck, start with one of these ways to find out what your real concern is with something new. Should start small steps and persevere steadily every day, try to find out from different things to see where your interest is.

It is the small steps and testing that will create a great motivation to help you a lot on the path to success tomorrow.

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Refer to some more articles:

1. 12 lessons about happiness I learned in the most difficult situation
2. When you are young, you should know these 7 things so you don't have to regret it!
3. Try doing these 13 every time you feel stuck in work and life

Good luck!

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