

When to turn off iPhone?

Smartphones in general and iPhone in particular don't need to rest often, but turning them off and restarting them periodically will be beneficial for your iPhone.

Most of us can try to reboot or factory reset on our iPhone when something goes wrong - such as apps crashing or crashing. And that's exactly what a user should do in these situations as a restart can clear a lot of errors and crashes without any other action.



But in addition to doing that when the iPhone is not working properly, restarting the user's device from time to time can help prevent these problems first. Many users report that their iPhone runs smoother and faster after reboot. That includes general performance, as well as animations and app load times.

Presumably, this is because restarting the iPhone will refresh the device's storage and clear its cache. While iOS does a great job at managing memory by itself, a simple refresh could help give it a neater space to operate.

On the other hand, restarting the iPhone won't have much effect on the battery life on the device. The fact that the apps users use and how often they use them affects how long the iPhone is charged. If you are worried about battery life, it will be much more efficient if the user turns off background app refresh and location services for unnecessary apps.



There is also another reason to periodically restart or shut down users' devices, which is to focus more on other issues. All of us restarting our iPhone will have more time to do things. Better yet, turn the iPhone off and spend more time on real-life tasks relaxing your eyes instead of staring at it.

While there's no indication of how often users want to power off their iPhone, refreshing it once a week has proven to be effective for many users.

To restart iPhone, users can refer to the instruction manual for each specific model, because the implementation method will be different. Alternatively, users can simply turn off the iPhone and reboot. Any iPhone model has an easy shortcut in every version of iOS by going to Settings> General and looking for Shut Down at the bottom of the menu. Swipe to Power Off. Once turned off, simply hold the side button or the Sleep / Wake button to turn it back on.



Of course that's the standard, but if you're wondering how to make your iPhone run faster, simply turn it off and reboot.

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