

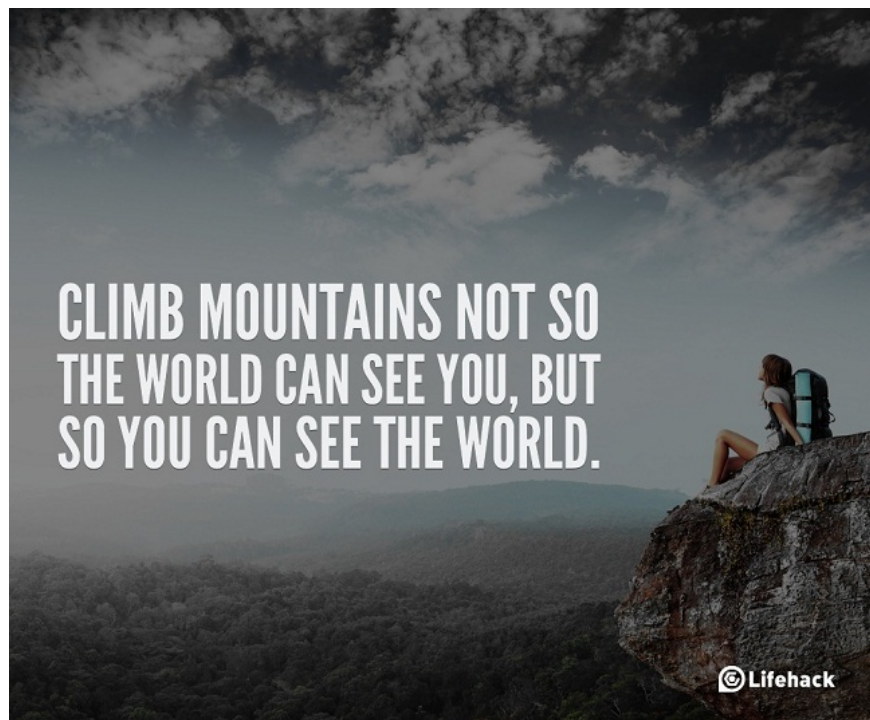
When life is too difficult, remember these 10 sentences

These 10 sentences will help you feel the pink of life even when the most difficult times. The power of a word is immense. If it is a bad word, it will make a person's mood worse, negative, even the life is gradually destroyed. But if these are meaningful sayings, it is possible to pull a weak person from a powerful force ...

The power of a word is immense. If it is a bad word, it will make a person's mood worse, negative, even the life is gradually destroyed. But if these are meaningful sayings, it is possible to pull a person from weakness to extraordinary strength. And the following 10 quotes are what you need to remember every time you get stuck or want to falter.

1. 'Climb mountains not so the world can see you, but so you can see the world.'

You climb a mountain not to let the world see you but you can see the world



If you have a dream, try to pursue. Don't let anyone make you falter. Because, your effort is not to prove to be the best but you are trying to overcome your limits to see better things.

2. "What is, is"

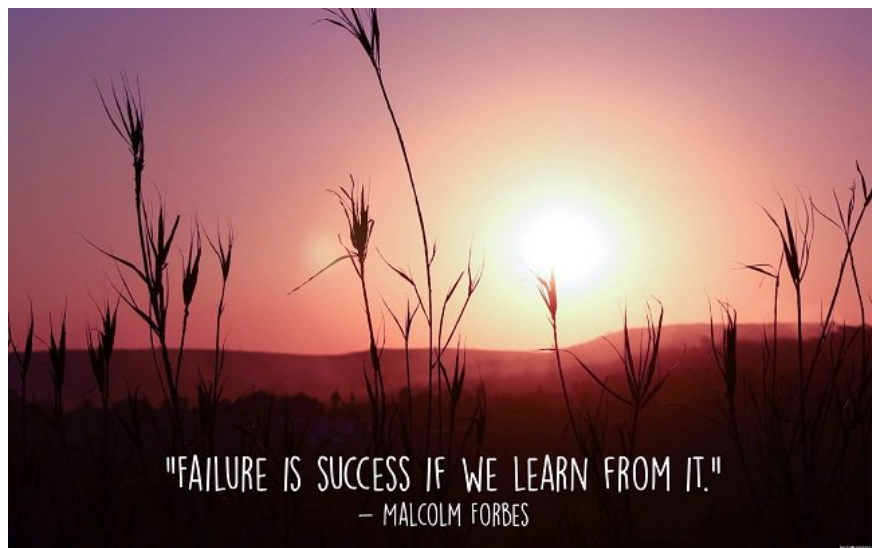
What happened, just let it go



The Buddha said that *"It is your resistance to 'what is that causing your suffering'."* All you are going through: worry, fatigue, suffering . is your own thinking too much about them. Let everything pass by the way it happened or you will be engulfed by unnecessary obsessions.

3. "You learn more from l?i l?i t? succeed; don't let it stop you. Failure builds character"

You learn from more failures from success, so don't let them defeat you. Failure will build character.



Once successful, you will be vulnerable to good things. On the contrary, when you fail, you will have to look back on what you have done, find out the cause and the solution. Your mind is more active, thinking more and

your personality is becoming stronger. Never let failure become an obstacle to make you falter.

4. "If you want things to change, you need to start with changing yourself"

Change yourself first if you want to change things.



If you just wish everything would be better, you would never have it. Rather than wishing for a time to return or something bad that doesn't happen, it's better to change your mindset first. Whether things become positive depends on how you look. Always remember, no matter what happens, look back at yourself first.

5. "Everyone you meet is afraid of something, loves something, and has lost something"

Every person you meet is afraid of something, loves something and has lost something.



Life is not for anyone with perfection. All friends who have been and will meet have their own problems that no one can understand, except them. So treat people with sincere, altruistic eyes, sympathy and understanding

instead of judging or trying to compare yourself with them and then find yourself unhappy.

6. "If you don't get something, b?n mu?n có gì better is coming"

If you still don't get what you want, then there's a better thing coming to you.



Perhaps, this statement at the present time will make you suspicious. But someday, once you get old, you will find that it is absolutely right. Life always makes each person have to choose, even, will have to sacrifice and lose many things. Don't rush to avoid fate because there are always better things waiting for you. It's just not time yet and you're not ready to take it.

7. "Appreciate the present moment"

Cherish the current moment.



All that happens to you carries a certain meaning. So cherish them. Spend time with family, children and more beloved friends to see that there are still many good things that you don't know.

8. "Allow yourself to experience joy"

Allow yourself to enjoy the fun



You fail, doesn't mean you force yourself to worry, be sad, disappointed, and blame. Instead, let yourself be rested, share more with your family and friends and put your worries together. Sure, you will have more ideas and solutions instead of just whining.

9. "Things can - and do - change"

Everything is always changing



"And this too shall pass" (Then will pass too) is the right sentence. Except for death, everything is never lying still. It is important that you are willing to change, adapt and seize the opportunity.

10. "Don't compare yourself to other people"

Never compare yourself with others.



When you compare yourself to the richer, stop and look towards those less fortunate than you. Stop this habit and start comparing yourself today with yesterday to see how much more you have to try.

Author: Brian Lee and Carol Morgan

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