

What to do to escape when being laid down in quicksand?

Let's find out to have more room tips when needed.

Many people believe that if unfortunately accidentally fell into the quicksand, the victim may be "swallowed" and die. But the reality is not that, quicksand is not as scary as what we imagine or see in Hollywood movies.

So, when we get down on the quicksand, what do we have to do to escape? Let's find out to have more room tips when needed.

What is quicksand phenomenon?



Quicksand is light, porous sand mats made of salt, water, sand and clay.

Sand grains in the "round" subsidence are less angular than sand in other places. When water seeps into the gap of sand grains, they make them apart and lift them up and make them seem like they want to jump on each other. This makes the quicksand do not bear the weight on them.

They often appear in estuaries, beaches and river beds. The quicksand is no different from normal sandy areas, if you look at it with your eyes, it is very difficult to identify.

How to get rid of quicksand

If someone accidentally falls into the quicksand, the sand is wrapped tightly around the feet and sinks slowly but not completely. Therefore, the first thing to get rid of quicksand is to be calm, not panic and follow these instructions.

1. Swing your feet so that an empty space for the inlet water helps loosen the sand around your feet.
2. Lie on your back to distribute body weight on the sand area to make it harder to sink.
3. Backstroke, use your hands to push your body back. Quicksand sand will keep you afloat and can lift your feet off the sand.
4. After moving to hard areas, roll away from quicksand.

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