

What parents need to do to help children confidently enter grade 1

When children enter grade 1, their parents need to prepare their children so that they can confidently study.

From preschool to grade 1 is a big turning point for any child. This is an important period, so parents should pay special attention to the psychology, the young mind during this time, because at this time children will encounter many things that are awkward, sometimes difficult when short-term Step into step 1.

A new school environment, new teachers, then are used to being cared for and playing this must turn to the main learning activity, sit a place, write articles, do math for a long time . this will make children inevitably frightened, afraid to go to school. Therefore, every parent who has a child preparing to go to grade 1 should pay attention to the child and prepare them for the following skills to confidently step into the first grade.

1. About psychology

It can be seen that many children after the start of school often fall into a state of anxiety, panic . If this happens in a long time, it will severely affect the psychology of children and make them afraid to go to school, depressed. not only affect the learning outcomes of children but also affect the development of personality later.



Most children will adapt themselves to the new environment if they are well prepared by their parents before entering grade 1:

1. First, parents should let their children get acquainted with books, school supplies such as pens, books, boards, etc. Parents can guide them on how to use these items, such as pens, how to wear a pair, . and when finished using it, store it carefully in a pair to avoid danger and loss of utensils Besides, parents should pay attention to their children's schedule to help their children do their homework as well as prepare a full book when they go to school.
2. Teach children how to respond to common situations in the school, such as not being able to walk on the table, not to tease you, how to go to the toilet, when you want to speak, . Most importantly is to help children integrate with the environment, increase their self-reliance, keep themselves healthy, when to take off their shirts, wear shirts, when to wash their hands .
3. Teach children the ability to concentrate, so that they can quickly get used to the new environment. When children stay at home instead of letting their children use the phone or watching TV, the whole family can play games and contests related to their children's learning, such as story telling, role playing, character training .
4. Help your child get used to the new environment, let them meet and play with you more to get used to people, make them more excited when they come to school.
5. When children start school, after each session, parents need to ask their children about their friends and teachers, see what they like or dislike most at school to know how to help children excited to come to class, gradually overcome difficulties. .

2. About skills



In addition to psychological preparation for children to go to grade 1, parents also need to prepare children in advance for basic learning skills such as correct sitting posture, writing style, communication skills . It sounds simple to use, but most of these skills are ignored by parents so they are not well equipped when going to school.



1. **About sitting posture** : this is one of the important skills for your children's learning. Sitting properly is not only good for studying but also protects children's eyesight and spine. Today there are many tools to support children with correct sitting postures such as desks and chairs, lights or parents can buy pictures of sitting postures so that they can practice.
2. **Communication skills** : parents should teach their children how to communicate with people, introduce themselves, thank or apologize, express their opinions. These will be very helpful for children to feel more confident and learning at school becomes more interesting.

In addition to the above, parents can also prepare learning corners with children, choose study tables, bookshelves, decorate with children, prepare school supplies with children.



There will be suspense scenes of my mother's father when my first day of school starts. There will be impatient scenes waiting for the first day of your child to finish quickly, to ask questions, to love. But to help me confidently step into the classroom as well as for the parents to feel secure for the first day of my child's class, equipping the pre-school skills always has certain meanings.

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