

What is the best 'Do Not Disturb' setting for Windows?

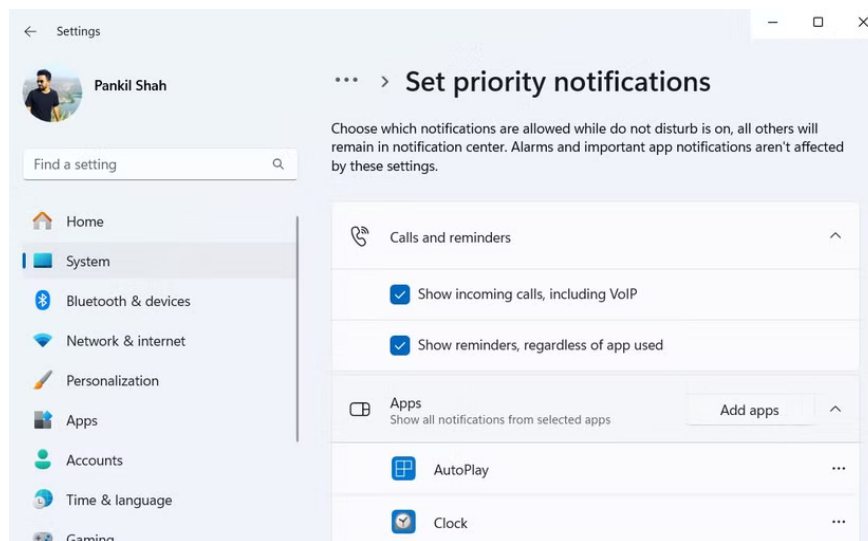
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Receive only important notifications

While Do Not Disturb mode is useful when you don't want to see any notifications, it assumes that any muted app is a distraction. Some apps are genuinely helpful in keeping you informed, while others remind you of important tasks. So you make sure that notifications from those apps still appear, even when Do Not Disturb is on.

After enabling Do Not Disturb mode, press **Win + I** to open the Settings app. Then, go to **System > Notifications > Set priority notifications** and click **Add apps** .



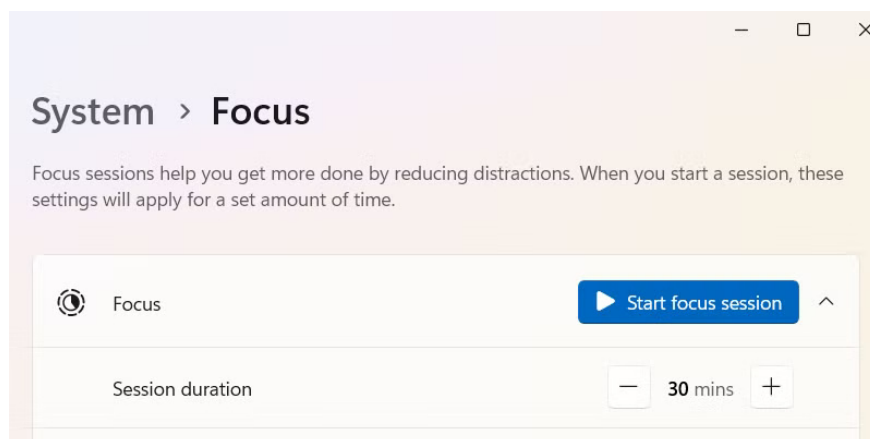
In the pop-up window, select the app whose notifications you want to prioritize. Once you do, that app will appear in your list of priority apps. Do this for every app you don't want to mute.

Using Focus Sessions

Focus Sessions lets you use the Pomodoro technique directly in Windows. This handy productivity technique requires you to focus on a single task for 25 minutes. Once the time is up, you take a 5-minute break before moving on to the next task.

By default, the timer in Windows is set to 20 minutes with a 5 minute break followed by another 5 minutes of focus. However, you can customize these intervals to suit you better, so don't be afraid to experiment.

To start Focus Sessions, press **Win + I** to open the Settings app, go to **System > Focus** and click **Start Focus Session** . Alternatively, you can click the clock on the Taskbar and then click the Focus button below Calendar.

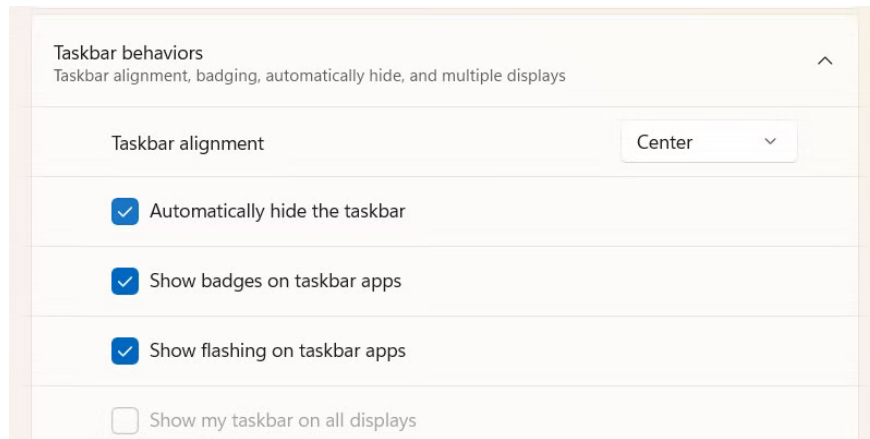


In addition to setting a timer, Focus Mode also turns on Do Not Disturb, hides badges on Taskbar apps, and hides flashing Taskbar apps.

Hide Taskbar

While you don't want to delete the apps you pin to the Taskbar, you also don't want to be tempted to open them when you don't need them. The simplest solution here is to hide the Taskbar.

To do this, right-click on the Taskbar and select **Taskbar settings** . Expand the **Taskbar behaviors** section and select **Automatically hide the taskbar** .

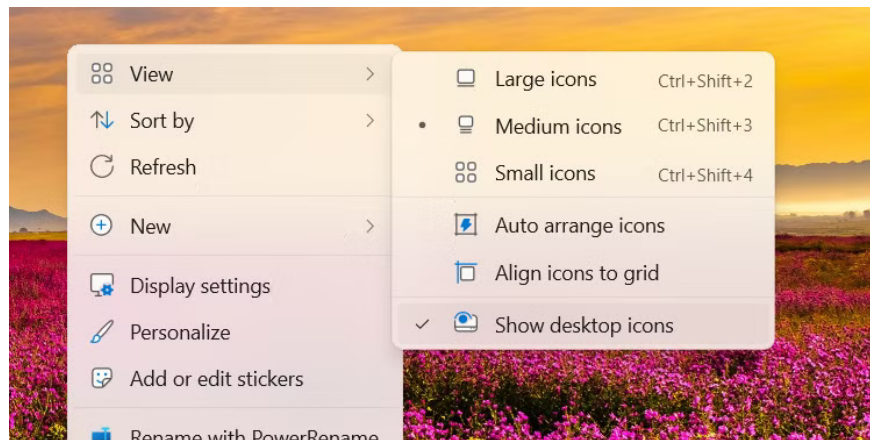


Windows will now hide the Taskbar when you're not using it. You can make it appear again by pressing the Windows key or moving your mouse pointer to the bottom of the screen.

Hide icons on desktop

Just as taskbar icons can be distracting, so can desktop icons. To combat this, hide them to avoid opening apps like Netflix or Fallout Shelter during your focus time. This can also reduce visual clutter on your desktop.

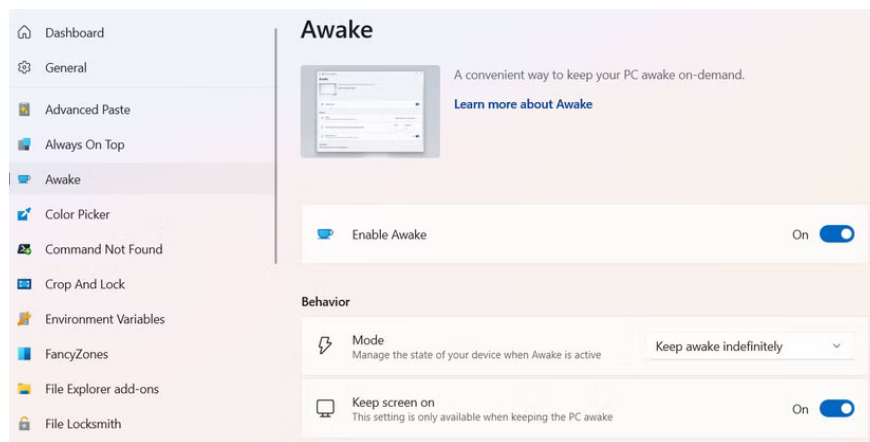
To hide these icons, right-click an empty part of the desktop and select **View > Show desktop icons**.



Using PowerToy's Awake Utility

Sometimes you need to run a time-consuming task, but you don't want your computer to go to sleep and interrupt it. If you don't want to mess too much with your power settings, turn to one of the best Windows toolkits, PowerToys. One particular tool here, Awake, keeps your system awake whenever you don't want it to go to sleep.

To enable it quickly, launch PowerToys, select **Awake** from the left menu, and toggle **Enable Awake**. Then, click the **Mode** drop-down menu and select **Keep Awake Indefinitely**.



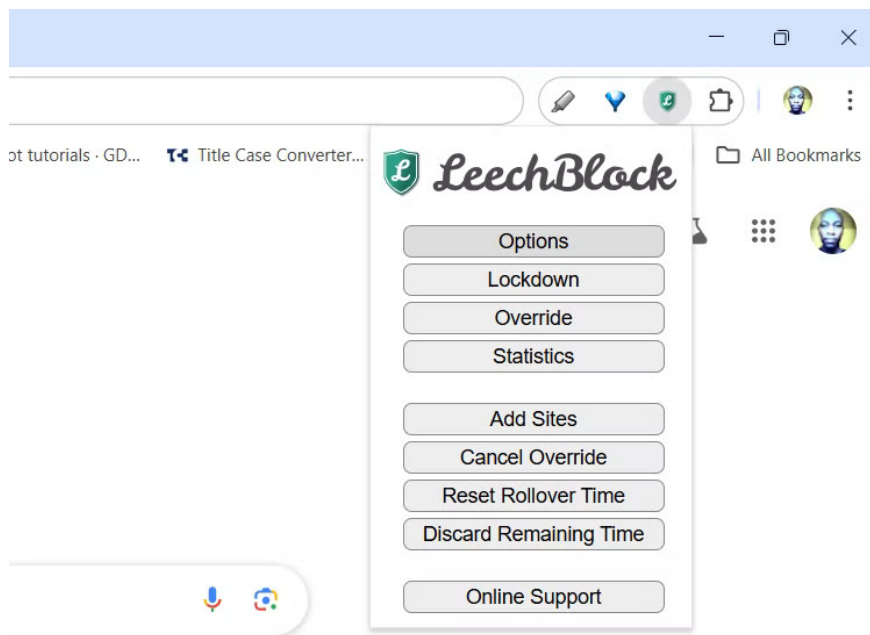
Save time with distracting websites

Even with Focus Sessions, you probably still want to check your social media feeds during your breaks. However, it's easy to lose track of the timer when you start surfing the web. You need something to help you get out of this rut, and that's where the LeechBlock NG extension comes in.

Note : The LeechBlock NG extension is available for Chromium and Firefox-based browsers, but this guide will specifically talk about using the extension in Chrome.

You can use this extension to block or unblock websites in a variety of ways. For example, use this extension to unblock websites like Facebook or YouTube for 5 minutes every hour.

First, install LeechBlock NG from the Chrome Web Store. Then, click the extension on the toolbar at the top and select **Options** .



In the **Block Set 1** tab , enter the sites you want to block in the **Enter the domain names of the sites to block** box under **What to Block** . Enter one site per line, and don't include any URL prefixes like **http://** or **file://**.

What to Block

In this section, specify the sites you want to block.

Enter a custom name for this block set (optional):

Enter the domain names of the sites to block (one item per line):

```
facebook.com
instagram.com
x.com
```

In the **When to Block** section , enter **0900-1700** in the **Enter the time periods within which to block these sites** text box to block these sites between 9am and 5pm. Then, in the **Enter a time limit after which to block these sites** text box , enter **5** in the text box and select **hour (60 minutes)** from the drop-down list to have the sites blocked for 5 minutes every hour.

When to Block

In this section, specify when you want to block these sites.

Enter the time periods within which to block these sites (optional):

Enter a time limit after which to block these sites (optional):

 minutes in every Roll over unused time

Count time spent on these sites only when browser tab is active

Select when to block these sites: [What's the difference?](#)

Select the days on which to block these sites:

Sun Mon Tue Wed Thu Fri Sat

In the **How to Block** section , select **Immediately block pages on these sites once blocking conditions are met** .

How to Block

In this section, specify how you want to block these sites.

Enter the fully specified URL of the page to show instead of these blocked sites:

Predefined URLs:

Enter a custom message for the blocking/delaying page (optional):

Example: Get back to work!

Close tab instead of blocking page

Immediately block pages on these sites once blocking conditions are met

Delay access to sites by seconds when delaying page is used

Scroll down to the bottom of the page and click **Save Options and Close** .

This extension will ensure that you spend less time on the websites you have entered. It will also show you notifications to let you know when those websites will be unblocked.



The page you're trying to access has been blocked by [LeechBlock](#).

<https://www.facebook.com/> (Block Set 1)

The page will be unblocked at: **4:00:00 AM**

*LeechBlock will always be free to use, but if it has improved your life,
please consider supporting its continued development by
[making a contribution](#) or [writing a review](#).*

You can configure it as you like, so don't be afraid to experiment and find what works for you.

The final piece of the puzzle is your phone. Make sure Do Not Disturb is enabled and configured on your Android or iOS device. The last thing you want to make sure is that your phone doesn't mess up your Do Not Disturb settings on Windows.

You finished reading the article "**What is the best 'Do Not Disturb' setting for Windows?**" edited by the [TipsMake](#) team. We hope this article has provided you with many useful tech tips and tricks. You can search for similar articles on tips and guides. Thank you for reading and for following us regularly.