

# What is Netflix and chill? Discover the origin and meaning

The phrase Netflix and chill has become a symbol among young people, associated with many interesting meanings. Let's find out why this term is so widespread and attracts so much attention.



## The True Meaning of Netflix & Chill

### *I. What is Netflix and chill?*

According to Urban Dictionary, Netflix and chill is a popular term used to invite your lover over to watch movies and have sex.

This is an internet slang term popular among young people, often used to refer to inviting someone over to watch a movie with the intention of relaxing, but metaphorically means an intimate date or even having sex. Although the phrase may have originally meant inviting friends over to watch a movie, over time it has come to mean a date with a sexual element.

#### **Netflix and chill consists of two main components:**

- Netflix: A global video streaming service that offers a wide variety of movies and TV shows, accessible to users through a paid subscription.
- Chill: This word means to relax and relieve stress in a normal context. However, when combined with Netflix, it does not only refer to watching movies comfortably but also implies a close, intimate date, or can even lead to sexual action.

The term has gradually changed its meaning from simply watching a movie to a metaphor for a discreet date, sometimes with sexual intentions. It often appears in online chats, on social media, and is part of modern youth culture. However, like many other slang words, its meaning can change depending on the context and the user.

Today, Netflix and chill has become a popular symbol among young people and part of viral online culture, with many variations, including using the phrase to invite strangers.



## ***II. What is Netflix and chill in Vietnamese?***

In Vietnamese, the term Netflix and chill is often translated as Watch Netflix and relax or Watch Netflix and rest. However, this translation does not fully convey the original meaning of the phrase in English.

However, the word also refers to inviting someone to your home, creating a relaxing and comfortable atmosphere. Sometimes, it also includes an informal date or a more intimate situation. However, the phrase is often used humorously or subtly to hide its true meaning. Translating the full meaning of this word into Vietnamese can be difficult because of cultural connotations and communication situations.



### ***III. Where did the term Netflix and chill come from?***

It all started with a tweet posted on January 21, 2009 by user NoFaceNina, with the content: I'm about to log onto Netflix and chill for the rest of the night. Although originally meant to just relax and watch movies, this phrase suddenly attracted attention and gradually became famous on social networks with associations to sexual relations.

### ***IV. When did Netflix and chill become popular?***

The term began to gain popularity from the late 2010s to early 2020, when it was widely circulated on the internet. The phrase gradually became part of online culture, referring to inviting someone to your home to relax and proceed to sexual activities.

Netflix and chill initially appeared on social media platforms and online forums, especially on Twitter, Reddit, and others, from around 2014 to 2015. Urban Dictionary, a slang term repository, added it to its database in April 2015. Since then, the phrase has become a cultural icon among young people and online.

In particular, the popularity of this phrase is also associated with the strong development of the Netflix streaming service. The global expansion and provision of a series of attractive entertainment content help attract a large number of users, while increasing the prominence of the phrase Netflix and chill.

Since then, the term has become an integral part of young people's language, often used to refer to a date that is intimate, casual, or even sexual in nature.



## ***V. What to prepare for Netflix and chill?***

### ***1. Strengthen the relationship between the two parties***

The purpose of Netflix and Chill is to create a natural space between two people. Therefore, before inviting your partner to Netflix and Chill, make sure that the relationship between the two parties is intimate and romantic enough.

### ***2. Prepare a light meal***

A romantic dinner will help increase energy, excitement and desire for both parties. However, you should limit alcohol consumption to avoid affecting your health.



### ***3. Plan a movie viewing carefully and have a romantic atmosphere.***

One of the indispensable elements in a Netflix and chill session is romantic and emotional movies. Combined

with a quiet space, soft lighting and cleanliness, the date will be a great success.



#### *4. Prepare safety measures*

To make your Netflix and chill session truly perfect, you should fully prepare plans and measures for safe sex, contraception and infectious diseases.

## ***VI. The secret to a successful Netflix and chill date***

- Seize the right moment for intimacy.
- Create opportunities for gentle physical contact when the movie starts.
- Increase stimulation with hot gestures and actions.
- Take care of your partner after your Netflix and chill date.



## *VII. The risks of Netflix and chilling incorrectly*

When you and your partner do not follow Netflix and chill practices, there are health risks and illnesses that can occur, such as: Gonorrhea, Syphilis, Trichomonas infection, HPV, HIV, genital herpes, hepatitis A, B and C, giardia infection and shigella infection.

Besides Netflix, you can also apply the term Netflix and chill to other **online movie viewing applications** that are completely free in Vietnam, with stable and smooth quality even when you are running on a low-speed 3G or Wifi connection.

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