

What is multi-personality disorder?

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We have seen people with multiple personality disorders on movies, books . but almost still do not understand it as this disease is really what? How many different personalities does this person have? Let's learn the facts that few people know about this strange and rare disease through the following article.



The character Kevin, who has 23 different personalities in one body in the movie Split - Separation.

What is multi-personality disorder?

This is a psychological disorder, producing at least two different personalities in the same person.

The disease appears with symptoms such as interrupted memories, inexplicable dementia, many styles that appear at different times, inconsistent attitudes and attitudes are even contradictory, fear of contact with other people, hallucinations or feelings of instability .

People with multiple personality disorders will not remember what they did when a certain personality was in control.



In fact, people who are diagnosed with multiple personality disorders often have erratic personality due to conflicting personalities. Usually, the personality with real names, decent documents is usually very gentle and passive . and other personalities in them will be completely opposite, rebellious, cold, scary, worried .

The cause of multiple personality disorder has not been clearly defined, but the majority of people with this strange disease have undergone high-intensity memories. It forms as a natural defense reaction to psychological trauma when the patient is still young.



The transformation of personality often takes place when the patient experiences a certain situation or pressure. And the process is very fast, in the blink of an eye.

There is a lot of controversy surrounding the problem of diagnosis and treatment of this disease. But most neuroscientists think that this is not a disease that can heal itself over time. According to statistics, there are about 1% to 3% of the world population suffering from this disease today.



Many people often confuse multi-personality disorders with paranoid schizophrenia. In fact, these two diseases are completely different. People with schizophrenia often experience hallucinations, emotional and behavioral disorders, unstable memory, even depression. They often hear another voice in their heads, assault, doubting others, thinking that everyone has a bad idea. They follow those words and those behaviors often leave bad consequences.

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