

What is hydrogen water? What does hydrogen water do for health?

For most consumers, the concept of hydrogen water is quite new and vague. Today's article will help you understand what hydrogen water is and how it works.

For those who are familiar with the water purifier series, it is no stranger to the term hydrogen water, hydrogen technology or hydrogen water purifier. However, for most consumers this concept is still quite new and vague. Today's article will help you better understand what Hydrogen water **is**, and **what it** can do for your health.

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What is hydrogen water?

Hydrogen water or hydrogen water is a type of water that has been added with hydrogen gas through a number of specialized methods. Inherently, the element hydrogen usually exists in gaseous form, very light weight, very difficult to dissolve in water and evaporate very quickly. However, with modern technology, people have captured hydrogen gas in water, making it a healthier ingredient. This is also the origin of the name Hydrogen. Therefore, it can be understood simply that hydrogen water is a drinking water rich in hydrogen content, containing a lot of dissolved hydrogen in water.



Like carbonated drinks with added carbonate (CO₂), oxygen-rich water containing dissolved oxygen (O₂), hydrogen water contains a lot of dissolved hydrogen. This is the smallest atom on the planet, used in life and health.

The introduction of hydrogen water is considered as a step forward in consumer health solutions, marking a new development step in water filtration technology with the introduction of hydrogen water purifiers on the market.

What effect does hydrogen water have on health?

1. By containing micro-molecules of water, hydrogen water will help eliminate strong oxidants and improve the instability of chromosomes often found in aging cells.



1. Improve energy reduction by helping to neutralize free radicals - carcinogens, diabetes, hypertension and many other diseases.
2. It has the ability to neutralize excess acids thereby reducing heartburn, bloating or solvent imbalance in the body, helping the digestive system work healthier, improve resistance.
3. Helping the process of mineral absorption fast, effective rehydration.

4. Providing natural minerals such as Ca^{2+} , K^{+} , Na^{+} , Fe^{2+} and Mg^{2+} for water sources, making the water taste sweet naturally.
5. Hydrogen water (also known as alkaline ionized water) helps remove organic material on the food surface more efficiently than tap water.
6. Hydrogen rich water is used effectively in beauty care thanks to its rapid penetration through the skin. Activated hydrogen helps to slow down the aging process of the skin.

Learn about hydrogen water technology on hydrogen water purifier

Thanks to the use of hydrogen water, this type of water is gaining popularity among many consumers around the world. According to experts, in order to create Hydrogen water to ensure healthy mineral components, the treatment of water before filtration, how to use filtration technology and what additional minerals are included in the filtration process are weak. Element is very important.



There are two technologies for creating common hydrogen water: electrolysis through natural ionization and alkali dissociation using ceramic mineral technology.

The technology of generating hydrogen water by electrolysis of water molecules using high-performance Platinum electrode. Meanwhile, the technology of hydrogen generation by ceramic minerals uses ceramic mineral minerals, which separate the natural water molecules by the activity of mineral ions dissociated from spherical mineral particles.

However, electrolytic technology is very expensive to make electrodes, replacing the core, maintenance takes time to ensure the electrode is not scaled. Meanwhile, ceramic mineral technology will optimally combine alkali metals and mineral ions in nature, not only to create hydrogen rich water but also rich in minerals.

In Vietnam, one of the leading representatives in pioneering the introduction of hydrogen purifiers in the domestic market is the Kangaroo brand since the beginning of 2017. This is the result of research and cooperation with technology. create Hydrogen alkaline water with ceramic mineral particles of Korea Technology Group.

Accordingly, the technology of creating hydrogen alkaline water with ceramic mineral beads applied on Kangaroo water purifier products is considered to be very suitable for the conditions and market of Vietnam, which has been exclusively registered and used in more than 40 countries in the world, tested by NFS, US FDA and World Health Organization (WHO).

Above is our share of Hydrogen water purifier series and its effect on human health. Hopefully can help you better understand this type of water and choose to buy a product hydrogen water purifier suitable for the whole family.

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