

Warning: Using NSAID anti-inflammatory, anti-inflammatory system increases the risk of heart failure

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The system of NSAIDs including medicines such as ibuprofen and naproxen and diclofenac are often medicinal drugs for pain, anti-inflammatory. However, a new study shows that people who regularly use These three drugs often increase the risk of **heart failure**.

To get this conclusion, a group of scientists led by Dr. Giovanni Corrao of Milano-Bicocca University, he and his team conducted the collection and analysis of online medical records of about 10 million NSAID users in 4 European countries such as Germany, England, Netherlands, and Italy.



Photo source: Internet.

Results showed that about 92,163 / 10 million people surveyed were hospitalized for heart failure and of which a very high proportion of heart failure was hospitalized due to abuse of 27 supplements of ibuprofen and naproxen and diclofenac in the system. NSAID analgesics, anti-inflammatory drugs are an example.

In addition, the list includes drugs such as indomethacin, ketorolac, Nimesulide, and piroxicam, along with two types of COX 2 inhibitors, etoricoxib and rofecoxib that increase the risk of hospitalization for heart failure between 16% and 83%.

The group also showed that, if drugs such as diclofenac, ethoroxoxib, indomethacin, piroxicam, and rofecoxib are used at very high doses, the risk of hospitalization for heart failure is doubled.

Huynh Dung (According to Scienceworldreport)

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