

## Warning: Depression may cause cancer

A new finding suggests a dangerous association between depression and the risk of death from cancer is causing a stir among the international medical community.

A new finding suggests a dangerous association between depression and the risk of death from cancer is causing a stir among the international medical community.

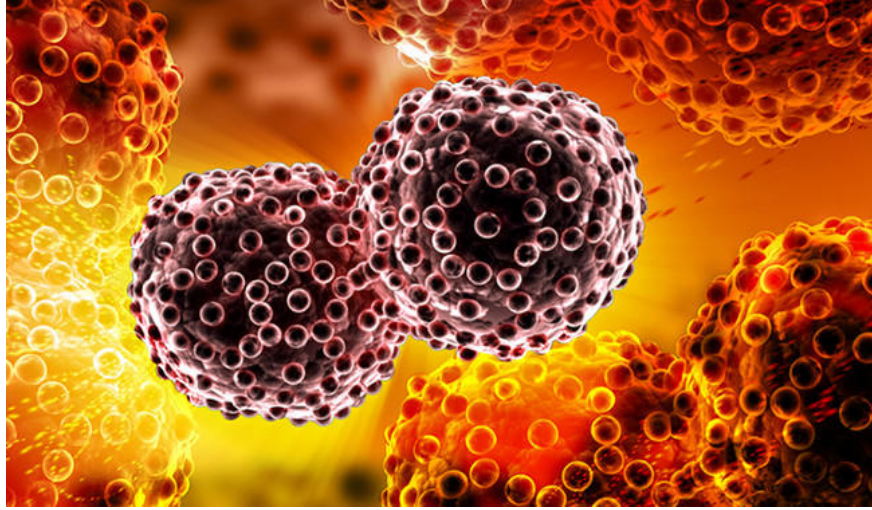
According to a medical study recently published in the Medical Journal BMJ, that people who often suffer from anxiety, depression are at risk of up to 32% of specific cancers that are followed by death.



*The results of the study show that people who suffer from mental pain, anxiety and depression are always at a high rate in dealing with specific cancers such as bowel cancer, prostate cancer, and cancer. Dr David Batty, lead author of the study from the University of London, said in a statement.*

To achieve this result, the research team from University of London and Edinburgh conducted a total of 16 studies involving 163,000 people with anxiety and depression.

The study found that about 4,353 people died of this symptom for about 14 years (from 1994-2008) related to different types of cancer.



The scientific group pointed out that the severe long-term stress and anxiety caused **the immune system dysregulation to** be damaged, affecting the repair of **DNA genetic cells** , causing genetic mutations. , body immunity, inhibiting apoptosis ( **Apoptosis** is a life-long process that helps the body eliminate cells that are no longer needed, or damaged, damaged cells that can lead to cancer. letters, help your body stay healthy). It is these causes that make the patient's body very at risk of inflammatory and cancer diseases and die soon after.

*' Our new findings continue to provide further evidence of the growing link between depression and neurological diseases with some other specific diseases like inflammation, cancer, really is the causal relationship ' - Dr David Batty added.*

You finished reading the article "**Warning: Depression may cause cancer**" edited by the [TipsMake](#) team. We hope this article has provided you with many useful tech tips and tricks. You can search for similar articles on tips and guides. Thank you for reading and for following us regularly.