

Warning: Caesarean section is at risk of blood clots in the legs and lungs

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Accordingly, the research team led by Dr. Marc Blondon, of the University Hospital of Geneva in Switzerland has just announced that mothers who have a caesarean section are at higher risk of **blood clots in their legs and lungs** than those who give birth. often.

And before making this conclusion, Marc Blondon and his research team consulted and studied over 60 international projects on caesarean section in women. However, the risk of having this condition is 3/1000, this rate is still very low. However, it is also a useful warning for obstetricians and obstetrician women. In particular, **obese mothers, high blood pressure, and diabetes increase the risk of blood clots in the legs and lungs.**



Photo source: Internet.

In addition, the research team said that after a short period of caesarean section, mothers should **move their hands and feet** continuously to limit blood clots in their legs.

If an emergency coagulation emergency occurs too quickly on the mother's body after birth, the doctor may have a timely injection of a thawing drug called **heparin** .

This research has just been published in the Chest Journal.

Huynh Dung (According to UPI)

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