

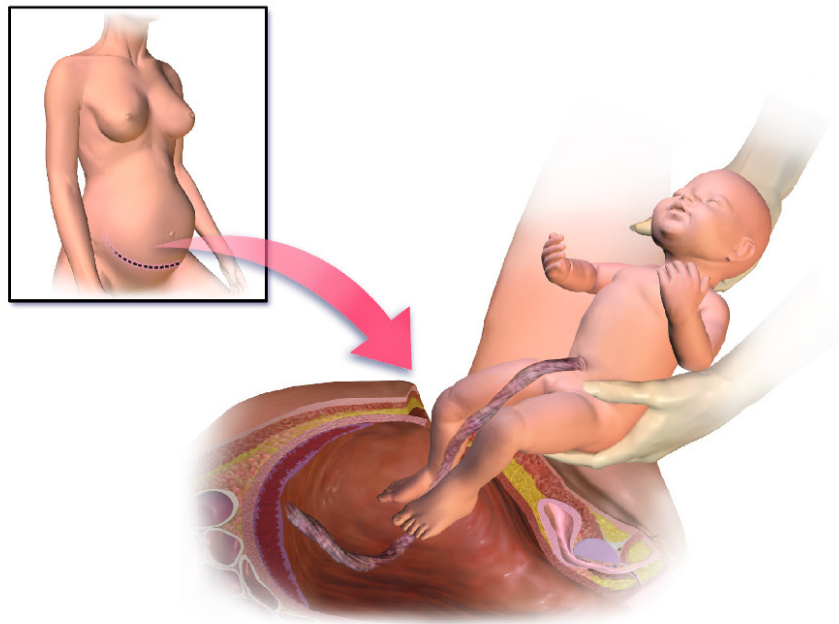
Warning: 'Caesarean section increases the risk of childhood obesity'

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According to the latest study by the University of Harvard University, children who have a **caesarean section** have a higher risk of **obesity** than those who are born normally. To get this conclusion, the research team investigated and studied 22,068 newborns of 15,271 mothers. Of which, 22.3% were caesarean births.

The results showed that mothers who have a caesarean section often suffer from **blood pressure, cardiovascular disease, diabetes, hypertension, pre-eclampsia** and before and after birth.



Every year in the US there are 1.3 million caesarean births. And this new finding is stirring up mothers who are about to give birth in the US.

On the other hand, babies born to women who have a caesarean section often have an increased risk of obesity by 64%, while babies **born** with an increased risk of obesity are reduced to 31%.

In addition, the story does not stop there, if the child is born normally, the child is exposed, inheriting all **the digestive bacteria** , good intestinal tract from the intestinal system of the mother.

Meanwhile, children who have a caesarean section may be at risk of bacteria outside the skin of the mother's abdomen, operating room bacteria, dangerous surgical instruments, which adversely affect children after being born as well as large. up later.

Huynh Dung (According to Medicalnewstoday)

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