

Want inner insight, know the personality, evaluate human standards just remember the following 4 words

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Folk often has the phrase "Knowing people who know their faces doesn't know their hearts". In this life, there are so many types of people who make it easy for us to see who they are, then because we believe that we are "lost and defeated".

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1. The lesson changes the concept of living and having the happiness from Zen Master Thich Nhat Hanh
2. Learn how to be humble in Japanese tea ceremony art
3. 5 Do NOT let life become happy without any problems

1. The word "Fruit"



If we want to evaluate a person, we should not rely on their appearances like their gaits, words, expression on the face to do anything . but should look at the end result they have done.

There are people who speak out very well, perform very well or just due to the momentary excitement, the result they bring is nothing worth mentioning. And those who have simple looks, say little to do, silently do not brag but have the ability to be talented, do whatever they are very devoted, when seeing the new results make people overpower. So, we want to see their inner mind and look at the appearance but judge the outcome, but look at how they have achieved results to be worthy of admiration.

2. The word "Mechanical"



The word "muscle" here is the predestined, the motive, the main cause when a person wants to connect with you, first you need to see if there is a chance for each other to have a chance to be together. Is a good friend, a wise person? If two people are predestined, then things that are superficially not too important to each other. Sometimes for many people feel that the person is nothing special and interesting but for you all is suitable and beautiful in your eyes.

If there is a friendship to be friends, then it is indeed a wonderful thing. However, sometimes that charm is artificial by the person, so apart from the predestined relationship, you also have to see what the main motive that person wants to associate with you. If it is because of the first mind, affection for each other, often sharing joys and sorrows, the ideal of life, this must be good, need to cherish.

There are many cases where the two people are really affectionate, but the enemy is associated with you for the wrong purpose, and sooner or later is revealed. So, if you look at the engine is not good, you should immediately stop the connection, do not just because of the feeling of matching, but continue the relationship. If so, it will only be delayed later.

3. The word "Museum"



"Museum" refers to the hidden potential, "hidden potential". Just like the old people often say: "Chan Nhan discovers generals" those who gain the Dao or talented people, who work well to save sentient beings are less likely to reveal their status to people.

So when we contact or associate with anyone we need to have a human eye. Do not rush to look at the normal appearance, but we conclude that they are mediocre people, not because of the flashy, luxurious beauty, but we think they are great people. When we want to evaluate, recognize the facts accurately and objectively, we need to have time to talk more deeply and experience certain circumstances to have more accurate and understandable views. human.

4. The word "Thought"



This word "Thought" is ideal, wish, dream. Want to see a friend can learn through their ideal pursuit. There are people with great purposes, every day they spend time on work, serious, positive working attitude, then surely that person wants to have a development career. Some people just want a peaceful, peaceful life, not competing with life, but still living in a principle, for the sake of people, they are the type of people who do not like to seek fame.

In addition, there are people who live without ideals, goals, wills to strive for life later, they will let go of themselves, ignoring life through the month, these people will make your life become dark if you are close to them. Do not shun them, but keep a social relationship.

Each person has a different way of living, so the dream that each person pursues is different, showing in life is not the same. So when we connect with others, we also need to understand what they pursue and how they live.

Fruit, muscle, and mind are thought of as four words that show the behavior, motivation, ideals, characteristics of a person, thus helping us to see clearly about them.

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