

Want all year luck, and should not do these things on Tet

According to the long tradition of Vietnamese people, on the first day of the Lunar New Year, there are taboos, should not be done to avoid bad luck and bad luck will come in a whole year.

For Vietnamese people, the Lunar New Year has a particularly important meaning, which may affect the coming year. Therefore, according to folk customs, there are some things that should and abstinence should not do in the early days of the new year to have a year of luck, wellbeing, prosperity and fortune.

Things to do on the 1st of the New Year to be lucky

1. Buy salt

"At the beginning of the year, buying salt and buying lime at the end of the year, this is a reminder of the old people about what to do at the beginning and the end of the year.

According to the concept of his father, salt has exorcism, bringing good luck to the family. Salted salt is also a symbol of affection, warmth, and fullness. Therefore, Vietnamese people often buy salt in the morning of the first day of the Lunar New Year with the meaning of praying for the richness and full of affection.

For more information: Worship of the Year of the New Year on the 30th New Year

2. Wearing red clothes



Red is a symbol of luck and prosperity. So, in the New Year, people often wear red clothes to bring good luck.

3. Going to the temple

Vietnamese people have a tradition of going to the temple at the beginning of the new year for good luck, happiness and health.

Things should abstain on the 1st of the New Year to avoid bad luck

According to the long tradition of Vietnamese people, on the first day of the Lunar New Year, there are taboos, should not be done to avoid bad luck and bad luck will come in a whole year.

However, the taboo depends on the concept and belief of each family, each person. But, understanding the traditions of the traditional Tet holiday of the nation will help each person know how to behave delicately, avoid embarrassing in relationships.

1. Abstain from sweeping houses, dumping garbage on the first day of the New Year



On the first day, families abstain from sweeping houses and garbage on the 1st day because according to the Vietnamese conception, doing so will bring the fortune out of the house.

In the South, after cleaning the house, it was necessary to remove the brooms, if the broom was lost in the Tet holiday, that year would steal the house and clean the possessions.

2. Don't give fire or water at the beginning of the year



According to the concept of the ancients, fire represents red, the color of luck, the water is likened to fortune. Therefore, families are very taboo for others to ask for fire and water at the beginning of the new year.

3. Do not borrow or pay debts



The Writer is very taboo about borrowing, repaying loans in the first day of the month and the beginning of the new year to avoid the whole year will fall into need, debt, unfavorable in work, business, business. This taboo comes from the concept of his father, in the first day of spring, people open the door to welcome the fortune into the house, if lending money or repaying money like "offering" fortune to others.

4. Abstain from talking and quarreling

Tet is a happy day, so everyone behaves happily and politely together, avoiding loud voices, saying goodbye and fighting to avoid bad luck all year.

5. Abstaining from breaking things



Broken and broken are words that create a separation in the family. Therefore, it is necessary to avoid breaking bowls, plates, cups and mirrors because it signals a break-up.

6. People with mourning should not ground

According to the concept of the Vietnamese people, people who landed in the beginning of the year are very important, who affect the luck or misfortune of the whole family for the whole year. Therefore, people with mourning should avoid landslides, go to Tet wishes or visit other families.

7. Some dishes need to abstain from Tet



There are some very delicious and popular dishes in the ordinary days that are abstained in the early days of the month and the beginning of the year to avoid unlucky things.

Depending on the region, local people abstain from various dishes during the early days of the new year.

1. Dog meat, squid is a dish "spurned" in all three regions.
2. Central people abstain from: Duck eggs, sesame, papaya.
3. Southern people abstain from: Shrimp, crab, banana.

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