

US science discovered: Blood tests can predict life expectancy

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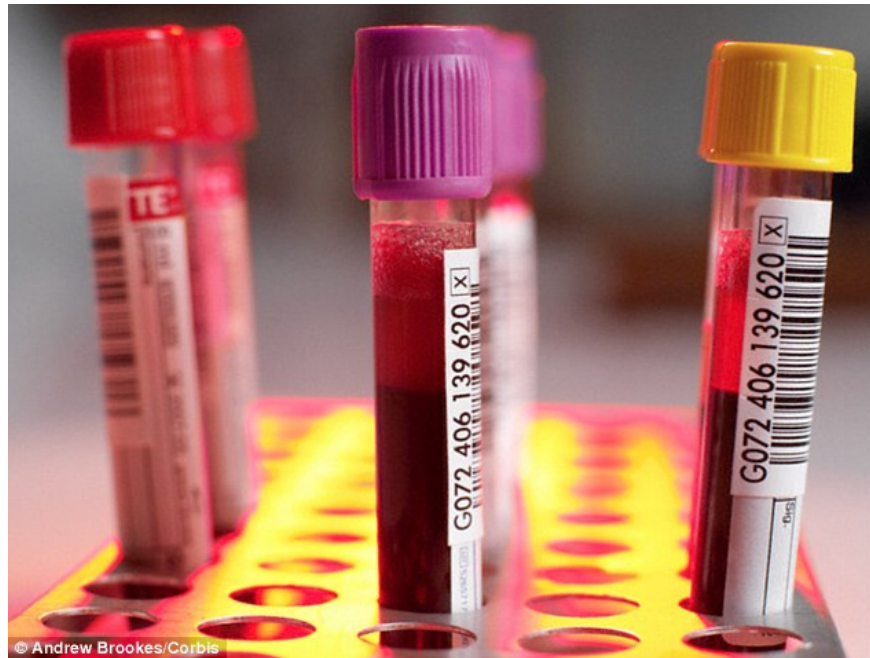
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Believe it or not, a **blood test that predicts life expectancy** is a real building and has been successfully done under the hands of Boston University scientists.



To reach this conclusion, scientists collected a total of more than 5000 blood samples, then analyzed these blood samples with health monitoring of people who had taken blood throughout 8 years.

Analysis results show that the analysis of these blood samples can tell us **the health status** as well as **the types of diseases** that occur in the body of the blood taken such as predicting signs of diseases cancer, heart disease, diabetes .



Then they will group the **biological blood signature** model again. A total of 26 biological blood signature models were discovered.

Based on these signature models, scientists can predict the risks and potential for disease and therefore predict the health status of the person in the long run and, more importantly, **predictable. The average life expectancy** of that person is as accurate as possible after an intensive, experimental blood analysis.

The lead author of the study, Dr. Dr. Paola Sebastiani and Dr. Thomas Perls, said: Researching and describing biological blood signature models is a new step in medicine, this will be a favorable premise, a more objective basis for predicting the health status as well as the average age of people with blood tests related to the possibility of diseases such as **heart, stroke, type 2 diabetes.** the future . and this is also a completely new diagnostic method that can help doctors promptly treat it from the beginning.

In addition, these biological blood signature models are closely related to the risk of other diseases as well as mortality rates.

This research has just been published in the journal Aging Cell.

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