

# Understanding the meaning of these 7 words, we will live very happily

Each of us is an actor in life, so please act as well as your role.

**I helped many young people find out the purpose of their lives and after that journey, I realized that these are 7 words that have the potential to change everything.**

Every month, I meet a lot of young people from all over the world who don't know what they will do with their lives (the truth is that most of us don't know what we're going to do, though Everyone lives and is still working) and I have spent 30 minutes a week telling them everything I know.

I see a lot in common in all those stories and today, I want to share them with all of you in the hope that it will help more people find their purpose of life even more.

Here are 7 keywords (I call it so temporarily) that have the potential to change everything if you understand their meaning.

## **1. Wants (Desire)**

Most of my customers don't know what they want. Some people share what they are doing or they have planned in the future, however, they really don't know what they want.



What we really want will often be realized once we stop questioning ourselves, stop trying to find a reliable or interesting answer or reflect what we think can be done. It is based on your resources and stops following what our family wants. I tell people: *"Remove all of that from the beginning, then start counting from 1 to 3 and answer the question:"* *What do I want to do in this life?* As fast as possible "and almost always the answer that everyone is looking for.

Only you know what you want, no one can help you find it even though a lot of people are willing to help. If you have a dream, people will encourage you. If you know what you want, you'll have a way to get it. However, the first step still has to determine what that desire is.

## **2. Fear**

If you still don't find what you really want in life, the ideal place to start is to discover your fear: *"What are you afraid of?"*. I am sure that fear will let us know what we should do and the most successful people always pursue the same thing that frightens them.



Like everyone, the people I meet are scared of something, in fact a lot of things. Instead of admitting defeat, try your best to find a solution. Look at the good things and start learning how to get out of *the "Fear Zone"* . Go to where you will grow and you will really grow up when the fear of something is at its peak.

### **3. Service (Service)**



If you can't work on something, look for and seize opportunities. Do you have anything to share with people around the world? What useful information can you bring to others? Where can you volunteer this week? Where does your presence become a gift to someone at the moment they need help?

Most unhappy people in the world live a selfish life. They never find the answer to the simplest questions like "What can I give to others?". Today. Right now. Whenever you feel empty, **give, share and love** more to all the people around you.

## 4. Connection

I realize that people who feel stuck in life do not know how / do not want to connect with others actively. Once I realize what others want, the next step is to create a list of people who can help him / her achieve it and start applying methods to connect with all these people. , meet face-to-face and ask for help or find ways for them to "show off" their talents outside.



Sadly, most people are overwhelmed by fear. However, when you know how to help others, offer valuable suggestions and work in confidence with the desire to help them make dreams come true, the fear of connecting with people is a sign. The brand asserts that you need to do them right away and better. Successful people apply this way to make great things.

## 5. Stillness (Stillness)

One of the biggest mistakes I see people often make is that people often underestimate the value of silence and silence in life. They run about 100 miles per hour every day, motivated but don't know what to do; read too much information excitedly but never take the time to analyze and apply them to everyday life. They also never take the time to understand themselves.



I told each of the people I met to sit down and be completely still for about half an hour every night before going to bed - a very important time to turn off all the equipment, prepare to rest, look back what you did in the day, what you did and didn't. The heart cannot speak in words while the body is still active and the mind does not rest - then it is time for you to: relax your body, let your mind calm and start listening to your heart .

## **6. Acting (Act)**



Most of us "act". All the people you admire are "acting" - 99% of the time they appear to others is as professional "actors". You must do the same. You will have to grope your way - and at times, fear or laziness in your head - but you still have to "act" so you can continue. If you only do what you "feel like" doing all your life, you won't get anywhere. Therefore, become an "actor" and act like the person you think, no matter how much you like it or who you really want to be.

## **7. Miracle (Miracle)**



Science evaluates the likelihood of you being born right at that time, right from your parents, with the right genetic makeup you are possessing while considering the entire history of war, breaking processes natural destruction and absolute chaos, the probability is about 1 in 400 trillion. Everything that has been happening in this universe is what brings you to the present moment. Once you understand that truth, you can't sit back and sympathize with yourself or let your fear stop you from doing your mission. That is why you appear in this life. Your life is a miracle. My life is the same. So, continue to "act" well and complete the mission.

*About the author : The article is translated from sharing by **Elaina Giolando** - published in **Business Insider Magazine** .*

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