

Turn on the air conditioner, do you need a curtain before going to bed?

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1. Simple way to prevent mosquito bites for young children
2. 3 simple ways to effectively prevent dengue
3. A simple trap can kill quickly, compact 4,000 mosquitoes every night anyone can do it at home



Mosquitoes are obnoxious and scary, especially in the situation of dengue outbreaks that are booming strongly in many places in the country like the present time.

As we know, mosquitoes are attracted to CO₂ and the scent of the human body. Therefore, the room turns on the air conditioner, the air is circulated well, the temperature is cooler, but this only makes the mosquitoes take longer to determine your location but cannot prevent them from finding them. I want to 'suck blood'.

In order to banish mosquitoes, many people even transmit each other 'know-how' to regulate the air conditioner from the Cool mode to Dry - because they believe that the more dry the air is, the more uncomfortable the

mosquitoes feel and want to leave immediately.



But the truth is that this doesn't work at all. When turning on the air conditioner, we have to close all the doors to save electricity, the air conditioner is not overloaded but it is cooler. This makes the mosquitoes still "locked up" in your room, not able to "run" anywhere, they just "hide" in the dark, waiting for the opportunity to "hunt" and transmit the virus to you.

Also, according to experts, we should not always use this air drying feature in air conditioning, especially when it is hot and the room has children. Because the air humidity in the room is low, the air conditioner to dry-dry mode causes the air in the room to become too dry, causing skin, people to dehydrate and affect the child's respiratory system.



In short, mosquitoes may be less active in conditioning environments but not without and they can still attack you at any time. So whether you turn on the air conditioner when you sleep or not, let's protect ourselves from the mosquitoes as well as the dengue epidemic in the following way:

1. When sleeping, even if the room has air conditioning turned on or not.

2. Chasing mosquitoes by placing a bowl of pureed garlic at the corners of the house, letting the tangerine / orange peel dry in the corners of the house or using smart devices like mosquito nets, mosquito repellent .
3. Mosquitoes are afraid of orange, so you can install orange bulbs or cover orange glass paper on the lights in the room to ward off them.
4. Clean houses neatly, especially in places like under beds, wardrobes, warehouses, bushes around the house . That's where mosquitoes often shelter.

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