

Try these 13 psychological tricks to easily communicate with people

Take a look at the 13 psychological tips below - extremely useful tips for making you a more engaging and interesting communicator in the eyes of others. Invite you to consult!

Communication is an eternal issue mentioned in everyday life. Although when you hear the word "*communication*" you will find it very simple, but actually to be able to communicate well with anyone is an art.

My father once had the question: "*Learn to learn to speak, study open packages*", meaning that speaking is not natural. If you've ever thought that way, you're wrong. Even when you are constantly being criticized for lack of salt, bland, tasteless, there are many people who have applied very successful **communication tips**. It is not that they are predestined to eat from children but in fact, the charm here is the sophistication in communication, how to make the other person pay attention to them or cannot take their eyes off them.



So how do you always master the communication and bring about a good result? Take a look at the **13 psychological tips** below - extremely useful tips for making you a more **engaging** and **interesting communicator** in the eyes of others. Invite you to consult!

1. If you ask a question and the other person answers only half, or part of your question, keep quiet for a few minutes and look straight into the person's eyes. This technique will make that person continue to talk and answer all your questions.



2. If someone yells at you , try to stay calm as possible. The first reaction of a person when shouting is often angry, the behavior may be due to being agitated, but will quickly diminish. After that, their next reaction will be lighter due to guilt for their aggressive behavior. Most likely, they will be the ones who say you forgive yourself for your actions, just don't be angry with them. So at first, try to be calm in everything - the key to helping you solve many problems, the extreme will make the story worse.

3. If you know someone who is trying to criticize, complain or blame you in front of someone , take up all your courage and try to sit or stand by that person. In this case, the person will become more gentle and say less negative things about you than when you sit away. However, if those words are true, you should acquire and fix them but also find a gentle, clever way to show them that they are hurting you. If the words are completely false, talk clearly so that you don't misunderstand and make the relationship worse.



4. If you feel anxious or stressed when communicating , chew gum / gum. Eating will fool the brain that you are eating and there is nothing to worry about, so you will feel more confident and comfortable after a while. However, you should also chew a skillful candy, especially when communicating, ask the other person to ask or find a delicate place to chew candy, avoid making them misunderstand that you are rude.

5. See everything around you that is familiar to you. This is probably a familiar method for many students in oral exams. They often imagine that the professor is a friendly and kind friend so he can calmly find the right

answer to the questions. This psychological technique seems to be effective in many situations. Try applying it before an important interview.



6. If everyone in the group laughs at the same time for a certain joke, instinctively we will look at the person we like best, or with the person we want to be closest. So, look at people's eyes after a fun joke - you'll know a lot of things (*the relationship of the people in the group, who likes who . for example*).

7. When meeting someone , show your joy. The first impression people like most when meeting a person is a **smile**. A friendly smile always gives others good impressions. A sincere smile or try to introduce your name gently, warmly, over time, they will have a better view of you and the communication will become easier and more sincere.



8. If work forces you to " connect " with many people (*like customer care*), behave politely and kindly, this can also make others behave politely and die. more delicate. If possible, put a mirror behind your desk (*anything that can reflect the image*), the speaker will always see their reflection in the mirror. As a rule, they will always try to show their best image in the mirror and do not want to see themselves as frowning and uncomfortable. Try it and make sure they smile more and more politely.

9. If you want to get the attention of someone you like , look at something directly behind their shoulders. You will become extremely sophisticated when you look at their shoulders, they will feel strange and focus on thinking about what you do. Moreover, doing this delicately, the opponent will find you more special. Once you see that person has turned his attention to you, quickly look into their eyes and gently smile. This tip is extremely effective.



10. Stress control. In fact, we can completely control our stress. When you feel anxious, your heart will beat faster, start breathing deeply. Try to calm yourself down by breathing smoothly and balancing the heartbeat. This is entirely in your power and power. Stress at your fingertips, take control and don't let it overwhelm.

11. If you want to pursue someone on your first meeting and get their consent, try to catch the opponent's gaze, because eye contact is very effective in communication, especially love. This special case. Also, you can show your sincerity with your eyes, but don't try to stare at their faces, this is not a polite gesture and doesn't help you score points in their eyes.



12. When you want to ask for something , first, raise your standard. Often people will feel sorry to refuse too many times, so from the second time on they may consider to not refuse to reject you again. This psychological

tip is quite effective if you are a seller and are trying to convince your customers. People often pay attention to smaller requirements if they want to deny you something bigger than before.

13. Want to attract others in every action. Attractive, successful people often show that they are confident in themselves and their actions, so try to show that you know what you are talking about with statements like " *I think*", " *I believe* ". People are more likely to be attracted to people who are confident about themselves as well as their actions, show that you know what you are saying, as well as think or act decisively about a person. something, you will be easier to get their trust. Express yourself as a confident person, especially when talking about your understanding, making sure to impress your opponent.

Physical manifestations are often associated with emotions: we often frown and squint when we cry. On the contrary, our facial expressions also affect the inner state. For example, you make a crying face, maybe your tears also want to fall out. Therefore, using this ability will help you a lot, especially smile. Even if there is no reason to laugh, after a few seconds, that smile can become more practical and sincere.

Refer to some more articles:

1. Science proves: People who often cry are the most powerful
2. 25 things women say often make men misunderstand
3. 10 signs that you are extremely boring and boring

Having fun!

You finished reading the article "**Try these 13 psychological tricks to easily communicate with people**" edited by the [TipsMake](#) team. We hope this article has provided you with many useful tech tips and tricks. You can search for similar articles on tips and guides. Thank you for reading and for following us regularly.