

Trick to check the application time on iOS

How much time do you spend on the phone a day and how much time does it use? Are we using too many applications? The feature to control the time to use the application on an iOS device is available will tell you that.

In one day using the phone, do we know how much time we spend on accessing Facebook apps, or sending messages on Zalo? Sometimes you still keep the habit of using those applications without knowing that, I spend too much time everyday using them, maybe even missing the job to do. A feature available on iOS devices will help you perform management tasks, and summarize the amount of time using applications installed on the device.

This feature will list all installed, or default applications on the system, and include the time to use those applications. Through this, you will know how much time you are spending accessing the application.

Step 1:

First, click on the **Settings** icon on the device. Then, find the **Battery** item in the settings list.



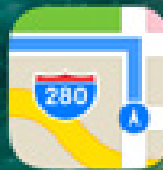
Lịch



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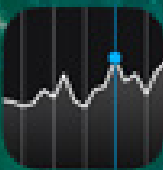
Đồng hồ



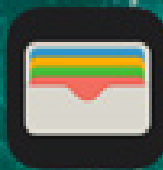
Bản đồ



Thời tiết



Chứng khoán



Wallet



Camera



Ghi chú



Lời nhắc



App Store



Video



Sức khỏe



Cài đặt



Lịch Việt



Gmail



Facebook



YouTube



Zing MP3



Instagram



Điện thoại



Tin nhắn

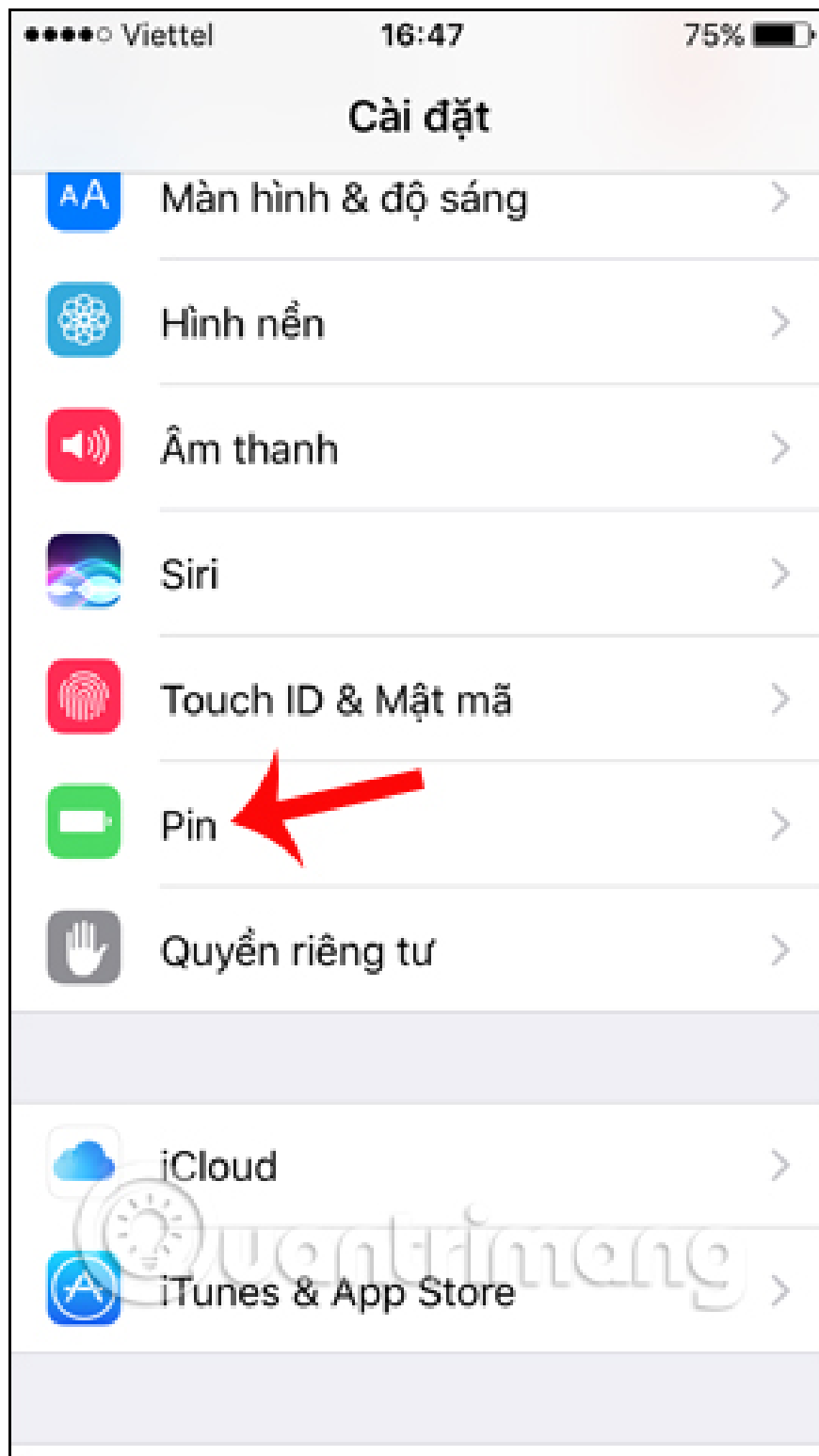


Từ Điển TFlat



Zalo

vantriviet



Step 2:

Switching to the new interface down to the Battery Usage section (Battery Usage) will see a list of how much applications consume battery power. At the time bar, click on **the clock icon** at the far right.

You will then see the amount of time interacting directly with the application on the device screen, along with the time it takes the application to work in the background.

If you want to see the total usage time of the application in 1 day, click on the last **7 days** (Last 7 Days) card. The device will automatically arrange which applications consume a lot of time on the top of the list. As the picture shows, the Facebook application takes the most time on the device.



24 giờ qua

7 ngày qua

**Facebook**

1,8 giờ màn hình – 10 phút nền

71%

**Messenger**

46 phút màn hình – 8 phút nền

18%

**Instagram**

11 phút trên màn hình

2%

**Zalo**

6 phút màn hình – 2 phút nền

2%

**MH Chính & MH Khóa**

9 phút trên màn hình

2%

**Đèn pin**

2%

**Tin nhắn**

3 phút trên màn hình

1%

**Camera360**

6 phút màn hình – 3 phút nền

1%

**Điện thoại**

5 phút trên màn hình

1%



This is a simple feature on the iPhone / iPad device, but it is quite useful when it can help users re-check the amount of time using applications on the device. Time will be divided in 1 day and in 7 days so you can understand. We can rely on this to adjust the time to use the application on the device.

Hope this article is useful to you!

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