

Top 7 Apple Watch apps to help increase productivity and manage work effectively

Discover the 7 best Apple Watch apps to help you manage your work, form habits, focus on work and improve productivity every day. List of apps to try for office workers and busy people.

The Apple Watch is known for its health and fitness tracking capabilities, but the smartwatch can also be a powerful tool to help you stay focused and improve your productivity — especially for those who are easily distracted by their phones.

In addition to the default apps like **Calendar** and **Reminders**, you can also take advantage of many third-party apps designed specifically to help you be more productive. Here is a list of useful Apple Watch apps you should try:

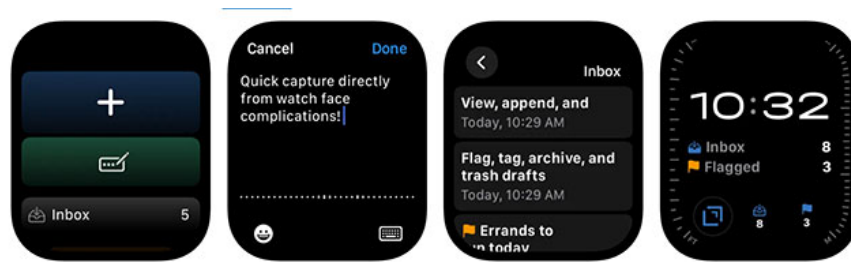
1. Todoist



Todoist is a handy task management app when you don't want to pull out your iPhone. You can create, organize, mark tasks as completed, and set reminders for each one. Quick typing using your voice or the keyboard on your watch saves a lot of time.

Todoist also displays your progress for the day right on the watch face, such as the next task or the percentage of work completed. The app is free, with an advanced plan costing **\$4/month** with features like customizable reminders, AI assistance, a calendar interface, etc.

2. Drafts



Since Apple Watch doesn't have a Notes app, Drafts is a great option for jotting down ideas. You can type using your voice, Scribble, or the keyboard.

Drafts sync from iPhone to your watch, showing draft counts and flagged drafts for easy access. A blank page is always available so you can take notes as soon as an idea strikes.

Free app, Pro version costs **\$1.99/month** with additional features like themes, sending emails to Drafts.

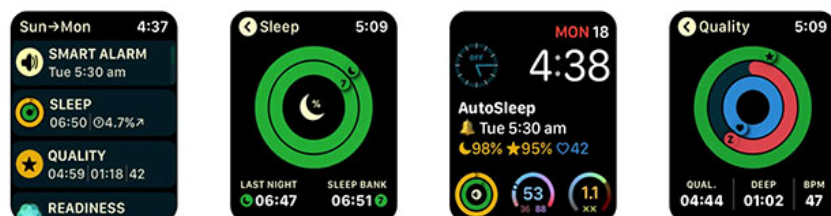
3. Focus



Focus is a Pomodoro-style timer app that helps you work in 'Focus Sessions'. Each session is just long enough to sustain your attention, after which you're prompted to take a short break.

By using your Apple Watch instead of your phone, you'll limit distractions. A quick glance at your wrist will tell you how many minutes are left in your session. The app costs **\$7.99/month**.

4. AutoSleep



One of the most popular sleep tracking apps. AutoSleep analyzes sleep quality, heart rate, sleep stability, sleep duration... All displayed through visual rings similar to Activity Rings.

The app also gives you a sleep-based 'readiness score' to help you plan your day, and recommends a bedtime. Lifetime subscription is just **\$5.99** .

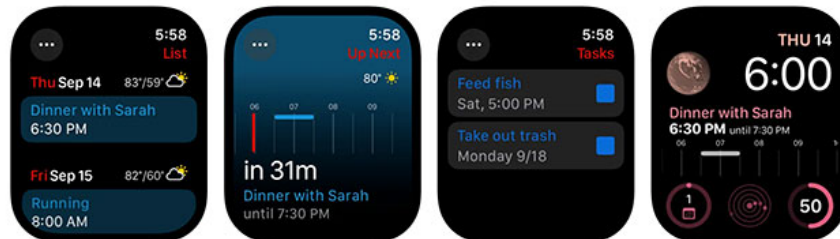
5. Streaks



If you want to build good habits, Streaks is a great choice. Each time you complete one task, your streak will grow longer. If you miss a task, your streak will start again.

You can track up to 24 habits, from brushing your teeth to learning a language to eating healthy to exercising regularly. The app costs **\$5.99** as a one-time purchase.

6. Fantastical



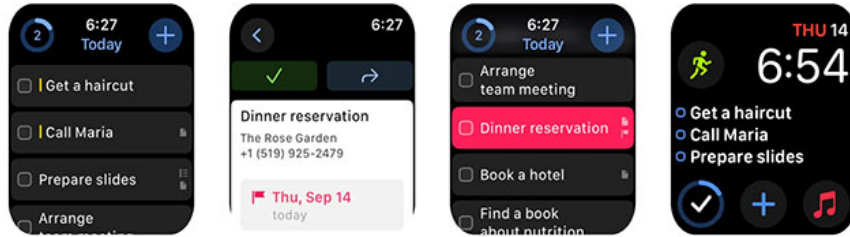
Fantastical is a powerful calendar app that helps you create events, reminders, and quickly view your schedule on Apple Watch.

The app has three views:

1. **Up Next** : next appointment with weather.
2. **List** : list of events and tasks for the next few days.
3. **Tasks** : all your to-dos in one place.

In addition to notifications, Fantastical also has a Smart Stack widget that allows you to view your calendar right on the watch face. The service costs **\$4.99/month** .

7. Things 3



Things 3 is a premium task management application that helps you create to-do lists, manage projects, and set goals by area (work, finance, personal.).

The app supports reminders, calendar integration, adding classification tags, repeating tasks according to schedules, and even a 'This Evening' section to help you plan your evening.

Things 3 is a one-time purchase of **\$9.99** .

With these applications, Apple Watch is not only a health monitoring device but can also become a real 'personal assistant', helping you focus more and work more effectively every day.

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