

Top 10 dishes that make the world 'shudder', you dare try how many of these dishes

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1. Shivered with the "horror" dishes with 1-0-2 in the world
2. Top 10 common mistakes when processing everyday dishes

1. Sannakji



Sannakji, also known as live octopus, a famous Korean dish is served by restaurants for those in need. Whole live octopus or small tentacles are cut but still able to be brought to the table immediately. However, when eating this dish, people have to chew hard and thoroughly because the tentacles of the tentacles will stick to their mouths to easily break down.

2. Tuna Eyeball (Tuna Eyeball)



Tuna eye is a very popular dish in China and Japan but when seeing many people shudder. The standard ingredient for cooking is the tuna eye remains the eyeball part and the fat part surrounds, only a few eye muscles are cut. People just need to bare the boiling water to enjoy. Although the dish is rich in omega 3, DHA, has a high nutritional value very good for the eyes and brain, but not everyone has the courage to try it because the eyes of tuna are processed as if it is still alive. .

3. Duck eggs flipped



For Vietnamese and some other Asian countries like the Philippines, China and Cambodia, fluffy duck eggs are a popular dish that many people like. But many people around the world consider this a horror dish because the duck embryo has developed into a shape.

4. Live stomachs (San Zhi Er)



San Zhi Er is a Chinese specialty dish known as "3 screams". Newly born baby mice are fed honey to make their meat sweet, the main ingredient that makes this horror dish. The diner will immerse the raw mice and the moe into a specially prepared sauce and enjoy it.

5. Fresh monkey brain



Fresh brain or monkey brain is a dish in China. The living monkeys were brought to the drinking table and added to the guests to use spoonfuls of fresh brains to eat with spicy vegetables while the monkey was still shouting. Not only horror but also a dish of humanity. Fresh monkeys do not increase the physiology of men as rumors that, in contrast, can jeopardize the lives of eaters because monkey brains contain many bacteria.

6. Frog smoothies



Frog smoothie is a dish in Peru. Frogs caught in the famous Lake Titicaca region in southern Peru, carefully selected before processing into a smoothie. The still-alive frogs are placed in closed containers for customers to choose. Shortly thereafter, the selected frog will be skinned and added to a blender and 20 other ingredients such as honey, salt, aloe, Adecan root and some other wines.

7. Akutaq (ice cream Eskimo) - Alaska



This famous Eskimo ice cream is made from the live fat of many animals (like seals, whales, bears, fish or reindeer), fish oil, snow, and a little fruit. At restaurants in Alaska, this ice cream is one of the most expensive dishes on the menu.

8. Soup details



For Vietnamese people, soup is a familiar dish but for a friend of the world it is a horror dish. The blood of chickens, ducks and pigs is naturally frozen with minced meat and spices.

9. Bat soup cooked with fruits



Bat soup is Taiwan's specialty dish. Originally, a whole prepared bat to remove fishy and marinated smells will be put in a bowl of nutritious soup for diners.

10. Fermented stingray



Healthy stingrays are placed in the freezer and allowed to naturally ferment within 1 month. When removed, people cut into slices and eat raw. This horror dish has a characteristic smell like urine but is very popular in Korea.

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