

Top 10 best Google Chrome extensions to avoid distractions when working

This is a collection of utilities to help you focus on your work and avoid distractions with external factors

The flow of information on the internet is now very much, users can exploit the information on the internet for their work, study, or simply for entertainment on the Internet in many different forms . But There are sometimes troublesome things on the Internet that you need to control.

Those things will sometimes directly affect your work, your study, but you will never notice. Therefore, developers have built tools to help you control the distractions on the Internet when online, especially when you use Google Chrome browser to online, here are a few extensions to help You resist the distractions when online.

1. Top 7 most useful Chrome extensions you should try
2. Quickly log out all accounts on Chrome with just one click
3. 9 extensions that help optimize the browsing experience on Chrome

Synthesis of gadgets on Google Chrome helps you avoid distractions when online

1. 1. The Blank New Tab Page utility
2. 2. Radio Mode utility
3. 3. Intent utility
4. 4. Timewarp utility
5. 5. Scroll Stop utility
6. 6. DF Tube utility
7. 7. Analog percent clock utility
8. 8. Free Pause Gmail utility
9. 9. xTab utility
10. 10. Grayscale Web utility

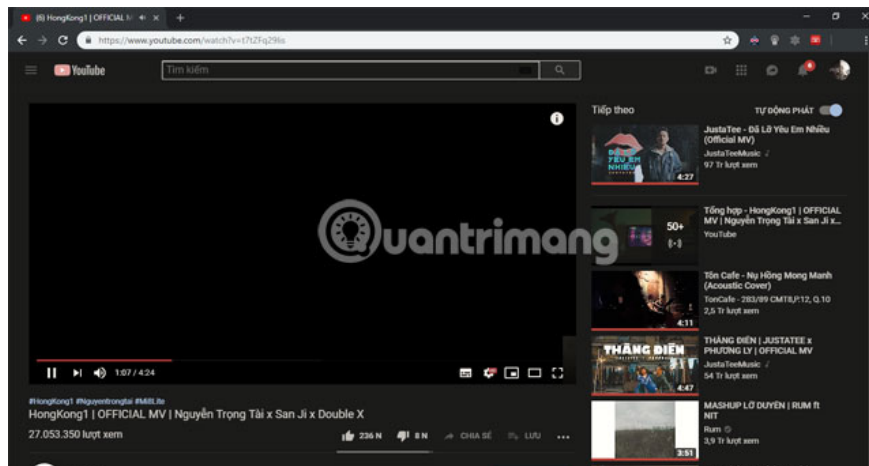
1. The Blank New Tab Page utility



A utility that helps you open a new but empty tab page, nothing at all, it sounds like a utility that can't help you when using Google Chrome but actually this utility will help you focus more on what you're doing.

Sometimes, you click on a new tab and it will show Google search box, or a grid game or menu of the websites you visit, including Facebook and YouTube. You open the new tab and "itchy hands" click on those things, then watch and forget about the work you're doing. The **Blank New Tab Page** utility will help you focus on work more than just displaying a completely blank tab.

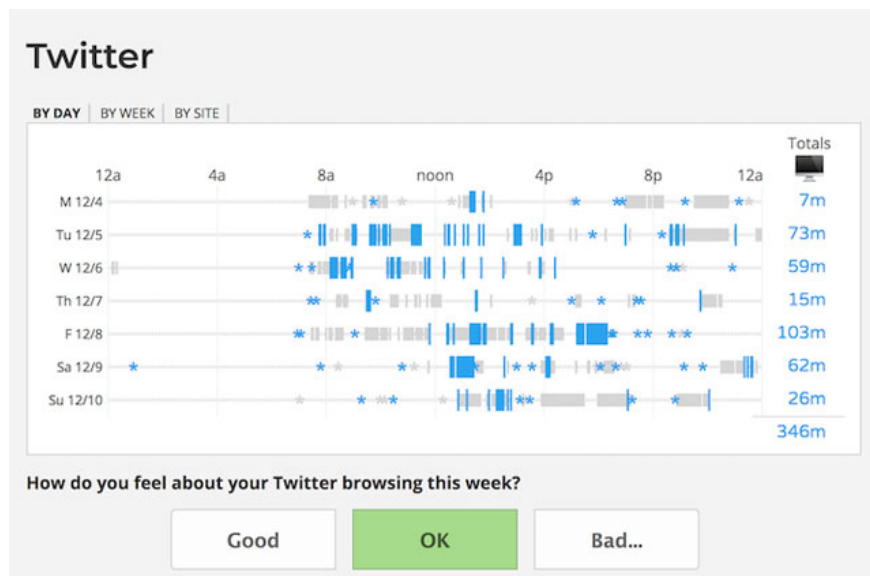
2. Radio Mode utility



There are many music or audio books on YouTube that many other websites don't have, so many people often use YouTube to listen to music or listen to Audio Book. But images of those videos will sometimes distract users.

Radio Mode is a Google Chrome extension designed to make sure you don't watch YouTube videos but still play sounds to listeners, so users aren't distracted by images. This utility also helps reduce your CPU usage by 50% due to YouTube on your browser no longer plays high resolution video in the background.

3. Intent utility



Intent is a Chrome extension that helps you reduce the time you spend on websites like Facebook, Twitter, Gmail and many other sites. But Intent will not block those sites immediately. Instead, this utility will start tracking your browsing habits for sites that you feel are wasting your time.

You just need to select the website or access and the time for that website, after one week, Intent will ask if you like your time on those sites in the last seven days. If you don't like it, you can choose to modify your routine. You can select Reduce overall time or Reduce general frequency.

Once you have set the time, whenever you exceed the specified time, the utility will issue a warning like "Give me another 5 minutes". Can say Intent utility will support you to browse the web in a healthier way and if you are a person who works on online websites, give Intent a month to assess your surfing habits.

4. Timewarp utility

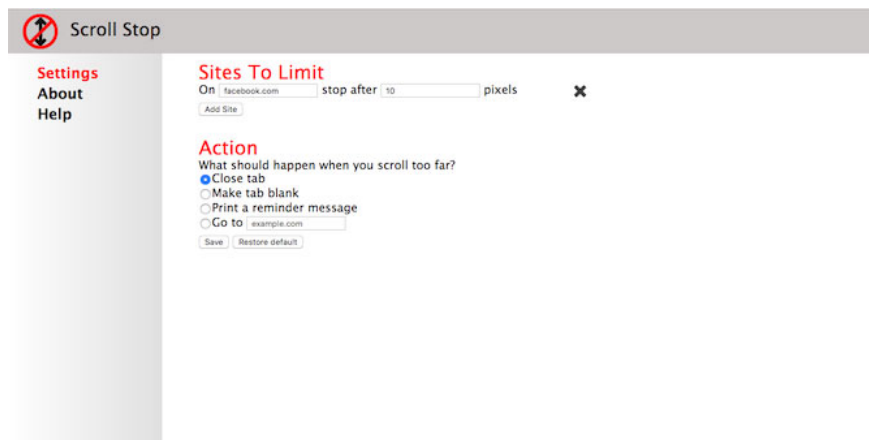


Timewarp has a purpose to operate similar to Intent, it will also look at which website you often access but Timewarp will let you set up so-called Wormholes, there will be three types of settings you can use. that is:

1. **Redirect:** Redirects to a more efficient website that you specify.
2. **Quote:** Displays a citation that you wrote for that site.
3. **Timer Only:** Displays the time that you visited that website today.

There are 3 forms that Timewarp will provide to users, based on the time to access the website on Timewarp, you can use the navigation tool if you are familiar with logging in to that website. Or you can block with **Quote** feature .

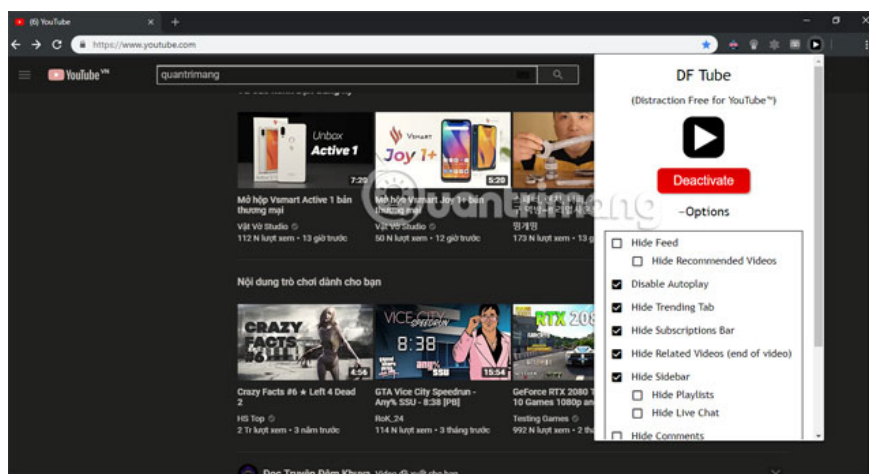
5. Scroll Stop utility



The Scroll Stop allows users to block web pages by scrolling the middle mouse button, just click on the setting, write the name of the site you want to block and allow the display pixel limit. The higher the pixel level, the more the page will be displayed, whereas the smaller the number of pixels (10-20 pixels range), just scroll down one shot, your website will disappear without trace.

Or you can choose the fate for that site by turning that tab into one of the options below: **Blank page (Make Tab Blank)** , redirecting to another website (**Go to .**) or Print a message to remind you to return to work (**Print a reminder message**) . After completing the custom settings, click **Save** to save.

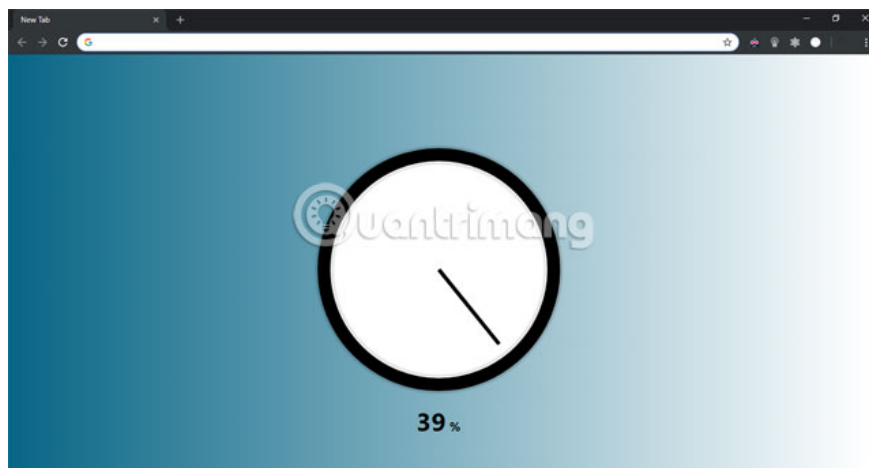
6. DF Tube utility



Another utility for Youtube, DF Tube is only for those who like to study separately in certain areas or study separately about education. DF Tube will remove all the addiction on YouTube such as personal feeds, suggestions, comments, subscriptions and more.

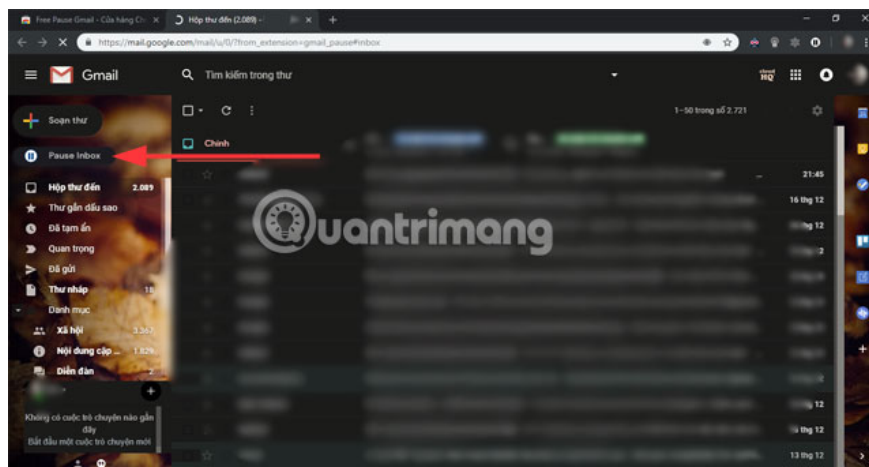
If you are the simplest, you can turn the YouTube homepage into a white background page and only have a search bar that is quite handy, thus less distracting when there are other videos around.

7. Analog percent clock utility



The analog percent clock is simply a clock that displays the percentage of the day, this clock will show you where your working day is, just add the gadget. Then turn on a new tab and that new tab will only display the clock with the percentage of the day.

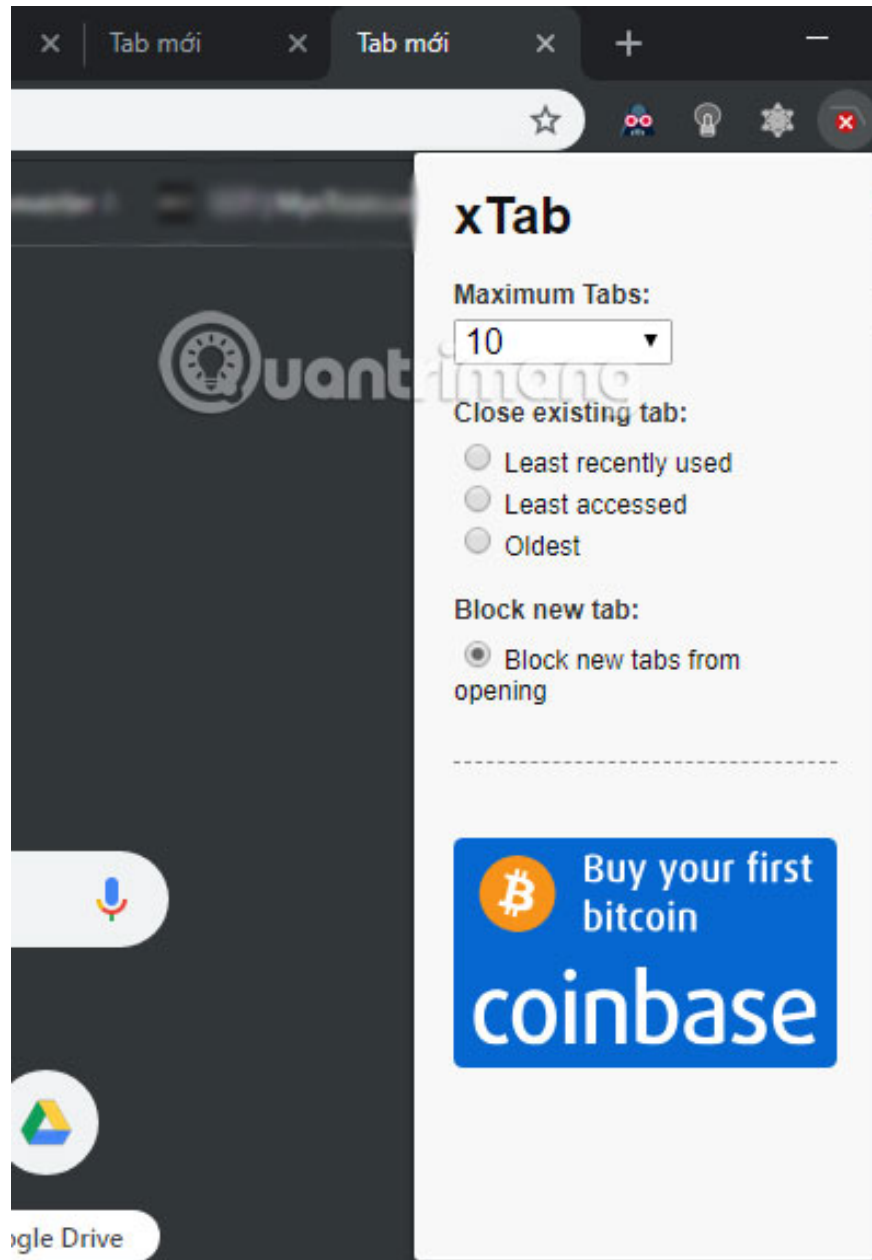
8. Free Pause Gmail utility



One, two, three mail notifications sent to you every minute will distract you, so you'll need the **Free Pause Gmail** utility. A free extension on Chrome that lets you pause incoming Gmail messages for a while.

When you start **Free Pause Gmail** , your inbox will not be updated and you will not receive any new emails. When you want to continue, simply cancel the utility and process all emails that are waiting to be in your mailbox.

9. xTab utility

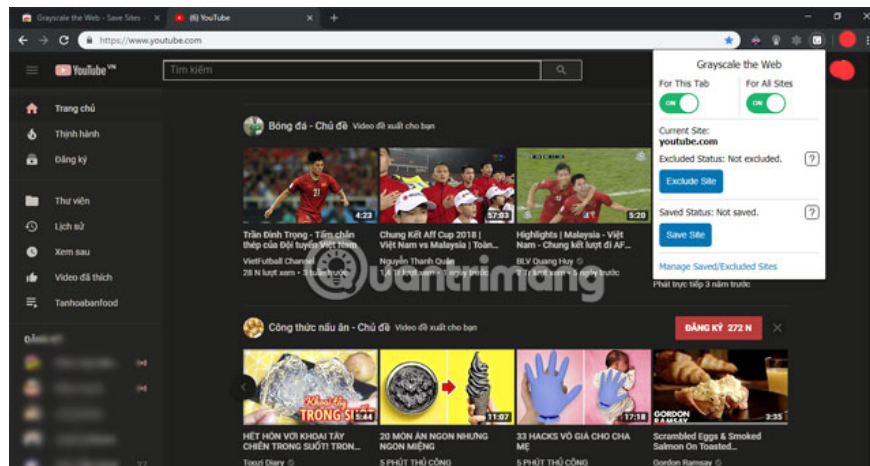


This is a tab manager on Google Chrome, with a simple and easy-to-use interface, **xTab** has the ability to set tab number restrictions in a single window, you just need to set the number of tabs to open in a window and select the option **Block new tabs from opening** .

Then, when you open the number of specified tabs in the widget, Google Chrome automatically closes the tab beyond the number. Or you can choose from the three options above that are **recently used (Least recently**

used) , **Least** access and **Oldest** .

10. Grayscale Web utility



One of the proofs for cutting down on screen usage is to apply a gray layer to colorful web pages, **Grayscale Web** is the utility for that. This utility will erase all colors on different web pages and leave only one gray.

You can let Grayscale Web work on every tab or just adjust to a single tab, Grayscale Web can work on every web page, so you can customize the gray for your Chrome browser.

Although there may be annoyances in the initial time when you use them, please practice them as a habit because it will help you focus 100% on work and avoid distractions at the same time.

In addition, if you often have to find documents and download documents on Google Chrome, this browser also provides you with extensions to help speed up and manage Download documents and data in the browser. Refer to the article [Top 10+ Chrome extension to help manage and speed up download](#).

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