

# To 'read long-term quickly' please follow this method immediately

Here are some tips you should take and apply when reading to be highly effective.

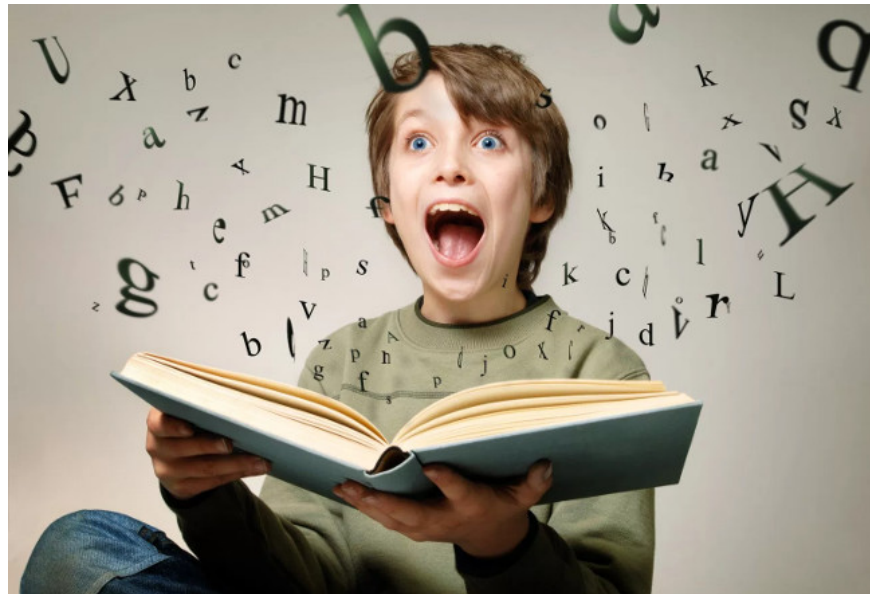
When we need to handle a large amount of information we need to have fast reading skills, quick understanding and long memory. However, not everyone has the right way to read books and documents to achieve the highest efficiency.

1. As a busy person, apply 11 ways below to have time to read

Here are some tips you should take and apply when reading to be highly effective.

## 1. Do not read aloud

Right from the beginning, we have a habit of reading aloud, imagining images and gradually bringing voices into our heads.



But in fact this is a completely wrong reading method, it is the voice in this head that causes the reading speed and ability to absorb knowledge to be slowed down. Therefore, if you are using this reading method, stop doing it.

## 2. Don't read every word

Many people have a habit of reading slowly, reading words one by one to remember longer, better understanding the content. But the human brain has a great ability to fill the void with proper information. Therefore, take advantage of this ability to not waste time but still grasp the content to read.

Accordingly, you should read word phrases, group words together to understand meaning and capture information faster. For example, instead of looking at individual words "child - cat - being - catching - mouse" you should group them into the phrase "mouse cat" as the only information.



### **3. Reduce eye movement**

Normally, your eyes will move on the occasion of reading - in the direction of the text from left to right. And when meeting a group of words, the eyes will stop to analyze and reduce the reading speed.

If you want to speed up reading, change this habit. Try to turn your eyes towards the middle of the page and move from the top down, your reading speed will improve.

### **4. Limit reading again while reading**

To reduce the re-reading of sentences that have been read by a stream, you can use the paper to cover the line you read, or use your index finger.



## 5. Read only what is needed

Coming to the exam, there was nothing in the head, facing a thick file, everyone was depressed. How can I read and stuff all the knowledge into my head? Try this way, read the section titles, read the beginning and the end, highlight the important points. Then you come back to read and grasp the main ideas in the lesson. Try it and see how it works.

See more:

1. How to read 10,000 words within a minute?
2. 7 books will change the way you look at the world
3. 10 great benefits of reading every day

You finished reading the article "**To 'read long-term quickly' please follow this method immediately**" edited by the [TipsMake](#) team. We hope this article has provided you with many useful tech tips and tricks. You can search for similar articles on tips and guides. Thank you for reading and for following us regularly.