

Tips for quickly recovering your forgotten Facebook password.

Forgetting your Facebook password can cause you to lose connection with friends and important information. But don't worry, you can absolutely recover your Facebook password and restore your account in just a few simple steps.

Forgetting your Facebook password can be frustrating, but don't worry. With just a few simple steps, you can recover your account. Let's explore the ways to recover your FB password with Tai Mien Phi.



Quick overview:

I. How to recover your Facebook password using your phone number/Gmail/WhatsApp

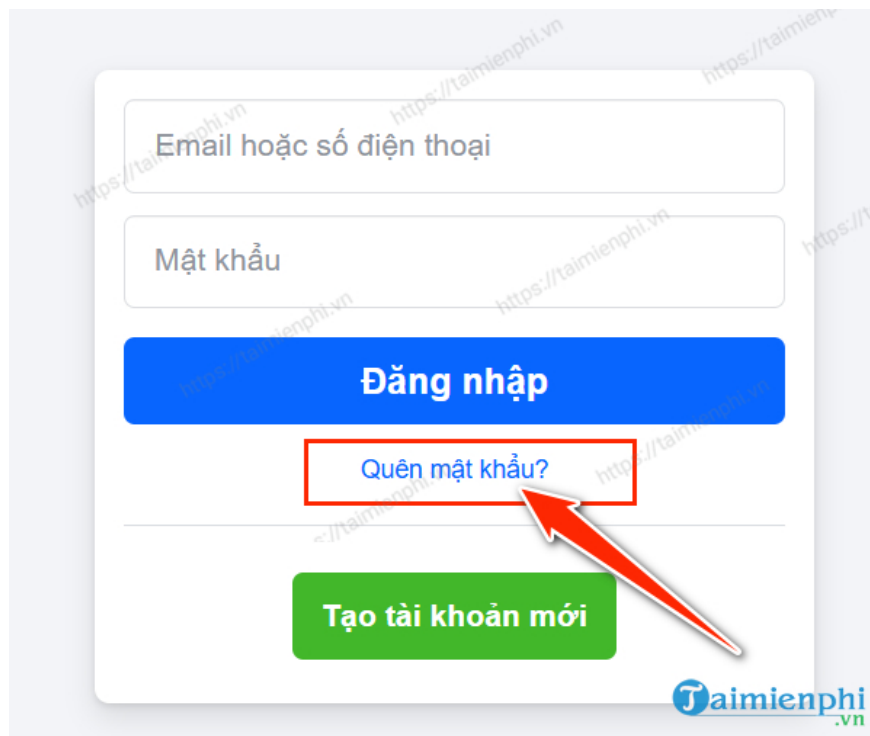
II. How to protect your Facebook account from being hacked .

I. How to recover your Facebook password

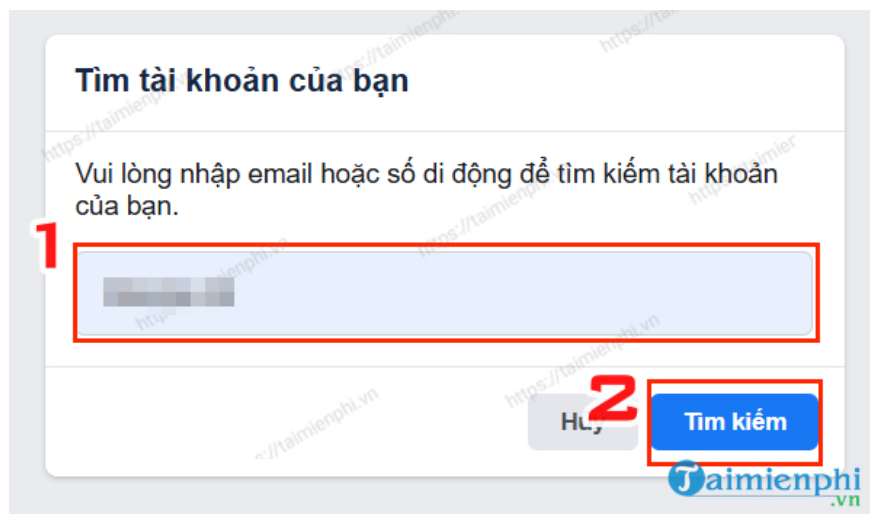
Note: This method allows you to recover your Facebook password using your phone number, Gmail, or WhatsApp account.

Step 1: Access the Facebook homepage **HERE**.

Step 2: Click on "**Forgot password**".

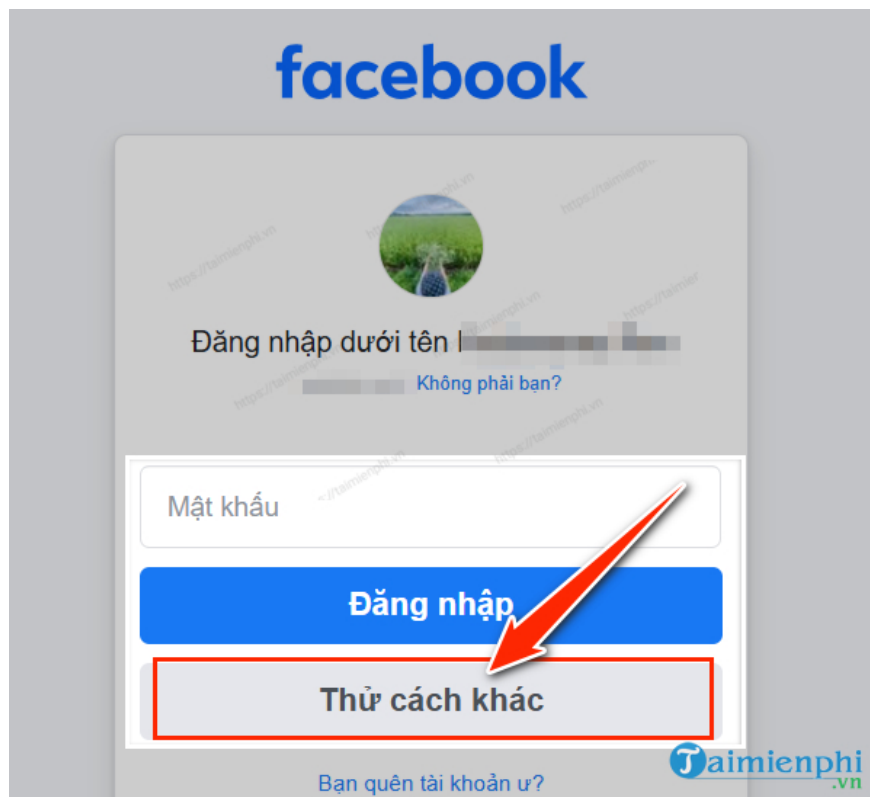


Step 3: Facebook will then display a **"Find your account"** notification . You need to enter your email or mobile number and then click **"Search"** .



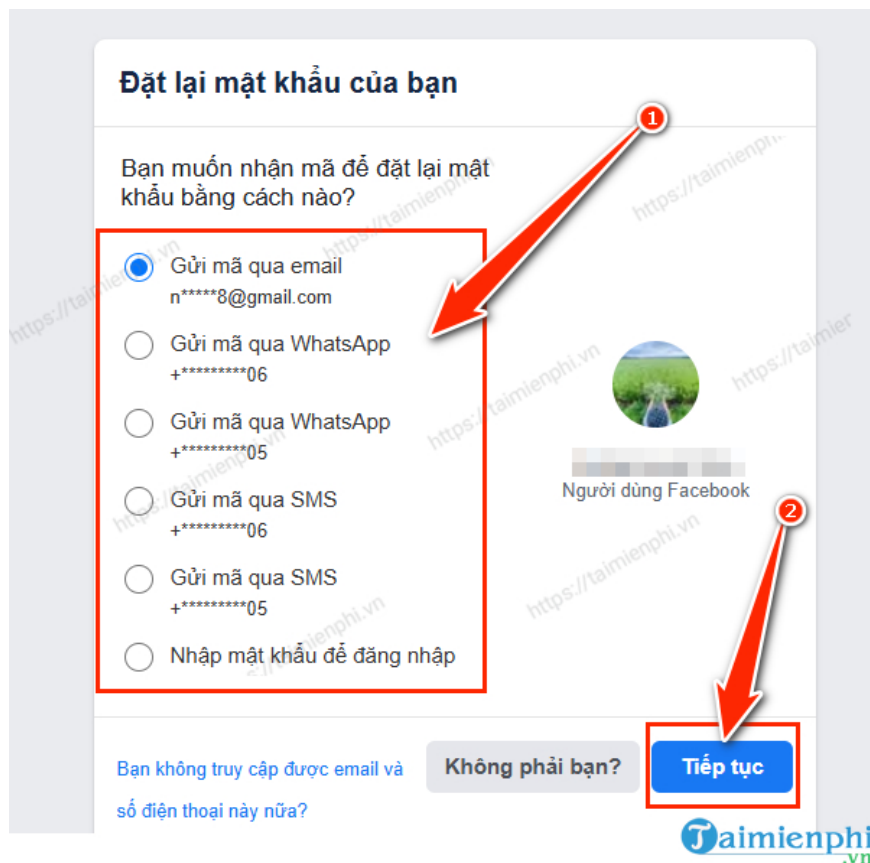
If you forget your Facebook password, you can follow similar steps. If you don't remember your registration information, please see the instructions below.

Step 3: Click on **Try another way**



Facebook will then ask, "**How do you want to receive the password reset code?**" You need to choose one of the following three methods and press **Continue** :

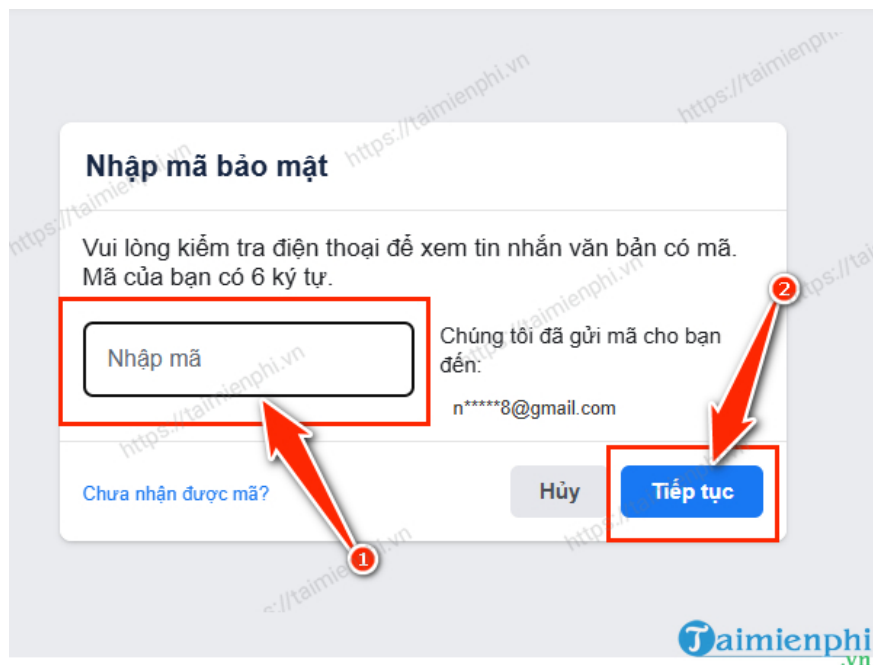
- Select "**Send code via email**": If you want to receive the verification code via Gmail.
- Select "**Send code via WhatsApp**": If you want to receive the verification code via WhatsApp.
- Select "**Send code via SMS**": If you want to receive the verification code via SMS.



Step 4: Before submitting the code, Facebook will ask for verification. You need to enter the letters **and numbers** correctly , then press **Continue**.



Step 5: Enter the **verification code** received from Email/SMS/Whatsapp and fill it in the blank field => click **Continue** .



Immediately after entering the information, a notification will appear allowing you to set a new password for your Facebook account. Please proceed to change your password.



For subsequent logins, please use this new password to log into Facebook. Remember to disable Unikey before entering the new password to ensure you don't type it incorrectly.

With the method of recovering your Facebook password using a computer described above, you can easily recover your Facebook password on your phone using the same steps.

II. How to protect your Facebook account from being hacked

To help users minimize the risk of having their accounts hacked, Free Download will share some effective ways to protect your Facebook account below.

1. Use strong passwords.

Your password is the barrier protecting your account from hackers. You need to create a strong password, following Facebook's instructions:

- Combine uppercase and lowercase letters, numbers, and special characters: For example: M@tKh@u123!
- Avoid using personal information: Do not use your name, date of birth, or easily guessable information.
- Use different passwords for each account: This helps avoid risks if one account is compromised.

2. Enable two-factor authentication (2FA)

Two-factor authentication is an effective way to secure your account. Here's how to activate it:

- Go to " **Settings** " on Facebook, select " **Security and Login** ", then find " **Two-Factor Authentication** ".
- Choose how you want to receive the code: You can receive the code via SMS or the authentication app.

3. Check which devices are logged in.

Regularly check the list of devices that have logged into your account:

- Go to " **Settings** " => " **Security and Login** ": Here, you will see a list of devices accessing your account.
- Log out of unfamiliar devices: If you see an unfamiliar device, log out and change your password immediately.

4. Be careful with external links and applications.

You absolutely must not click on any suspicious links:

- Be cautious of messages from strangers or friends with unknown links.
- Check app permissions: Check your "Settings" and remove unnecessary apps that have access to your account.

5. Protecting personal information

- Limit sharing personal information on your profile.
- Adjust privacy settings: Go to " **Settings** " > " **Privacy** " to adjust who can see your personal information.
- Lock your profile (if needed): The profile lock feature helps restrict strangers from seeing your information.

After recovering your account, you should change your Facebook password regularly to ensure security. If you use Facebook on your phone, please refer to the instructions on how to change your FB password on your phone from Tai Mien Phi.

Hopefully, this article will help you easily recover your Facebook password and learn how to protect your account, reducing the risk of being hacked. If you have any security-related issues, please contact Facebook's support team for assistance.

You finished reading the article "**Tips for quickly recovering your forgotten Facebook password.**" edited by the [TipsMake](#) team. We hope this article has provided you with many useful tech tips and tricks. You can search for similar articles on tips and guides. Thank you for reading and for following us regularly.
