

Tips for keeping Meta AI conversations private

If you don't want others to see your conversation, change the settings to set your conversation with Meta AI to private.

Meta and privacy aren't two terms that go together easily. Many users have paid a heavy price for realizing that their conversations with Meta AI are publicly displayed on the Discover Feed. If you don't want people to see your conversations, change your settings to make your conversations with Meta AI private.

The purpose of Discover Feed

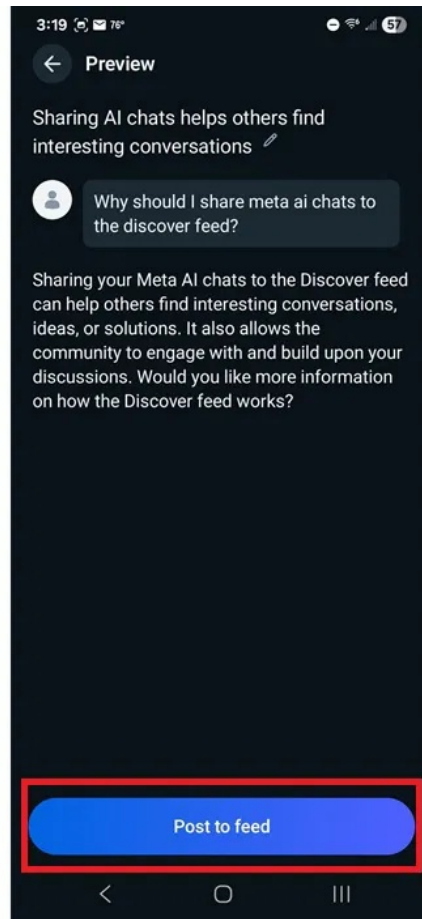
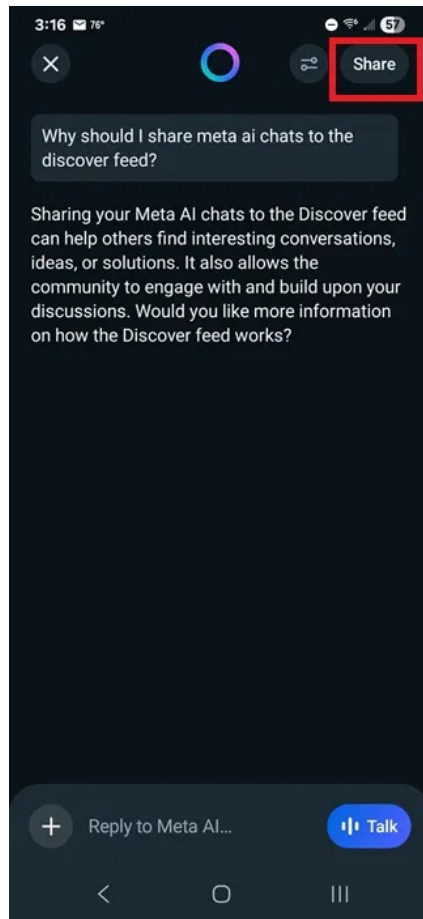
Most chatbots keep things simple – you chat, get a response, and move on. Meta AI attempts to incorporate a more social element, which makes sense considering Meta owns the most popular social networks .

What most users don't know is that the Discover Feed isn't limited to just your friends. Instead, it's publicly visible to all Meta AI users. Everything you share is visible to everyone. Depending on the type of conversation you're in, you might not want the whole world to know too much about you.

Avoid sharing your Meta AI messages.

To keep your Meta AI messages private, never tap the **Share** button . Close the share pop-up window if it appears. If it doesn't appear, simply avoid tapping the **Share** button in the upper right corner.

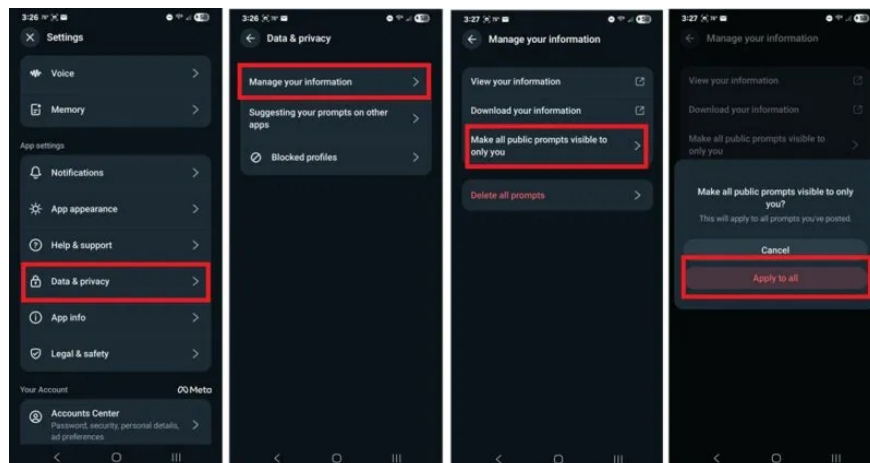
A warning message will appear before you share anything to let you know that what you're sharing is public. However, in tests, this message only appeared occasionally. As you can see in the screenshot below, there is no notification above the "**Post to feed**" button , and no pop-up warning appears either.



Do not share your messages on Discover Feed.

Many people fear accidentally clicking the **Share** or **Post to feed** button . Currently, there's no way to disable default sharing while still being able to share some conversations. It's either share everything or nothing.

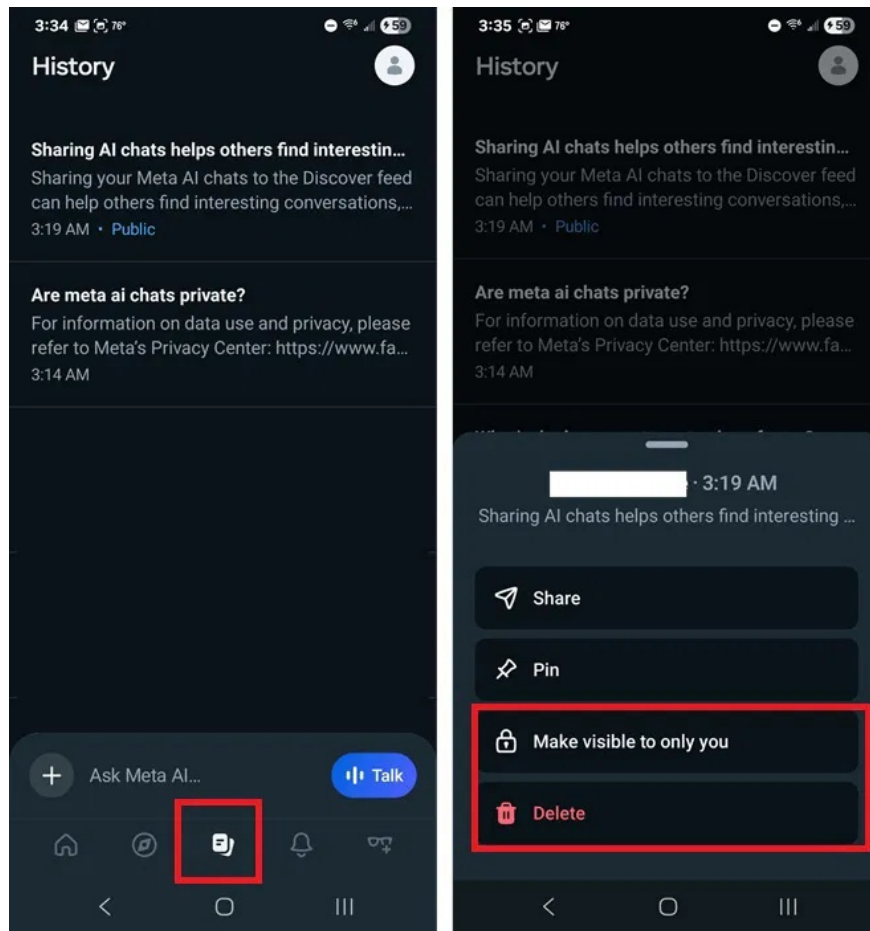
Tap your profile icon in the upper right corner of the Meta AI app. Tap **Data & privacy** -> **Manage your information** -> **Make all public prompts visible to only you** . Tap **Apply to all** .



Delete or stop sharing public conversations.

Tap the **History** tab in the middle at the bottom of the Meta AI app. Look for the blue **Public** tag at the end of the list of conversations. These are conversations shared on the Discover Feed.

Press and hold any publicly shared conversation and select "**Make visible only to you**" to keep the conversation but no longer share it publicly. Or, press "**Delete**" to delete it completely.



Remove direct messages from Discover Feed

If you've just accidentally shared a message, go to Discover Feed to quickly delete it. Tap the **Discover Feed** tab near the bottom left and tap the three dots at the top of your post. Tap **Make visible only to you** or **Delete**.

Discover



[redacted] Just now




Sharing AI chats helps others find interesting conversations


natdawnnature Why should I share meta ai chats to the discover feed?


Meta AI Sharing your Meta AI chats to the


[redacted] · 3:19 AM


Sharing AI chats helps others find interesting ...

 Reply

 Share

 Remix

 Make visible to only you

 Limit replies

 Delete



Share the message only with friends.

The only way to share a message with friends is to first share it to your Discover Feed. Then, press and hold the message in your history or tap the three dots next to your post in your Discover Feed. Tap **Share** , and then choose how and where you want to share it.

Currently, the only solution is to copy or download your content and upload it to your chosen platform. For example, if you've created images, open each image and tap **Save** . For text, press and hold to select the text you want, tap **Copy** , and then paste it into another application. Or, simply take a screenshot of your conversation and share it as an image on your chosen platform.

3:49 75°

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Copy


Save



This isn't as easy as tapping **Share** from the Meta AI app, but it's still better than sharing an awkward conversation with the whole world instead of just one close friend.

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