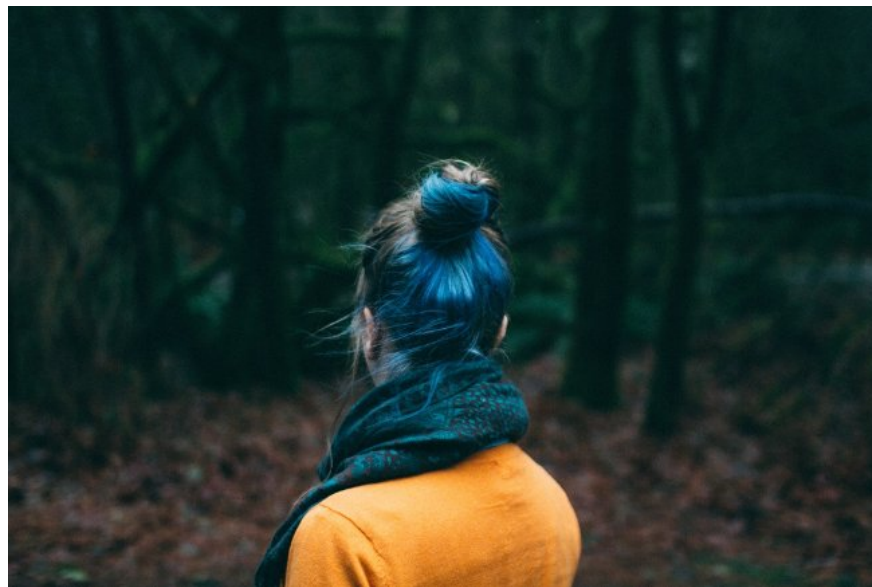


Things you should not do when you turn 24

10 things to stop doing immediately if you want a better life!

24 years old, you're still young but you're turning into a real adult stage. This time is when you should have thoughtful thoughts for your life and your future. So how to change life in a good way? Here are 10 things you should **stop doing right** if you want a **better life** .



1. Stop buying cheap clothes

When I was in my teenage years or early in my 20s, it wouldn't be a problem to buy cheap clothes and wear it only a few times and then change the new fashion. However, now that you are 24 years old, you are much more mature and this is the time to choose for yourself a serious **dress style that** suits you. Setting aside an income to "*invest*" in valuable "*suits*" is better than continually refreshing your wardrobe every few weeks.

2. Stop dating people who don't fit

You may have difficulty finding someone who deserves to spend time and care for them, but when you're 24 years old it is better to set standards for your partner in future. Don't waste time figuring out who you know is inappropriate or at least not the person you need. Sometimes, giving others the opportunity also imbalances your real life.

3. Don't mind what others think

Human instincts are to always worry about what other people think of them and no one likes to feel appreciated or criticized by others. However, if you are too concerned about other people's thoughts, you may lose sleep, even lose dreams or aspirations about the life you desire. First, trust in your own feelings and appreciation.



4. Don't blame your parents

Certainly, no one in this world is perfect, even your parents, it is normal for them to make mistakes. However, some parents' mistakes can affect you or your path more or less. But don't complain so much and blame them, change it yourself. Complaining does not bring good results but also makes things worse, causing a break in family relationships.

5. Stop dreaming fantasies but be realistic

We often daydream, set too many goals, but we can't do it yet. Now is the time for you to change, set new and more realistic goals at the age of 24. Do not be too fanciful dream about the ambitions that have been set for so long but still not done yet. This does not mean that you have to give up your dream, you can continue to accomplish that goal, but with a more concrete and realistic approach.

6. Discontinue financial management

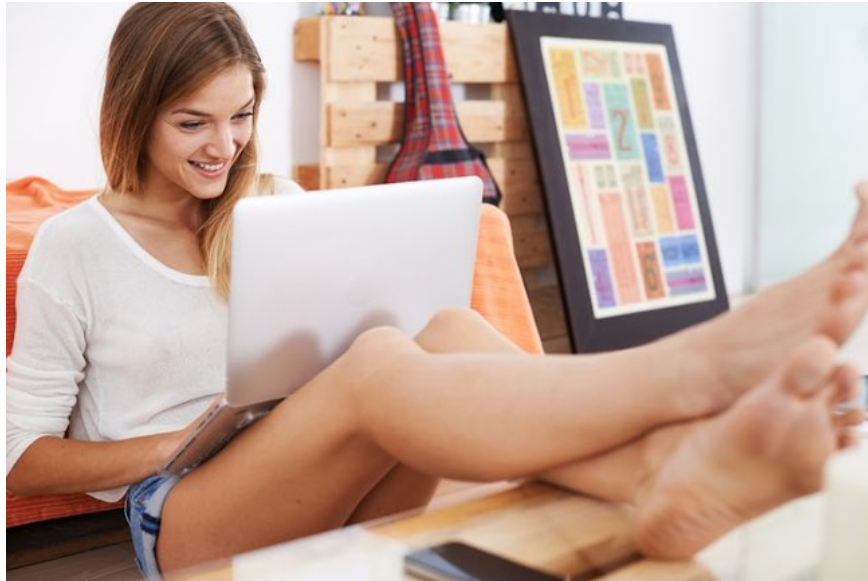
In the past, you did not have the habit of spending appropriately or had planned but not done, this is the time to build a financial foundation for the future. Start saving some money, plan your expenses well, or invest in what. If possible, plan for the financial after you retire.

7. Should not please everyone

You do not need everyone to love or agree with what you do, nor need to please them. Besides, not always willing to help others while you suffer. Learn how to say "no" to what you find unreasonable. Speak up your

opinions, stand your point of view and adjust only when necessary.

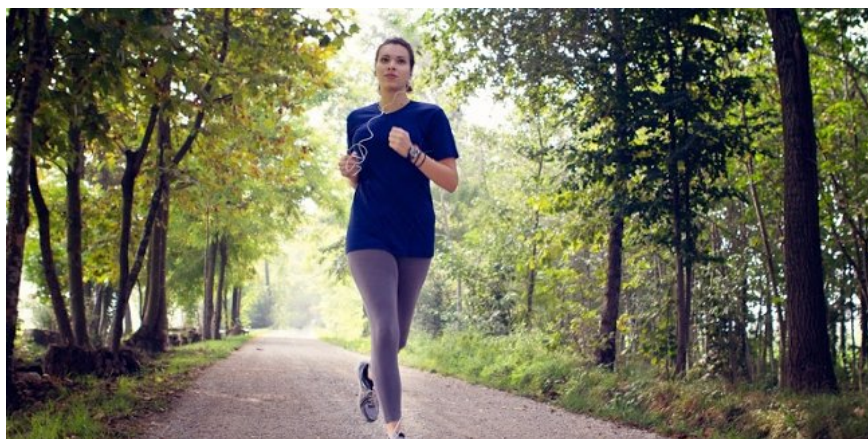
8. Don't waste a lot of time on the internet



This is quite difficult. Currently, almost everyone is *addicted to the* internet. They use it to find information, keep in touch with friends or spend their free time accessing social networks unconsciously . wasting a lot of time. Learn how **to set limits** on internet access time for yourself or can allow yourself to set aside a day of the week to get online.

9. Stop "devastating" your health

Most of us like to stay up late, drink a lot of alcohol and eat temporarily when we go to school without worrying about the adverse health effects later on. Unfortunately, at the age of 24 and then thirty, your body will age and the disease can come at any time. So start eating a healthy diet and limit staying up late to stay healthy.



10. Don't be messy

How many times have you had to find the key, wallet, car card or phone? Don't let clutter affect your life or your future. Create a neat habit to help your work and life become simpler and softer. So if you're still busy, start rearranging everything to master the time, completing everyday things without feeling too busy.

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