

Things to do to use the refrigerator efficiently and with less electricity

With these to-dos will help you use your refrigerator more efficiently and with less electricity, and also keep your refrigerator working like new.

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Things to do to use the refrigerator efficiently and with less electricity first

Check the gasket - rubber gasket of the refrigerator door

Loose or loose door seals allow cold air to escape, wasting energy and making your refrigerator work harder than it should.

First, check to make sure that the door seal of the refrigerator is not dirty. Clean it about twice a year using a toothbrush and a solution of baking soda and water.



Check the gasket - rubber gasket of the refrigerator door

You can try to check the gasket - rubber gasket of the refrigerator door by clamping the paper to the refrigerator door, if you can pull it out easily, the gasket - rubber is loose, you need to replace it.

2

Keep the outdoor unit of the refrigerator clean



Clean the outdoor unit of the refrigerator every 6 months

When the outdoor unit is covered with a lot of dust, the refrigerator will not be able to operate effectively. You should clean it about twice a year using a toothbrush or soft brush to sweep the dust, and it is recommended to use a vacuum cleaner.

Depending on the refrigerator, the outdoor unit position may be behind or below the refrigerator.

3

Adjust the temperature of the refrigerator accordingly

Keep the refrigerator compartment temperature between 3°C and 5°C and the freezer-freezer temperature between -18°C and -16°C

4

Let food cool before putting it in the fridge

Food that is cooked or hot must be allowed to cool completely before being placed in the refrigerator.

5

Don't leave the fridge empty



Keep water in the fridge

Refrigerators need foods to maintain a low temperature. Cold foods and drinks help absorb hot air when you open the door. If you don't have much food or your fridge is too big for your needs, keep a few extra bottles or jugs of water in the fridge.

6

Limit opening the refrigerator door during a power outage

If your home has a power outage, use food stored outside. The refrigerator when there is no electricity, if the refrigerator door is not opened, the food will be kept safe for four hours; freezer – freezer will maintain temperature for 48 hours if full of food and 24 hours if less food is available.

See more instructions [How to use the refrigerator](#)

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