

# Things the bride needs to prepare to have no trouble at the wedding

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Any bride wants to look beautiful, gorgeous in a perfect, meaningful wedding. Any incidents that occur during the wedding will also affect happiness during this great happy day. Therefore, the bride needs to prepare everything carefully so that there will be no unexpected problems on the wedding day.

## 1. Health care

Before the wedding, you have to take care of a lot of work from shopping for weddings, wedding dresses, wedding photos, guest list, guest invitation, location selection, wedding set . and lots of Other unnamed work. So it is very likely that your health will be affected. You need to pay more attention to the diet to always have the energy to prepare for your wedding.



An inadequate diet can make you suffer from physical weakness, stomach pain, pale skin . Certainly no bride wants to appear in front of everyone at her wedding with a sick look weak, lifeless. This will reduce the happiness and meaning of the big day in your life.

On the other hand, you also need to focus on eating, avoid gaining too much weight because the wedding dress has been booked in advance, if your measurements suddenly change, you may have problems with your wedding dress. me

## 2. Facial care

To become a truly beautiful and gorgeous bride, you need to pay attention to facials. If you don't want your wedding day to be swollen and have dark circles, try to get enough sleep. Being busy, stressed out with wedding jobs will make you more likely to get acne, so take care of your skin carefully so that no spots can suddenly "visit" you on your wedding day.



If you suffer from acne on your wedding day, apply a medicine or toothpaste to reduce the swelling and use concealer to cover the acne. After the wedding is over you have to clean the page so that the acne quickly disappears. As for dark circles, the fastest treatment method is to take the used tea bag or a raw potato on your eyes and relax for 15 minutes, combined with massage the eye area, dark circles will quickly fade go. After that, you also use concealer and foundation cream so no one can see this dark circles.

Best if possible, before the wedding day about 1 month, you often apply a mask, providing nutrients to the skin to smooth, ruddy, full of life.

## 3. Check the wedding dress

Before the wedding day, you should check your wedding dress carefully to see if the person who delivered the wedding dress delivered the correct dress. Because wedding dresses are mass-made for many brides, with each bride having different measurements, people will squeeze the width or loosen the dress accordingly. So it is best to try it again just before the official wedding takes place to confirm if the dress is just right for you.



Besides, wearing a dress also helps you discover the error of the wedding dress. Chances are the body of the dress is torn or the lock is broken, the straps are broken, your bra is not suitable for this wedding dress . you can still fix it in time.

In the event that it is almost time for the wedding ceremony to take place, you will discover the error of the dress, be really calm, ask for help from the people around you, quickly take a temporary sewing needle or tape pins to Pin inside if the skirt is broken.

#### **4. Check wedding shoes**

During your wedding, you are the main character so you will have to travel a lot to perform the rituals and greet the guests. You need to check your wedding shoes carefully to see if there are any problems.



Stand in front of a mirror and try to observe to see if your shoes are beautiful when you wear those shoes. If you wear those shoes for a long time, do you have swelling in your heels and leg pain? Check if the heels are solid? In case your heel may suddenly break.

If your wedding dress is tight and your shoes are not open, you don't have to be too picky to choose a pair of beautiful shoes that only need a pair of shoes to help you walk comfortably.

## **5. Prepare necessary items**

To prevent unexpected incidents, you should prepare necessary small items such as headache medicine, tissues, wet towels . stuffed into small bags and take with you.

You should also bring a cake, a box of milk or a little candy because of the busy wedding day, you often eat and drink through the speakers, if you are too hungry and suddenly have low blood pressure, you can eat immediately to get back health.

On the wedding day, you will most likely be touched and cried, affecting the make-up, so bring some cotton to clean up your makeup and a small chalk box to always look perfect on your wedding day. .



These seemingly simple items are very necessary, especially for brides who get married far away and have to travel on a long road.

You don't have to worry when you think you have to keep a small bag in your hand all the time. You only need to send these items to your best friend or those who will be with you until the end of the wedding. And especially, on the wedding day, you will always walk with the groom, so you can put these things into the pocket of the groom's vest for convenience when needed.

## **6. Talk to parents and relatives**

Before the wedding day, you should confide in your parents and siblings about your emotions when you are about to leave your family and go to work at other people's homes. This is when you and your parents can spread your heart and even cry.



This will help you not be too emotional and cry during your wedding when you hear the advice of your parents and parting with your family, officially go home to your husband. Tears will blur the make-up, even if the eyeliner and mascara are washed away, you won't look beautiful anymore.

Always be smiling to adjust your mood, lifting your eyes up if you feel touched so that tears won't flow. If you are a teary-eyed person, you should be mentally prepared to control your emotions, not to think too much about leaving your family and thinking that you will be happy with the person you love. .

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