

# The standard shaving method helps to shave clean & regrow

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## Mistakes men often make when shaving

1. **Shave in the evening:** Not so excited that you can shave. Especially in the evening when the skin becomes more sensitive than ever. If you shave at this time, you will increase the risk of scratching. Advice is that you should start shaving in the morning right after waking up.
2. **Do not wash your face before shaving :** Many men do not wash their face before each shave. However, this work is very important. A clean face wash not only eliminates sebum, dirt, but also helps prevent water penetration to make shaving easier.
3. **Dry shave :** Clearly when you dry dry you will save a lot of time, not having to manipulate many steps. But a dry shave makes you face very high scratches, which can cause skin irritation, rashes or pimples around the shaving area.
4. **Sharing razors:** This is a fairly common habit. But did you know that sharing razors is dangerous and increases the risk of spreading the disease if the shaving area is unfortunately scratched? Give up this ugly habit right away.
5. **Do not take care of your skin after shaving:** If you do not care your skin after shaving will make the skin more dry, red.
6. **Shaving too hard:** Doing this accidentally causes the beard to regrow faster.

7. **Shaving in the wrong direction:** The **right direction of shaving** is the direction of shaving. If you shave in the opposite direction, the pores of the skin are open and can damage your skin.
8. **Do not clean the razor:** When you do not clean the razor before or after shaving, it will cause bacteria, itchy mushrooms to accumulate for a long time, badly affecting your skin.



## Instructions on how to shave clean not regrow

### Step 1: Prepare

- This is a significant step as you go along with the shaving process. Firstly, do a facial cleansing to get rid of sebum, dirt, help open pores and also make the beard softer. This will be very helpful for making the shaving process convenient and easier.
- The advice is to shave in the morning, after taking a warm bath. You can also use a high glycerin shaving cream, avoiding products containing menthol, as they can clog pores, stiffen facial hair and numb the skin.
- Choosing the right shaver is also what you need to prepare. You can base on the stiffness of the beard, your favorite shaving method, skin type . to choose the right shaver type.
  1. For men with thick beards and sensitive skin, you should use a traditional multi-blade razor.
  2. If you have acne and you need to shave an area, try an electric razor.

- Next, always make sure that the razors you choose are clean and they are always sharp.

### Step 2: Shave

Use the shaving brush to apply shaving cream evenly in a circular motion. Doing this will create a lather that will make shaving easier.

When you start shaving, use your hands to keep the face tight and gently glide the razor.

The right direction for shaving is to shave in the direction that the beard grows. When you shave in the opposite direction, the pores of the skin are opened and can damage your skin.

Avoid applying too much force to the razor to prevent wrinkles from appearing and may cause the hair to grow back quickly.

### **Step 3: Clean the shaver**

Cleaning is an undeniable step that helps prevent bacteria from growing to ensure the next shave.

### **Step 4: Skin care after shaving**

- After shaving, wash your face with warm water
- Then rinse with cold water to tighten the pores and soothe the skin
- Gently apply an appropriate amount of after shave lotion to moisturize skin, avoiding alcohol-containing products as they can dry out the skin. You can use creams rich in vitamins E, B3, pro-vitamin B5, replenish moisture, soothe and enhance skin vitality.
- In addition, after shaving for about 1 day, you should use more lotions to care for the shaving area to make the skin soft, not dry and make the beard grow longer.

Above is a guide on how to shave properly, clean and regrowth. Please record and apply to always get the most handsome man!

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