

The new experiment shows that drinking a beer makes you happier and friendlier

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Accordingly, researcher Matthias Liechti, head of the Psychopharmacology Research Institute at the University Hospital in Basel, Switzerland, said he and his team have done a small experiment showing that drinking a beer can help people. It is happier, the most obvious expression on the face as well as they can enhance the concern, as well as have more positive emotions in every situation.



To reach this conclusion, the group studied the experiment on 30 men and 30 women then randomly picked and conducted beer equivalent to about 0.4 grams per liter, this is the ratio of absorbed beer on average, the amount of beer absorbed is calculated, fully inventoried and given in accordance with the body weight. The other half gave fake alcohol without alcohol.

Later, these two groups began to perform various experiments, including facial recognition and expression, empathy, emotional exercises in different types of situations as well as ability to click. love sex.

Experimental results show that people who drink beer in the correct flow are considered to be more excited, happier, expressing clearly on their facial muscles, and emotionally coping in any positive situation rather than those drink alcohol-free fake beer that is most evident in women.

In addition, when watching pornographic images, the class of people who drank real beer was more emotional and easily caught up with the stimulating emotions more quickly than those who drank non-alcoholic stereotypes.

' *This is a really interesting study, clearly showing the social role of a beer for human life, emotions .* ' - Dr. Wim van den Brink, a former scientific leader told the ECNP Science Program Committee.

However, this positive level of happiness and emotional sensitivity takes place with the frequency and effectiveness of expression. It depends on the difference between men and women, the ability to absorb alcohol separately for each person. . and many social and cultural factors available in that person.

This research has just been published in the journal Psychopharmacology.

Huynh Dung (According to UPI)

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