

# The 'horrifying' facts about the navel startle you

Let's learn some interesting facts about the umbilical cord to better understand your body.

We are so familiar with the belly button in the middle of the abdomen and always feel that it is an excessive part, it has no effect at all. So why do people have this small part? Let's learn some interesting facts about the navel to answer this question and get a better understanding of your body.

In fact, the umbilical cord is just a scar on the human body, formed when we are cutting the umbilical cord at birth.

## Not everyone has navel



It may seem strange and fabulous but the truth is that a few people in the world do not have this part because of the gastroschisis syndrome (transient intestinal bloat) or umbilical hernia at birth. A part of the intestine protrudes from the abdominal muscles so the doctor must perform surgery to fix this intestine. This causes the umbilical cord to distort and gradually disappear.

## Umbilical cord is the dirtiest place on the body



There is a terrible fact that, although the most navel is small and is always hidden under layers of clothing, it is the home of 2368 different species of bacteria.

## **Navel in men is more than women**



Umbilical cord consists of dead skin cells, thin hair, thin fibers along with human body dirt. Because the umbilical cord usually develops on the male body, especially middle-aged, hirsutistic men or a history of obesity, men have more cord blood than women. To ensure cleanliness on the body, experts recommend that we regularly shave the area around the navel.

## **Huge collection of navel feathers**



Graham Barker is the person recognized by Guinness Book of World Records as the person with the largest cord blood collection in the world. This unique collection of Graham Barker has a volume of up to 22.1 grams accumulated from his own umbilical cord since 1984, causing many people to shudder.

## **Navel piercing heals very long**



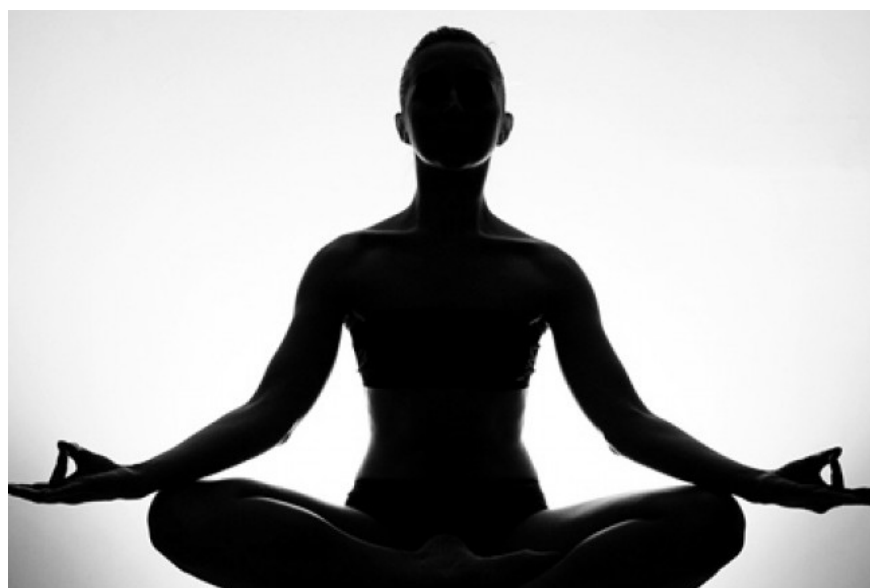
Umbilical piercings are the same as clicking on earrings or eyebrows quite popular among young people. But to press the hole to be healed, it takes about 6-12 months. If not carefully maintained, the click will be very susceptible to infection that is dangerous.

## **Cheese made from bacteria in the navel**



Only hear it is scary, but actually there is a type of cheese made from a group of bacteria in the navel made by a scientist from Dublin, Ireland. Not only that, he also "took advantage" of bacteria in the armpits, toes and even his mouth to make cheese. Unknown, how many people in the world dare to enjoy these cheeses.

## **Umbilical cord is used as a method of meditation**



Omphaloskepsis is also considered a rather popular and effective method of Greek Catholic pastors on Mount Athos. People who follow this method believe that meditation by concentrating on the navel helps them to look more widely at the glory of the gods.

## Earth also has a "navel"



The Earth actually has a giant navel located at Grand Staircase-Escalante National Monument, Utah. Estimate. The navel is nearly 20 meters deep in the geological area of ??about 216,000 years old.

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