

The happiest and most difficult times in marriage

Marriage is wonderful, but do you know when the happiest and most difficult years will take place?

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Marriage is wonderful, but do you know when the happiest and most difficult years will take place? Not all couples in the world today can realize that their **efforts are necessary in family life** . According to figures given, 950,000 marriages in Europe (*out of a total of 2.1 million*) eventually ended in divorce.

A study by **Slater** and **Gordon Lauyews** identified the **happiest year and the most difficult year** of almost every marriage in general. You can refer to the following content to learn about the factors affecting family happiness!

3 years



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The idea is that **love only lasts for 3 years** . After that, a couple will break up or their relationship becomes less stable. In fact, after 3 years in a marriage relationship, people tend to accept partner weaknesses and therefore feel more comfortable.

Usually, in the third year of family life, a couple will decide to give birth. Therefore, their relationship becomes stronger and **the third year is the happiest time in marriage** .

5 years



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But the first real problem can start in the fifth year of marriage. During this time, the children are still quite young need more care. This makes it difficult for two people to combine work, family and other everyday problems.

Therefore, after 5 years of living together, many couples began to think about divorce and went to see a lawyer. **This year is arguably the most difficult in marriage** .

7 years



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If a couple lives together after 5 years of marriage, another barrier awaits them. **This is the 7th year of marriage that experts call "walls"** . This time, family life becomes a habit. There may also be financial problems, child care and quarrels about sharing family responsibilities.

This is a complicated time . If any husband and wife can overcome it, marriage will be strong and extremely happy.

Here are some factors to avoid if you want to keep family life strong:



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1. **High expectations** : Many people find that couples often divorce more in the spring and fall. By the time before, they tried to give their marriage a second chance. If not successful, divorce is inevitable.
2. **Silence** : Experts have conducted an experiment among young couples demonstrating that even discussions about movies can reduce the risk of divorce by half. So talk about the difficulties in your family life to really save your marriage.
3. **Lack of relationship building skills** : Having many siblings in the family means less divorce as an adult. Scientists believe that people who grow up in large families have more skills in building relationships. In the future, this skill can help them save their own marriage.
4. **Lack of listening attention** : If one of the two partners does not want to hear when there is disagreement, the risk of divorce is higher.
5. **Life on social networks** : Social network users often have romantic relationships and social networks contribute to serious problems in marriage, leading to divorce.
6. **Financial controversy** : Couples often argue that money tends to divorce even more, even if their income is high.
7. **Low educational level** : The study determined that those with higher education levels had a lower divorce rate, regardless of their gender or country of residence.

Avoid these mistakes, you will have a long and happy marriage together.

See also: What type of bag do you usually wear? That will reveal the personality inside you

Having fun!

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