

# The best step counter app for Android and iOS

Instead of buying specialized health monitoring devices like smart watches or expensive health meters, you can take advantage of your smart phone through step-by-step applications to track your habits. everyday walking walk.

With the development of today's technology, everything we do can help with the technology's help to make it easier. For example, counting daily steps can also use technology, and applications on smartphones will help you do that. It's great that they can count the number of steps you take, the number of steps you climb, the amount of calories you consume, and so on. Here is a list of step counter applications on iOS and Android that you should consult. .

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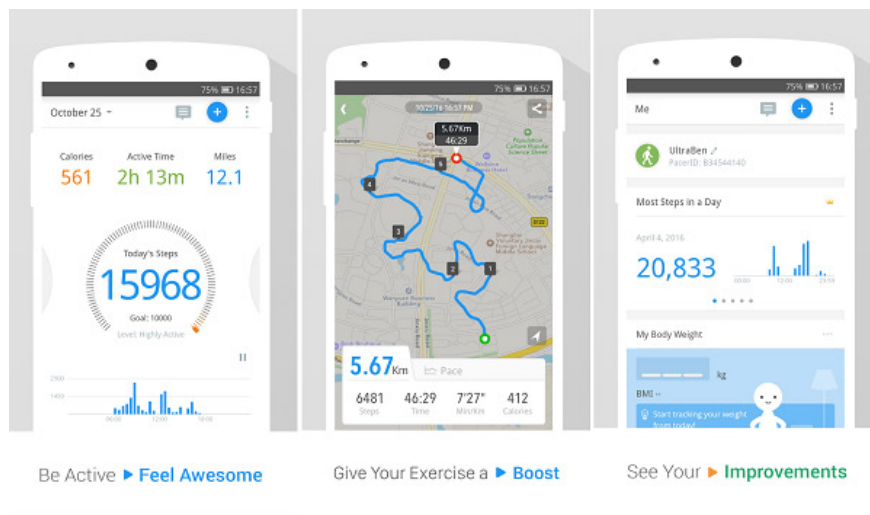
## Footstep counting app on Android

### 1. StepsApp

The application called StepsApp is a special application that helps you turn your smart phone into a simple and beautiful pedometer. StepsApp is compatible with most smart devices, this application offers many beautiful interfaces for users to freely choose according to their preferences. With StepsApp, you will feel that practicing walking, jogging or exercising every day becomes more interesting and meaningful.

1. Download the StepsApp app for Android.

### 2. Pedometer, Step Counter & Weight Loss Tracker



If you are looking for an application to help you lose weight by practicing new and free sports, then Pedometer, Step Counter & Weight Loss Tracker will be a perfect choice. Not only do you monitor your steps and calorie consumption, this app also reminds you to practice and complete your goals, as well as to monitor your weight.

1. Download the Pedometer app, Step Counter & Weight Loss Tracker for Android.

### 3. Accupedo

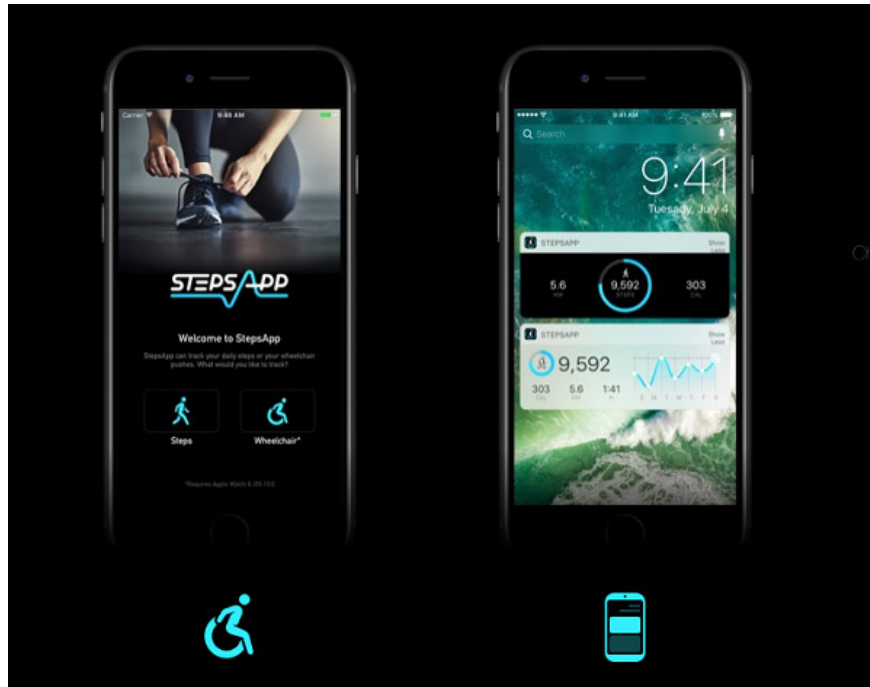


Accupedo provides close tracking charts and smart design based on your footsteps. In addition to features similar to many other step counter applications, Accupedo also offers a battery saving mode that does not require you to spend too much power on it. Especially, with the achievements, you can share on Facebook personal page to show off your achievements and ask your friends to contribute useful advice for you.

1. Download the Accupedo app for Android.

## Footstep counting app on iOS

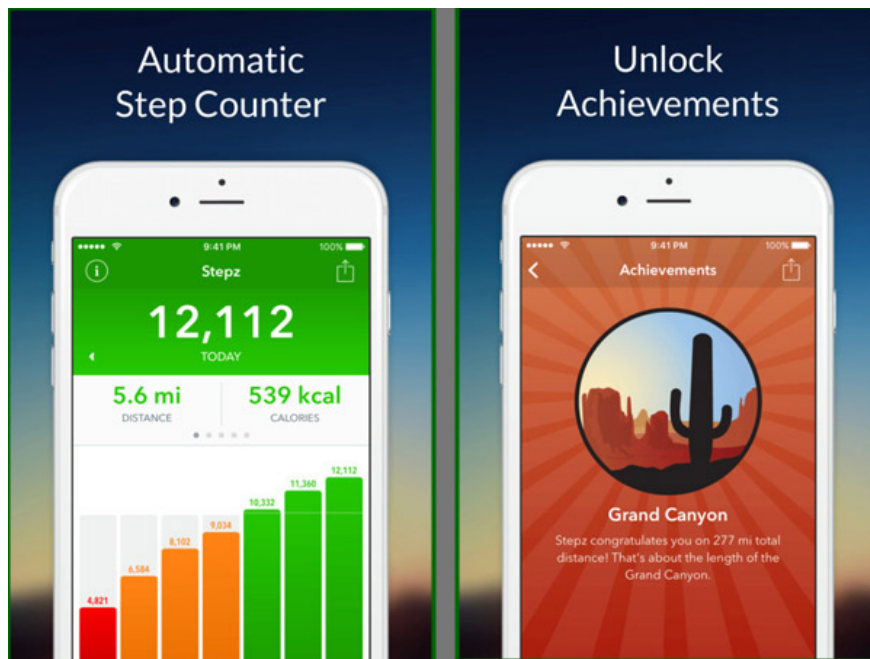
### 1. StepsApp



As mentioned above, StepsApp is suitable for most smart devices including devices running Android or iOS operating systems. This is really a very good step counter application, you can download and experience to see this clearly.

1. Download the StepsApp app for iOS.

## 2. Stepz



This is a free step counter application that helps you keep track of basic data such as the number of steps taken, distance, calories consumed, exercise time, etc. Like some other applications, Stepz also sets target 10,000 steps a day, however you can customize that number according to your ability or let the application create an "auto"

goal based on your walking history. The most convenient feature of Stepz is the number of steps you can walk displayed at the main screen without access to the application.

1. Download the Stepz app for iOS.

### 3. Walker

With the exception of the step count, the Walker application has the same features with the Stepz application above. The advantage of this application is the beautiful interface and it displays information in different interesting ways. For example, you can view each date range (instead of only being viewed by day, week, month, year as other applications). Walker also has a GPS component that allows users to map the route to run, but developers recommend this feature may cause battery drain.

1. Download the Walker app for iOS.

Instead of buying specialized health monitoring devices like smart watches or expensive health meters, you can take advantage of your smart phone through step-counting apps on Android and iOS. We have just introduced to follow daily walking habits.

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