

# The Apple Watch has an extra sleep tracking feature

The acquisition of Beddit with the Beddit Sleep Monitor app is creating much speculation for the sleep tracking feature on the new Apple Watch.

After the acquisition of Beddit, the owner of Apple's Beddit Sleep Monitor, the tech industry is questioning whether Apple Watch will feature user sleep tracking during its launch event next week. or not.

Accordingly the new feature has an internal codename Burr Burrito, commonly known as "Time tracking in bed". And as the name implies, users must wear an Apple Watch when they go to sleep so that the device can measure sleep indices using the combined sensors to monitor sleep quality through sleep movements, heart rate, sound. All of these parameters are transferred to statistical data for the Health and Sleep applications on the Apple Watch. To be able to sleep while wearing the Apple Watch, Apple also calculated a feature that reminds users to charge before leaving it overnight.



In addition, many sources also said that the alarm mode on the Apple Watch has an additional vibration option to avoid startling the user when the phone rings, automatically turning off the alarm when you wake up earlier than the alarm. Set alarms will only play on your Apple Watch and use your iPhone as a backup for your alarms. Do not Disturb does not disturb mode is automatically activated via the new sleep tracking feature on Apple Watch.



Currently, the media is only predicting that the new Apple Watch version will have some minor software changes. As for the new features mentioned above for Apple Watch is still open.

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