

The 5 greatest athletes of the ancient Olympic congress

With the lively atmosphere at the Rio 2016 Olympic Games, let's go back to the time to learn about the 12 ancient Olympic congresses held at the foot of Olympia, Greece and the names of legendary athletes in Mankind history.

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1. Theagenes of Thasos, a Greek boxer



This is the most successful athlete in the field of sports in the world. During his 22-year career, he is said to have won 1,300 times.

Theagenes was the first athlete to win in both boxing and pankration in the Olympic Games in 480 BC and 476 BC.

Theagenes also won the championship in 21 other tournaments in Pythian, Nemean and Isthmus games. He even won the crown when he won the long distance race held in the city of Argos.

Theagenes was **an invincible athlete** for more than two decades and became a respected legend.

2. Leonidas of Rhodes, the athlete who runs



Leonidas - a running athlete has won **the laurels** in three categories at the Olympic Games in the 164, 160, 156 and 152 years.

Leonidas competed in many different sports and won 13 medals in the history of the Olympic Games. This is an admirable record, he won the last championship at the age of 36.

3. Gaius Appuleius Diocles



Diocles has participated in more than 4,200 competitions, mainly horse-drawn racing and won the first place at 1,462 times and won second place 861 times in his 24 years of competition. Bonuses in tournaments make Diocles one of the richest people in Rome at the time.

Appuleius Diocles has earned 36 million Roman sesterces equivalent to more than \$ 15 billion today, according to research by Professor Peter Struck of the University of Pennsylvania. That amount is enough to pay the wages of the entire Roman army for more than 2 months.

4. Diagoras of Rhodes



Diagoras is the head of one of the most famous sporting traditions in ancient Greece. He won the crown at the Olympic Games in 464 BC in boxing.

Diagoras has been honored as a **periodonikes** - an honor for sports athletes to win at 4 major events.

Diagoras's 3 children are all excellent athletes and become champions in boxing or pankration.

At the 448 BC Olympic Games, two sons of Diagoras, Damagetus and Acusilaus, won the competition categories, they carried their father on their shoulders and went around the arena to celebrate.

5. Chionis



Chionis was an outstanding athlete in the Olympic Games of 664, 660 and 656 BC.

He set a record when he won 3 times in a row and this record was maintained for nearly 200 years.

Chionis is also an excellent jumper, with a 15.8m long jump. Most historians believe that achievement can only be achieved if the total length of 3 steps is calculated. This 3-step pedestrian was held at the ancient Olympic Games.

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