

The 103-year-old old man goes to the internet every day and shares his secret to a long life of fun ... a cell phone

At a nursing home in Guangzhou City, Guangdong Province, China, Mr. Li, who is 103 years old this year because he is holding a cell phone and a computer every day, has become an adorable and fashionable old man. Most 'here.

The rare thing is that although he is very studious and likes to learn new things, Mr. Ly still has his own judgments, not indiscriminately believe in false rumors. " *The web is growing now, news is everywhere, but he has his own judgment, not indiscriminately believing in bullshit rumors .*", "He likes to think about problems, Every day, he asks why many times, Baidu (an application similar to Google) is a great help for him " .

According to Mr. Li, the development society, people live to grow old to learn old, learn more for themselves new knowledge, less interested in negative news, so they can be optimistic, happy every day. .



What? Why? Everyday I like to ask "baidu"

In the first month of spring, although the epidemic has not completely ended, but for those in the nursing home like Mr. Li said, life is still a simple, quiet and safe as always. day. When the correspondent of Guangzhou Daily newspaper came to Mr. Ly, he was lying there leisurely, enjoying himself at music, Beethoven, Mozart . These are the musicians that Mr. Li likes the most.

Mr. Li told reporters that in 2015 he unfortunately fell down, making everyday life a bit difficult, so he signed up to the nursing home in, since then has been 5 years.

Because of the plague, in the immediate future, the nursing home is still in a closed state, but this does not affect the lives of the men and women here. Every day at the hospital, in addition to daily sleep and food activities, Mr. Ly still talks to others, and regularly watches the news and read the news online.

"Actually his biggest hobby is ancient poetry, he likes to read, like to memorize, like to discuss poetry . " In Mr. Li's daily life, whether watching TV, going online to read news or talking, the "main character" in his heart was always ancient poetry.

While listening to Mr. Li recite poetry, the reporter could not help but be impressed by his erudition, optimism, and open personality.

The reporter later found out, Li's favorite newspaper is "Reference Information", his favorite channel is China Central Television, educational news channel or programs. about ancient poetry. The name of the television program, even the name of each MC, Mr. Li is as clear as the palm of his hand.



Mr. Li is 103 years old

"BRT, GDP, APP, but this, you all know it!"

What admired the staff and the grandparents in the hospital was Mr. Lee's extremely strong energy and learning spirit. Manager Phung Na told reporters, Mr. Li is an extremely self-conscious, disciplined, calm, very calm handling. Especially the ability to learn, lifelong constantly learning, learning new things, acquiring many new concepts. Every time he encountered a new word or thing, he would go into research.

" In the past, you had three dharmas: the world map, the idiom dictionary and the Xinhua dictionary, but now that science and technology has developed, your son has taught you how to use computers and phones, something you don't understand. he will go to the phone to find out, now most of the time he uses his phone to study, so the phone is an object of separation, "Mr. Li said.

"Study more, think more, bullshit will laugh except for"

Mr. Li's two sons, one from a foreign country, the other a lecturer at Jinan University, Guangzhou, the three often use video calls to talk to each other.

Even the newly appeared nouns, Mr. Li not only gladly received but also actively used the phone to look up.

He told reporters that in recent years there are many English abbreviations, which people use but do not know what they mean, in fact it involves a lot of knowledge. " *For example, BRT, people sit every day, but don't know its Chinese name for express train station; GDP, every day people see numbers on television, watch how much increase? How much reduction? But where is the increase? Where is the decrease? And the APP in the phone, what is it? Your old friends use it every day but don't know if it is an application on the phone .* "



He shared the secret of his long and healthy life is the phone

Talking about the plague this time, Mr. Li is very serious. " *The World Health Organization WHO calls this plague a new strain of pneumonia, the English name is Covid-19, COVI is the English abbreviation of the corona virus, and D is the first letter of the word disease. in English, 2019 represents the first year of discovery or reporting.* " Mr. Lee shows his solid expertise.

When it comes to Mr. Li's past, everyone praised him as an "almighty" person. From 1934 to 1938, Mr. Lee attended the Economics Department of Tsinghua University, one of the top universities in China, then transferred to Kunming Southwest University because the school was occupied by Japan. After graduating in 1940, he worked through various occupations "Perhaps because working in many different professions, learning a lot, asking a lot, naturally, he will have his three views, his own judgment". Mr. Li said.

Reporters during the interview discovered that, although not leaving the phone and computer, like to read all kinds of news, Mr. Li has never been wavered by unfounded rumors.

In Mr. Ly's phone, there are many chat groups, elementary groups, high school and university groups, and the Thanh Hoa student group. Every day there is a lot of news, he said: " *Thanks to the development of science but now the Internet becomes popular, there is news of any kind, but also very irresponsible news. automatically brain, just call it said, not blindly believe.* "



Talking about nursing issues, living a long time, Mr. Li did not over-emphasize this issue. For him, the modern living standard is getting higher and higher, almost everyone has focused more on the issue of nursing, living to a hundred years old is not too difficult, " *the life of the old owner it is essential to have discipline, brainstorm a lot, live to grow old to grow old, that's why we can keep up with the times.* "

Interestingly, even the secret to his long life, Mr. Li also attributed to the phone " *has a phone, although you can not meet face to face, but you can still see each other over the phone, can know a lot of information every day, care about positive inspirational stories, the natural mood will always be happy, youthful* ".

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