

# The 10 most 'surreal' competitions at the 2016 Rio Olympic Games

The Olympic Games are the most popular sporting event in the world, but there are some sports with special content. Here are 10 of the most bizarre sports in the 2016 Summer Olympics.

The Olympic Games is one of the most popular sports competitions in the world, in which some competitions with " *special* " content. Surely, you still don't understand how to play all the sports that are played, where it comes from and when it was in Olympic competitions. Here are 10 " *weird* " **sports in the 2016 Summer Olympics** :

**The best 10 "video" sports videos are available at the Olympic Games.**

## 1. *Walking Walking ( Race Walking )*

Athletics sport walking is one of the most " *bizarre* " sports. It's not like a competition but like a group of people trying to get ahead to win. The walk is present at the Olympic Games since 1904, originally a half-mile walk, then gradually increased to a 20km hiking track for both men and women, walking 50km reserved for men. In fact, this athletic sport was organized by a pedestrian, the British walking content sport competition was popular from the middle to the end of the 19th century.

Athletes participating in the competition must continually land on one foot and the judges will monitor each athlete while competing to make sure no one walks slowly with both feet. Estimated sports schedule of walking content at the 2016 Olympic Games, walking 20km south on Friday 12 August and 20km female walking - walking 50km south on Friday 19 August.

## 2. **Horse riding performances**

The nature of the performance of a horse riding competition is that a horse will dance. But in order not to make mistakes, the competition required that the horse have to be trained a lot and have that horse trainer. In French, " *dressage* " is literally interpreted as " *training* " and that is what will be assessed during the competition. The International Sports Federation has named this sport a riding horse - "expressing the most impressive in horse training".

In the entire horse-drawn road, the judges will see how the horse performs the test according to regulations, step by step, and dance to mature music. In addition, horse riders - operating horses must show a relaxed spirit. Basically, the purpose of this test is to want the horse to participate in the competition to show the movements as

if it is performing itself because it has been trained very carefully.

Regardless of how moves move, athletes can be judged by judges with a scale of one to ten. Tip: In fact, if they all give a score of 6, the performance is pretty good, the athletes who get this score will go straight to the next round. If you get a score of 9, it means that the round is great.

You can view the performance of the horse riding competition shown on August 10, 11, and 12 and watch the final on Monday, August 15.

### **3. Modern pentathlon**

The five modern combinations are the most bizarre and the most bizarre part of all competitions in the Olympic Games. The competition ranges from 1912, including: fencing, 200 m freestyle, horse racing, 3200 m running and pistol shooting. This year, all of these tests will take place in 3 consecutive days, unlike they were only held within a single day. According to Baron Pierre de Coubertin - founder of the modern Olympics: "*The five syllabuses are the necessary skills of the 19th-century cavalry to fight against the invading enemy army .*"

Despite the fact that athletes compete at the same time, they do not play directly with each other. Instead, each athlete is scored based on how they perform in each round of the day and accumulate points after completing the match to determine the final winner. Of course, fencing is a special test because you need to fight back against someone. Shooting and running 3200 m is a combined sport in the Winter Olympics athletic competition since 2009.

It will take a few days to see the entire competition, but you can see the joy of winning five modern coordinated matches, which will start from Thursday 18 August to Saturday August 20.

### **4. Hurdles**

Why do you have to overcome " crazy " obstacles like running fences or puddles while running back? Let's find out how the hurdles run. The origin of the hurdles is from Ireland, which is similar to horse racing - where riders ride from the bell tower, jump over streams and stone walls - often empty spaces at that time. Over the years, people were tired of having to do things like " horses " just for fun so it became a sports competition in the Olympics since 1896.

The 3000m long track has 28 barriers to overcome, of which 7 obstacles are lake-deep pools. Therefore, athletes' shoes are often wet and slippery. They have to jump through every barrier and we are no stranger to seeing an athlete falling straight into a puddle. This hurricane test is really interesting. This year, it will take place on August 13, 15 and 17.

### **5. Tumbling (Trampolining)**

The acrobatic sport is acrobatic action done with parts of the body or only partially when jumping on a trampoline. When people follow acrobatic sports at the Olympic Games, they will feel like watching a neighbor

child jumping on a spring cushion to make short " *fun* " flights. The acrobatics look great and they will make you want to do the same acrobatics. This sport is added to the 2000 game gymnastics section included in the Olympic Games.

In the competition, acrobatic movements include curling, spinning, different states (when the body is suspended over the air) and grounding posture. Athletes can land on foot or sitting posture before or after acrobatics but to complete a part of the competition, the athlete must start and end with landing with the foot. As soon as an athlete shows his presentation to the judges, they will have 60 seconds to jump and start before starting. At the end of the exam, they must jump out to regain their balance before landing and maintain that position until they stop performing acrobatic movements for at least 3 seconds.

You can follow the performances of acrobatics on Friday, August 12 for women and Saturday, August 13 for men.

## **6. Handball**

Handball is not *the* most *bizarre* sport in the world and it is present in the games of the Olympic Games since 1972. However, handball is not popular in the United States and there is still one Little mystery with Americans. Handball is a team sport consisting of two teams, each consisting of 7 players. Team members hand the ball to each other and try to throw the ball at the other team's goal. You can understand simply "hand football".

According to the International Handball Association, each team has a goalkeeper and 6 players - players on the yard have a size of 40 mx 20 m. Goalkeeper will stand in front of the goal so no one can approach. Of course, unless the player stands outside the area and throws the ball into the goal to score. Move the ball running around then throw the ball straight into the goal, the score will increase continuously. As soon as the player receives the ball, they can pass the other team's players by taking 3 steps or dribbling like when moving a basketball. The match has 2 rounds, each half lasts 30 minutes and the team that scores more points wins the team. The special thing is that they are allowed to let the ball touch the body. Players must not deliberately push, hit, or trudge other team members.

You can follow the handball competition on the last days of the Olympic Games on August 21.

## **7. Water ball**

Water sports are similar to handball and each player often wears a protective hat to avoid hitting the ball. As in the handball game, water polo also has two teams playing, each of 7 players - 1 goalkeeper and 6 players - calculates points by throwing balls (on the water surface) into the other team's goal. The match consists of 4 matches and is played in a water court with a depth of nearly 1.8 m. No one knows for sure about the origin of the ball, but it was recorded in 1869 in the United Kingdom and is called " *oval ball* ".

This is a relay sport so it is very good for health. The players of the two teams are wearing different colors to make it easier to distinguish. The goalkeeper in red hat and the only one in the team is allowed to catch the ball with both hands, and the players in the team can only use one hand to catch the ball.

Water sports are shown on television on August 20, similar to handball - you can watch it on most days.

## 8. Speedboat ( *Canoe / Kayak Slalom* )

Formerly known as " *whitewater slalom* ", Canoe / Kayak Slalom ( *or rowing over a boat* ), it is necessary to navigate the boat on river rapids as quickly as possible. Similar to the winter Slalom ski competition, athletes have to go through gates that hang a wire across the river when rowing along the river. This competition has been at the Olympics since 1992.

Each round will have between 18 and 25 gates and one of them must row upstream to reach the gate or can only pass by diverting to a " *whirlpool* " - where the water is flat or have to move slightly a little upstream. The gates are green and the downstream port is red and the red is the upstream port. If the crew, paddle or body of the athlete touches that gate, they will be fined another 2 seconds. If an athlete violates a law like: going against a gate or missing a door, he will be fined another 50 seconds. Most athletes complete the competition within two minutes, not including the penalty time and continue to complete the next round as quickly as possible.

The sport of speeding is very exciting and exciting. But this exam has already started but you can watch the male speedboat finals and the remaining rounds on Thursday 11 August.

## 9. Throwing a hammer

Are you curious when you hear the name of this sport? Take a very heavy thing and throw it away as far as possible. Throwing hammer looks very strange, dangerous but super fun when watching them. This sport dates back to the 15th century, it was added to the list of super hard games in the Highlands of Scotland and is one of the official sports to be present in the Olympic Games in the 1900s.

The hammer that the athletes throw is a very heavy object, the male hammer weighs about 7kg and the female weighs 4kg. To throw the hammer away, the athletes have to swing that hammer on a double thread, the whole body has to rotate about four to five times before dropping the heavy object away. Strength is essential for hammer throwers but their speed is also important when they want to throw a hammer away. The victory is simply understood: " *Whoever throws the furthest away will win* ."

You can watch the women's throwing game live on Friday, August 12 and Monday, August 15, and the men's match on Wednesday, August 17 and Friday, August 19 .

## 10. Artistic swimming

You've probably heard about art swimming right? But you probably still don't understand it. Under the observation of those who have never been trained, the sport swims this art as if people are spinning fast in the pool. Dance or " *art dance* " is definitely an indispensable part. Previously this sport was called " *underwater ballet* ", now it is a combination of swimming and *gymnastic* complex underwater - requiring athletes to create beautiful shapes and Breathe in the water for a long time. Most importantly, they must not use the support from the pool bottom but " *move with the paddle* " and " *kick on the water* " to float on the water, even when lifting up or launching teammates off water surface.

According to the FINA World Swimming Federation, the art of swimming has been added to FINA's competition program in competitions and Sports Olympics since 1956. The competition consists of a part of technical and partial competition. Free exam, each section lasts about 2 and a half minutes to five minutes. The technical section requires each team to follow the movements in a specific order. As for the free contest, the teams can freely express the movements full of artistic and creative. The score for each section is within the 100 range and the judges will score based on the following criteria: technique, difficulty, type, impression, performance and of course, the rhythm.

Artistic swimming is performed by a group or individual but a personal art swimming is only available in the Olympics from 1984 to 1992. In this year's Olympics, you can watch the competition of the art of swimming double on August 14-16 and swim collectively on August 18-19.

You finished reading the article "**The 10 most 'surreal' competitions at the 2016 Rio Olympic Games**" edited by the [TipsMake](#) team. We hope this article has provided you with many useful tech tips and tricks. You can search for similar articles on tips and guides. Thank you for reading and for following us regularly.