

Ten teachings of ancient people for thousands of years are still valid

Human life is finite, but human greed is infinite. What to do to get a life of peace, peace and insight into the heart of life between this chen, this hustle?

1. Life only encapsulates in 10 things, understanding these things your life will definitely relax
2. Ancient people have taught six things to avoid, if anyone can do it, it will succeed

Trang T? (365 - 290 BC) is a famous sage of the East. Trang Tu hides and is rich and intelligent but very simple, advocates natural harmony, follows the universe, shuns the secular, self-reliance. His sayings over thousands of years still retain that spirit, no one does not admire life.

The spirit of the philosopher Trang Tu is like the basis of the Taoist ideology: seclusion and generosity, returning to life in harmony with nature, unwilling to participate in the right to win, to alienate those life.

Here are 10 famous phrases of Trang Tu, still valid after thousands of years, making us contemplate:



1. Humans live in heaven and earth, just like a horse running through a thin line, blinking an already finished eye

Our human life is short-lived, as in the blink of an eye, like the ball of horse riding through a window, still not able to feel it is over. So living in this life, please appreciate the precious things, do not lose time on things that are not, compared to measuring people. This life is life for me, not for people, so there is no need to care much about their bad words or behaviors.

2. Human life is finite, knowledge is infinite. If you try to pursue the infinite, then it is exhausting



Our human life is few, but human knowledge is immensely immense. We humans always want to take that infinite to pursue the finite, it is really difficult for us.

For a land that says, the water is less drought, and the water is too much. Therefore, the pursuit for knowledge is also the same, must be at the appropriate level if it is not submerged by the other sea of ??knowledge

3. People like everyone else to support them and hate those who oppose them

The people we live in this world who do not like to be revered, praised, praised about ourselves, of course no one likes to be criticized, criticized themselves before everyone, maybe this is too much normal in this life, and everyone needs to understand it.

As he and she said, "lose heart first, be happy afterwards" sometimes there are problems we need to say from the beginning, those words make the listener feel uncomfortable, but it benefits them after that. Therefore, when someone comments, instead of being angry, rejecting those words, absorb and change yourself, this is only good for you.

4. The biggest grief is cold heart, death is still only second



In fact, death is not as scary as you think. The most frightening tragedy of human life is mental paralysis, no mind, ideal for life.

When people live without their own enthusiasm, their hearts are cold and they live like death. As for those people who are no longer in this world, those who have left a scent for life will make people remember.

5. Can't talk to the sea with the frog at the bottom of the well, can't talk about ice and snow with summer insects

Even the life of a frog is just a well mouth, its life is just around the bottom of the cramped well, it is impossible to know the outside world. So are the insects in the summer, they also only know summer days with sunny days or sudden showers, how to understand all the cold cuts and cuts of winter meat.

So, in this life, too, when communicating, you should also assess how far the opponent's level of understanding can be discussed. Do not because people with limited knowledge take time to argue and argue with them. Because it will cause consequences on one side, the 'duck head water' goes down, and the other side thinks that the other person is 'not speaking human language'.

6. Talented people do not need to talk much, only useless people who are useless, show off



Sometimes speech is a tool to express the understanding and wisdom of a person, but sometimes it is depressing that expresses the profundity and maturity of a human being.

Smart people, they will never lose time explaining or proving anything by words, because 'wise people talk halfway, let the foolish half happy and half anxious.' the outer cover, always babbling with the galaxy to show her good, more than the people, sooner or later, they will show the whole life. This life, you should remember: Long distance know the horsepower, long time understand people's hearts.

7. Someone who praises others in front of them often speaks badly behind their backs

A person who likes to flatter, please, of course, likes to speak ill, causing trouble. Because they behave in a small way, the wind follows that direction. In life, you may meet this type of person. Every time you meet, you will be

cheerful, smiling, in front of you to be able to flatter you into the clouds, but what is behind you will be a nuisance to you, stain your reputation. This type of person is the 'Namo Mouth, the belly of dagger'.

8. The conspiracy has no intention to be miserable, working without preparing all the devastation



For those who are hesitant and hesitant in everything, in this life you cannot be successful.

The chance is not falling from heaven, it is a cause - effect. Your best effort will come.

9. Only using true feelings can make people feel touched

Conquering someone is not an early, one-way affair. If you want to get someone's affection, then you have to use your true emotions to make their hearts move.

So, this life is short, don't waste your time living your life. Live sincerely to receive happiness.

10. Abstain from eating to nourish the stomach, read many books to feed courage

If you want to protect your health, don't eat too much. Wanting to nurture courage, skill and wisdom will need to read a lot. Physical or mental nutrition is equally important.

Smart people who are not healthy are not called true sages. Healthy people without souls are the losers. Healthy both body and mind are realms of true wisdom.

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