

# Stop abusing antibiotic injections for children before 1 year of age if you know this fact

A new finding from the University of Southern California research team shows that overuse of antibiotics in children before the age of one year will make them more susceptible to food allergies later.

This is a warning for parents who abuse the antibiotic for children before 1 year old.

Many parents believe that, after being born, in the period before 1 year of age if many antibiotics are given, they will be healthy and less sick later. However, a new finding from the University of Southern California research team shows that the type of **abuse of antibiotics in these children** will make them more susceptible **to food allergies in the future**.

According to an analysis based on online medical records in the US, the percentage of children with food allergies hospitalized during 1997- 2007 increased by 18%, but by 1998 - 2006, the number of cases had tripled. times compared to the previous 10-year period.



Food allergy - side effects that are dangerous for later if overuse of antibiotics for children before age one.(Image source: Internet.)

In particular, children with food allergies due to abuse of antibiotics in the period before 1 year of age accounted for 21%, and the more children get more antibiotics, the higher the risk of food allergy and reach the severity level. More importantly, rather than children with food allergies do not abuse antibiotic injections.

And more seriously, 31% of children are at risk of food allergies because each injections up to 3 antibiotics in the period of 1 year old and up to 53% for those who have 4 types of antibiotics, up 64% risk muscle for children to inject 5 or more types of minerals.

Signs of common food allergies diagnosed in these children are **gastritis, rashes, colitis, anaphylactic shock** when, when abusing many antibiotics into the body, the drug will be resistant and cause disorders of many intestinal microbiota systems in young bodies. After that, the microbial system will be resistant to antibiotics, genetically altered and then inhibited many substances in the food that the child eats, including milk, eggs, peanuts, fish and some types of seafood. product.

*' Need to be aware and use antibiotics in the right doses, avoid abuse especially for children in the period before one year of age as well as have special treatment combined to solve and prevent side effects due to many powerful antibiotics cause ' - Dr. Bryan Love of the University of Southern California said in a statement.*

***Huynh Dung ( According to UPI)***

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