

Speed ??up Microsoft Outlook 2007

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Outlook 2007 (also known as Outlook 12) is not like the "senior" 2003 in terms of processing speed by integrating too many utilities. Therefore, if you are used to using the 2003 version and have updated to 2007 version but feel too annoying about the speed during use, you can use the following tips to speed up Outlook 2007.

Tip 1: Remove the Microsoft Outlook 2007 RSS feature

Outlook's RSS feed feature is added in quick news updates for users. But this feature significantly reduces the ability of MO 2007 processing. To remove this feature, you can do it by the following simple method:

Click menu **Tools > Options** . Then select the **Other** tab, then go to **Advanced Options** . Then, uncheck the **Sync RSS feed to the Common Feed List** . Click **OK** 2 times to complete. Then, select again on **Tools > Options** . Select the **Mail Setup** tab, click **Data Files > RSS Feeds** . Then, hold down the **Shift** key, select all the **Feeds** . Click **Remove** to finish.



Tip 2: Remove the unused Outlook Add-Ins

In addition to Feeds fetching via RSS, Outlook's built-in Add-ons also cause . slow Outlook. The integration of

Outlook with Add in makes users more convenient to use. However, not everyone needs to use it. Therefore, you can remove non-critical Add Printers so that you can open and use Microsoft Outlook quickly.

You can remove the unused Add in via the **Tools > Trust Center > Add ins** menu. Then, select **Go .** in the bottom corner and uncheck the **Outlook Addins** . The Add ins you can remove include *GoogleDesktop* , *iTunes Add-in* , *Acrobat PDF Maker* , *Mindjet Mindmanager* .

Note : *Add ins Windows Search Indexing* must be retained.

Pham Le Minh Dinh

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