

Smart people will know how to criticize and give suggestions to others without losing their hearts

Sometimes criticism is an art and a critic is an artist so to criticize others you also need to know how to not please them.

Is there anyone who likes to be criticized?

I bet it is not, because most people will "ruffled" up when being criticized by someone, especially being criticized in front of many people is probably a very bad thing that makes you feel hurt.

Everyone has their own awareness of their own importance. We all need to be respected and need to feel our efforts and actions appreciated.

Criticism can make us underestimate our existence and our actions. Thinking critiques can make you doubt yourself and your importance.



When you know how criticism can make them suffer and hurt, you may think that you just need to avoid commenting or criticizing others. In life no one wants to hurt others or make them doubt their own values?

But unfortunately, the things you think are just thoughts, but in reality, how can we avoid criticizing others. Many situations require criticism, sometimes criticism is a must.

The important thing to criticize here is to make the listeners not feel hurt or attacked. These criticisms help them realize their mistake to correct, not personal hatred.

To criticize others without being afraid of losing their heart, you need to do the following 4 ways. Certainly the critic will recognize the error and be grateful to you for the comment and learn something from it.

1. Praise the crowd, criticize the individual



Besides what you will say, the time of speaking is also extremely important for the listener.

In front of the crowd, who doesn't want to receive compliments for everyone to admire and respect you. The criticism is really a bad thing for them. So find a hidden place to keep up their faces.

When you want to criticize someone, choose the right time to tell them, see if the listener is in the mood to accept criticism. If they seem angry or upset, your criticism will be counterproductive, only to make them more uncomfortable, but also increase their ability to reject and oppose you.

2. Critically positive comments and attitudes



Most criticisms are not a good and good thing. So, many people say that criticism is often as straight as a horse's gut, saying it out loud.

But do you know this critique is really cruel to the listener? If you want your partner to receive criticism in comfort and remember your words, it is best to show them that you not only recognize the bad points in them. After criticizing, talk and speak of their good qualities. Make sure you compliment in a sincere and true way. Avoid any unnecessary flattery to appease criticism.

3. Focus on the problem, not attacking people



In us, no one likes to be attacked personally. Even if they do something later, they still want to justify their actions.

So, if you want to talk about someone's mistake, it's best to put a psychological distance between the mistake and the offender.

In situations with personal life, make criticism not focused on how they are "bad people", help them understand how their actions affect others.

4. Give suggestions, not teach life



Teaching, on the face of teaching others' life, is probably the most annoying thing for many people in life. These things will definitely not help the audience, this only makes them feel more uncomfortable, making them feel treated like a child.

So when you want to let others know how to improve next time, it is important to show that you want to help them and not teach them.

When making suggestions, use positive words, like, "You can do this" instead of "You have to do this".

Remember that once the opposite feels hurt by criticism from you, they will not want to hear what you have to say, not to tell them to.

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